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174 KILLED IN STAMPEDE

after riot at football match in Indonesia



AGENCY
JAKARTA, OCT 2

The death toll rose to 174 after a riot at a football match in Indonesia broke out on Saturday.

At least 174 people have been killed after a riot at a football match in Indonesia.

The violence broke out at a stadium in East Java during a game between Arema and Persebaya Surabaya, reported The Straits Times.

At least 174 people died in the stampede, Deputy East Java Governor Emil Dardak told local media on Sunday afternoon. Other official or government-backed

sources put the number between 129 and 182. Video footage from local news channels showed people rushing onto the pitch in the stadium in Malang and images of body bags, reported The Straits Times.

After the match in East Java province between Arema FC and Persebaya Surabaya ended on Saturday night, supporters from the losing team invaded the pitch to express their frustration, police said.

Officers fired tear gas to control the situation, triggering a stampede and cases of suffocation, East Java police chief Nico Afinta told reporters.

Meanwhile, Indonesian President Joko Widodo on Sunday ordered a safety review of the country's football matches.

In what appears to be one of the world's worst stadium disasters, more than 300 people were rushed to nearby hospitals, but many died on the way or in treatment.

FIFA regulations state that no firearms or "crowd control gas" should be carried or used by the police.

As reported by Sky News, Indonesia's chief security minister, Mahfud MD, has said on social media that the stadium was filled beyond capacity.

While the sporting venue is only supposed to hold 38,000 people, he claimed 42,000 tickets had been issued.

Indonesia's football league had said games would be suspended for a week - but Widodo has ordered all matches to be postponed until the investigation is concluded, reported Sky News.

Arema has also been banned from hosting matches for the rest of the season. Further sanctions could follow. There have been previous outbreaks of trouble at matches in Indonesia, with an intense rivalry between clubs sometimes sparking violence between supporters.

Police man killed, CRPF jawan injured in Pulwama attack

AGENCY
SRINAGAR, OCT 2

Militants killed a policeman and injured a Central Reserve Police Force (CRPF) personnel during an attack on a search party in Jammu and Kashmir's Pulwama district this afternoon, police said.

They said unidentified militants attacked a joint naka party of CRPF and Police at Pinglana.

In the attack one police personnel was killed and a CRPF man was injured, the police said and added the injured security man was shifted to hospital for treatment. The entire area has been cordoned off and reinforce-



ment sent to the spot to track the attackers. Further details shall follow, police added. "Terrorists fired upon joint naka party of CRPF & Police at Pinglana, Pulwama. In this terror attack, 1 Police personnel got martyred & 1 CRPF personnel got injured.

Hry ranked second in Swachh Survekshan Rural ranking

BUREAU
CHANDIGARH, OCTOBER 2

Haryana State is constantly touching a paradigm of progress under the leadership of Chief Minister, Sh. Manohar Lal. Due to his visionary approach and strenuous efforts, the state government is touching new heights of progress. On the basis of Swachh Survekshan Grameen 2022, ODF Sustainability for Total Sanitation, and excellent implementation of various components of ODF Plus Haryana has secured the second position in the country under the category of States having a population of more than 30 lakhs.

Haryana Development and Panchayats Minister, Sh. Devender Singh Babli received this award from the President, Smt. Draupadi Murmu, today, in a programme organized at Vigyan Bhawan, New Delhi. Union Minister of Rural Development and Panchayati Raj, Sh. Giriraj Singh, Union Minister of Jal Shakti, Sh. Gajendra Singh Shekhawat,

Union Minister of State for Jal Shakti and Food Processing Industries, Sh. Prahlad Singh Patel, and Minister of State, Jal Shakti and Tribal Affairs, Sh. Bishweswar Tudu were present on the occasion.

Development and Panchayats Minister, Sh. Devender Singh Babli said that every department of the state is committed to taking the state to the highest progress by adopting innovative working procedures and implementing schemes. Special focus is being given to accelerating development growth in rural areas along with uplifting their lifestyle. He said that along with the officers of the development and panchayats department, swachhta sainik, education department, women and child development department, and other social institutions played a key role in supporting to achieve this remarkable target. They have played a major role in generating awareness regarding the Swachhta campaign with a special focus on the rural areas in collaboration with the government.

Global protests mark China's National Day

TOKYO: As China prepares to hold the 20th National Congress of the Communist Party of China (CCP) which is widely expected to approve a third term for President Xi Jinping, anti-China protests were held all across the World to mark the National Day of China on October 1. In Tokyo, hundreds of Japanese citizens came out on the streets to express solidarity with the oppressed people of Tibet, Xinjiang, Mongolia, Hong Kong and Taiwan. Early morning joggers around the Chinese Embassy in Tokyo city were greeted by slogans criticising China for its brutal crackdowns in all minority regions. This was the protest against the continuing denial of basic human rights that they promised even in the Chinese constitution. Posters also spoke of the damage China has caused to Japan in the past fifty years, despite Japanese companies having helped establish China's modern industrial foundations. Later in the day, activists from across Japan, as well as representatives of the minority ethnic communities from China walked to the centre of Tokyo carrying banners, flags and posters denouncing China.

Sidhu Moosewala murder: Deepak Tinu escapes police custody

MANSA, OCT 2

Jailed gangster Lawrence Bishnoi's aide Deepak Tinu, one of the main accused in the killing of Punjabi singer and Congress leader Sidhu Moosewala, escaped from custody in Mansa district, police said Sunday.

Tinu managed to ditch Crime Investigation Agency (CIA) officials when he was being brought from Kapurthala Jail to Mansa on remand in a private vehicle Saturday night, they said. "Tinu was being brought to Mansa's

CIA staff office from Kapurthala Jail when he escaped from custody. The accused had to be probed in connection with the Moosewala murder case," Mansa police said. M S Chhina, IG, Bhatinda, said the police had deployed teams to find Tinu and that no police personnel will be spared if found involved in his escape. On Sunday, BJP leader Shehzad Poonawalla slammed Punjab Chief Minister Bhagwant Mann and his government for alleged laxity in cracking down on criminals in the state.

Super ECBC compliant building to be constructed in SAS Nagar : Aman Arora

SUMER GARG
CHANDIGARH: OCT 2:

In a bid to promote energy conservation and showcase the energy efficiency in the buildings, Chief Minister S. Bhagwant Mann led Punjab Government has decided to construct a super Energy Conservation Building Code (ECBC) compliant building in SAS Nagar (Mohali).

Revealing this, Punjab New and Renewable Energy Sources Minister Mr Aman Arora said that Housing and Urban Development (H&UD) department has allocated a dedicated land of 1500 sq.m. to PEDA for construction of Super ECBC building at Sector-65, SAS Nagar to showcase the energy efficiency in the buildings.

This building will be constructed within next 2 years for operation, said the Cabinet Minister while adding that it would be one such kind of model building showcasing the super efficient technologies integrating with passive design features to be constructed as first building in North India. Additional Chief Secre-



tary New & Renewable Energy Sources Mr. A. Venu Prasad apprised that the demonstration super ECBC compliant building will contain all state-of-the-art technologies and this building will be served as Model Building for all the stakeholders, students & general public for awareness in the State. The Design & Construction cost of the proposed Super Energy Efficient Building will be borne by Bureau of Energy Efficiency (BEE). Chief Executive PEDA Dr. Sumeet Jarangal mentioned that H&UD department has allocated this land under public institutional infrastructure in Sector-65, S.A.S. Nagar (Mohali) near Punjab Mandi Bhawan of around 1500 sq.m.

Kashmir valley experiences seasons first snowfall

AGENCY
SRINAGAR, OCT 2

Higher reaches of Kashmir valley including Affarwat in Gulmarg experienced seasons first snowfall while plains lashed by rains resulting in drop in night temperature, officials said.

Higher reaches of Kashmir valley including Affarwat and Pir Panjal Range of mountains experienced light snowfall during the late night, Director Meteorological Department Sonam Lotus told a news agency.

He said there had been rainfall at several places in Kashmir valley and light snowfall on higher reaches of Gulmarg and Pir Panjal Range mountains. The weather will remain dry during the coming week and there are



less chances of rain or snowfall in the Kashmir valley during this period.

Most parts of the Kashmir valley including Srinagar experienced late night rainfall resulting in drop in temperature. However, the sun appears

with pleasant weather conditions prevailing in the valley on Sunday.

"Affarwat hill top phase-2 and higher reaches of Pir Panjal range of mountains including Margan top and mount Harmukh experienced light

snow fall during the intervening night of Saturday and Sunday", Faizan Arif an Independent Weather observer told a news agency.

He said the Ski resort of Gulmarg in north Kashmir recorded a low of 2.7 degree Celsius on Sunday which was 3.9 degree Celsius below normal during this period of the season. The night temperature in other parts of the Kashmir valley however remained above normal due to cloudy sky.

He said, there would be a drop in day and night temperature for some days in Kashmir valley. However, the weather will remain dry and sunny.

He said the night temperature will show further drop during the coming days and if there would be rainfall the upper reaches in Kashmir valley could again experience snowfall.

SHIV KUMAR SHARMA
KARNAL: On the seventh day of Navratri, the Mahila Mandal of Indira Colony attached to Subhash Colony worshipped Maa Kalraatri, the seventh form of Maa Durga, on the seventh day. All the women in the circle concentrated and carefully recited collectively. Earlier, the recitation was started by lighting an incense lamp while praying in praise of Mother Durga with the help of a scriptural method. The story told in the house of Shalu, the head of the Mahila Mandal, is that worshipping Maa Kalraatri destroys all the negative energies. By reciting Katha, Aarti, and mantra, Mata Rani becomes pleased and blesses the devotees. All their wishes are fulfilled by this.



YUGMARG, CHANDIGARH, MONDAY, OCTOBER 3, 2022

Deepak Lather wins gold by lifting 170 kg in National games

BUREAU CHANDIGARH, OCT 2:

Haryana continues to shine in the 36th National Games going on in Gujarat. Haryana players are winning medals in every sport. It will not be wrong to call Haryana the capital of sports with such remarkable performances by the players. This may be seen from the fact that Haryana continues to lead the medal tally with 18 gold medals in the National Games. Haryana has a total of 39 medals including 18 gold, 12 silver, and 9 bronze medals till 5:30 pm on October 2.

The Chief Minister, Sh. Manohar Lal, is continuously monitoring the National Games and encouraging the medal winners and participants. He hoped that the players who took home medals at these National Games will strive relentlessly in the future to

bring home medals for India in the Olympic Games.

He claimed that Haryana's soil is where sports are rooted. The children here have always outperformed in sports. All they need is the right platform and coach, which will turn them into future role models. Haryana Government is making strenuous efforts to improve the skills of the players and promote sports.

Haryana clinches the first gold medal in the weightlifting competition held on Sunday. In the 81 kg weight category, Deepak Lather won the gold medal by lifting a remarkable 170 kg lift.

The daughters of Haryana are performing outstanding in the National Games. In the cycling track event, Haryana's daughters Taniksha Khatri won gold and Prachi Lohan brought laurels to the state by winning a silver medal. Apart from this,

Shiva Narwal won a silver medal in 10m pistol. Haryana girls team also won a silver medal in double sculls rowing.

Apart from this, the Haryana boys team also added one more medal to Haryana's medal tally by winning a silver medal in foil fencing sports event. The girls' team also brought laurels to the state by winning a silver medal in the Track Cycling event. More than 600 players from Haryana are participating in the 36th National Games going on in Gujarat. Till now the players of Haryana have won 9 gold, 5 silver, and 4 bronze medals in wrestling. Similarly, 2 gold and 3 silver medals in shooting, 2 gold in netball, 2 gold with 1 silver and 3 bronze medals in athletics, 1 gold medal in rugby, 1 gold and 2 silver medals in cycling, 1 gold medal in weightlifting, 2 bronze medals in kabaddi and 1 Silver Medal in Table Tennis.

Disability test and artificial limb measurement camp held

RAMAN GUPTA KAITHAL, OCTOBER 2

A huge free handicap test, operation selection and artificial limb measurement camp was organized by Narayan Seva Sansthan Udaipur Branch Kaithal on 2nd October on Gandhi Jayanti at Garg Psychiatric Hospital Kaithal. 88 such differently-disabled brothers and sisters who have lost their arms or legs in an accident, their limbs were measured to install modular prostheses and some differently-disabled brothers were selected to send them to Udaipur Narayan Seva Sansthan for surgery. This camp was started with the blessings of Dera Baba Mahant Raman Puri ji located in Mata Gate temple.

Well-known social worker of Kaithal city, Sudhir Mehta was the chief



guest. The camp started with the welcome of the dignitaries by the branch patron Mr. Satpal Mangla. Secretary Dr. Anil Jindal, while conducting the stage, told all the dignitaries present there and the differently-disabled brothers about the service work of the institute. Dr. Vivek Garg, Convener of Branch Kaithal presented the account of the activities and programmes done by the institute. He said that the branch Kaithal has been

working in the service of the disabled brothers for the last 7 years. So far, more than 500 disabled brothers have been gifted artificial limbs by the branch Kaithal, wheelchairs and tricycles have also been provided to the needy disabled brothers from time to time Kaithal. Some handicapped people were presented with wheelchairs, tricycles and hearing aids branch Kaithal member Shri Pramod Goyal ji with their noble earnings.

60 units of blood collected at camp



DARSHAN SHARMA

NILOKHERI: A blood donation camp was organized by Lakshya Janhit society in Shri Bajrang Dal party premises here today. Local MLA Dharampal Gondar and NPA President Satnam Ahuja, Vice President Prem Munjal attended the camp as chief guests and gave badges to the blood donors and boosted their courage. The organization's principal Bhupesh Juneja, vice-principal Vikas Malhotra, secretary Sunil Kataria and treasurer Pankaj Bakshi said that Lakshya Janhit Society has been serving the society by organising blood donation camps for a long time. The members of Lakshya Janhit Society provide blood to the affected people in emergencies. Bajrang Dal is giving free support on this occasion. In this series, 60 units of blood were collected by this camp and made available to the Red Cross Society in Panipat. On this occasion, Dinesh Bakshi, the founder of the organization from Karnal, and his team members were present in the camp. Yogesh, Ish Chopra, Ladi, Deepak Juneja, Jaipal, Devgan, Pradeep Batra, Devendra Juneja and other dignitaries of the city were present.

Mahatma Gandhi jayanti held

SHIV KUMAR SHARMA KARNAL, OCTOBER 2

On the occasion of Mahatma Gandhi Jayanti, as part of the service fortnight, BJP workers under the leadership of BJP District President Yogendra Rana on Mahatma Gandhi Chowk today paid floral tributes to Gandhiji by garlanding the statue and the portrait of Lal Bahadur Shastri. On this occasion, apart from BJP District President Yogendra Rana, Gharanda MLA Harvinder Kalyan, Mayor Renubala Gupta, Chief Minister representative Sanjay Bathla, Amar Nath Sauda, Chief Minister Media Coordinator Jagmohan Anand, Swami Prem Murthy, besides BJP workers were present. Saluting the Father of the Nation Mahatma Gandhi and Lal Bahadur Shastri, District President Yogendra Rana said that today on October 2,

the country is celebrating the 153rd birth anniversary of the Father of the Nation Mahatma Gandhi as well as the 118th birth anniversary of the second Prime Minister of India.



dia, Lal Bahadur Shastri. Both the great personalities have left an indelible mark on the nation and the public around the world with their actions and thoughts.

At the same time, Lal Bahadur Shastri also has an im-

portant contribution in the freedom struggle of India. Mahatma Gandhi always taught people to follow the path of truth and non-violence and Lal Bahadur Shastri's image is also that of the most honest leader. Krishna Bhukkal, coordinator of Gandhi Jayanti programme for Sewa Pakhwada and co-convenor Ilam Singh, besides former Senior Deputy Mayor Krishna Garg, District Media Head Dr. Ashok Kumar, Sunil Gupta, Vinay Sandhu, Shyam Singh Chauhan, Shamsheer Nain, Raghav Verma handjob, Joginder Valmiki, Nigdu Mandal President Karambir Sharma, Pawan Wallia, Bhupendra Bamba, Ashish Arora, Dilbag Singh besides others were present.

Exhibition of handloom, handicraft items held

RAMAN GUPTA

KAITHAL: An exhibition of handloom and handicraft items was organised by the UJP Women Can Trust institute organization at the Koel Tourism Centre here. Founder and trustee of the organisation Umesh Sharma said that his organisation was registered in the year 2020. He had put up the first exhibition in December 2021 at the Satkar Palace. The purpose of this exhibition is to attract people towards using hand made items. Umesh Sharma said that handicrafts will not only remove unemployment but will also give a boost to Made in India. We should use only things made in our country. Umesh Sharma said that his trust keeps on doing social welfare work from time to time. A total of 34 stalls were displayed in today's exhibition. On this occasion, members of the organisation Prince Mata, Urvashi Sharma, Ranju Marwah, Renu Marwah, Pooja Mata, Riddhi Sharma, Bharti, Shivani Goyal, Manisha Garg etc. were also present.



Commendable to encourage blood donation without any organisation or banner-Priyanka Verma



SHIV KUMAR SHARMA

KURUKSHETRA: On National Voluntary Blood Donor Day, the 421st Voluntary Blood Donation Camp was organised at Loknayak Jayaprakash Hospital, Kurukshetra. This camp was organised by President's Police Medal awardee and National Gold Medalist Shatveer Dhamond, a blood donor and environmental watchdog, Dr. Ashok Kumar Verma. In the camp, newly appointed JMJC Priyanka Verma was present, and Kurukshetra University Kurukshetra student Divya Verma was present as the special guest. Priyanka Verma congratulated the blood donors and said that Dr. Ashok Kumar Verma, a single person without any organisation or banner, has made an unprecedented contribution in encouraging blood donation. They deserve congratulations. This camp was completed under the chairmanship of blood fund in-charge Dr. Rama. Social worker Prashant Sharma assisted in the operation of the camp. Camp Convener Dr. Ashok Kumar Verma expressed his gratitude to all the guests and blood donors.

Follow Maryada Purushottam Bhagwan Ram: Lalit



RUBY PRAJAPATI SHAHADAB, OCTOBER 2

In the Ramayana being shown on screen in Ekta Vihar Colony by Shri Satya Sanatan Dharma Sabha, on Saturday, Lakshmana cut off Surpanakha's nose.

Earlier, the programme was inaugurated by the chief guest, former councillor Lalit Bhargava and former councillor Nisha Bhargava by lighting the lamp. Pandit Chirag got the puja done methodically. On behalf of the gathering, souvenirs were presented to the chief guests Lalit Bhargava and Nisha Bhargava. On this occasion, members of the assembly including President of the meeting Surendra Wadhwa, Lokesh Malhotra, Varinder Wadhawan, Pt Narendra Sudan were present.

World peace due to balance of Gandhi's peace, Shastri's power: Batra

SHIV KUMAR SHARMA KARNAL, OCTOBER 2

Today, on the occasion of Gandhi Jayanti and the birth anniversary of the Prime Minister of India, late Lal Bahadur Shastri, the Chairman of Yes We Can, Sanjay Batra, Vice Chairman Savi Choudhary, Shailja Gupta, along with the dignitaries of political parties and social service organisations, paid homage to the great leaders at Mahatma Gandhi Chowk. Chairman Sanjay Batra said that Mahatma Gandhi showed the path of non-violence and Lal Bahadur Shastri the path of peace through power and today there is peace in the world due to the balance between Gandhi's ideology of non-violence and Shastri's power.

Only by following the ideals of the Father of the Na-

tion, Mahatma Gandhi can progress the country and the ideals of Mahatma Gandhi can show the right path to the society. The Swadeshi move-



ment run by Mahatma Gandhi has become the foundation of self-reliant India today. Gandhi philosophy is relevant even today in the whole world. Paying homage to the former successful Prime Minister of India, Lal Bahadur Shastri, Chairman Sanjay Batra said that during his prime ministership, he taught

the people what is patriotism and strength when the country was facing the problem of food shortage due to famine and On the call of Shastri ji, people had given up eating one meal at a time and the farmers worked hard to make the country self-reliant. He gave the country the slogan of "Jai Jawan Jai Kisan".

Swami Prem Murti Patron from Manav Seva Sangh, Sanjay Batra Chairman of Yes We Can Savi Choudhary, Shailja Gupta, President of District Freedom Fighter Succession Organization Narendra Sukhan Advocate, Ashok Jain Advocate, Kulbir Singh, Manohar Lal, Jagmahendra, Rajwant Singh, Paras Arora, Sanjay Kumar, Chandra Mohan Sharma, Chandraprakash, Ashish Arora, Pradeep Kumar, Suresh Kumar, Sanjay Verma etc.

Maharaja Agrasen was leader of socialism, Yug Purush, an ascetic, supporter of Ram Rajya: Vinod Goyal

VIRENDRA JANGRA TARAORI, OCT 2

On Sunday, Maharaja Agrasen Jayanti was celebrated with great pomp on behalf of Agrawal Sabha Tarawadi. At the beginning of the program, after performing puja havan in Agrawal Dharamshala, after bathing the idol of Maharaja Agrasen ji, the ceremony of Shri Maharaja Agrasen Jayanti was celebrated with great pomp by the Agrawal Samaj at the Celebration Palace. On this occasion, a procession was taken out along with 18 princes riding on the tableaux of Maharaja Agrasain, Kuldevi Lakshmi, and Maa Saraswati, along with bands. This Shobha Yatra started from Hanuman Mandir and reached the venue of Celebration Palace. The Shobha Yatra was flagged off by Vinod Goel, CMD, Galaxy International Pvt. Ltd. In which the people of toward society were seen immersed in the faith of Maharaja Agrasen ji. The chief guests at the Maharaja Agrasen Jayanti celebrations were Vinod Goyal, CMD, Galaxy International Pvt Ltd, and



Praveen Garg, CMD, BD Overseas Tarawari, the special guest, MD, GV Rice Unit Tarawadi, Vineet Bansal, Municipal Chairman; Virendra Bansal, Program President, and Lala Sadhu Ram Singla participated. Chief guest Vinod Goel said that Shri Maharaja Agrasen was a legendary Karmayogi Loknayak, a pioneer of socialism, a Yug Purush, an ascetic, a supporter of Ram Rajya and a great donor. Maharaja Agrasen had given birth to a new system in the governance system. By implementing the basic beliefs of the Vedic Sanatan Arya

culture, he established moral values along with the development of agriculture, trade, industry, and cow rearing in the state. Maharaja Agrasen was a Suryavanshi Kshatriya king who had embraced Vanik Dharma for the benefit of the subjects. Praveen Garg, the chief guest of the program, said that Maharaja Agrasen ji is called the forerunner of socialism. In order to establish true socialism in his area, he had made a rule that every family in the city would give him a coin and a brick for the help of every family that came from outside the city, so that the coming family could arrange a house and business for themselves. In the program, Vineet Bansal said that Maharaja Agrasen was a Suryavanshi Kshatriya king who had adopted Vanik Dharma for the betterment of the subjects. Finally, Ramesh Gupta, President of Agrawal Sabha, stated that we should all follow Maharaja Agrasen ji's example and continue to advance in the fields of social welfare and social service.

Everyone behind the scenes and behind the scenes in Ram Leela, everyone's own role



VINOD DHIMAN, JAGADHRI: On the screen of Ramleela and behind the scenes, everyone has their own role. The artists with their expressions and loud voices on the screen, then behind the scenes, the artists decorate the stage, prompting dialogue when they do the work of opening and closing the screen at the right time. Then, in Ram Leela, the audience gets thunderous applause. Due to the hard work and dedication of the characters, when the sound of kartal rises in Ram Leela, then the artist also gets excited. Children get a chance to see actors on stage and their civilization being presented as well. Acting District Child Protection Officer Ranjan Sharma and advocate Anuradha Sharma say that they take their son to see Ram Leela.

Child artists staged Ram Leela
In Kanhadri art, a child artist is staging the first Bal Ram Leela. Kamal Rana said that the children of the village have staged Ram Leela, in which children practise during the day and stage it in the evening. The audience is excited about Ram Leela's make-up and makes them practise. Organizer Shekhar Rana Chetna Doli Saloni Nidhi Rakesh said that child artists like Kenjal Vishesh, Srishri Samar, Parth Bhanu Mani, and others are participating in Ram Leela with great reverence and enthusiasm. Child artists are to be honoured.

Biggest service to live for society: Vrinda

VINOD DHIMAN, JAGADHRI: Everyone lives for themselves, but there are few people in the world who live for society. The people of Yamuna School and Samiti are doing excellent work by doing social service. The said words were said by LA researcher Vrinda Gupta in the Haryana Punjab High Court. She had come to Yamuna High School as the chief guest to participate in the programme organised on the occasion of Gandhi Jayanti. He said that the people who live for society are very few, and the less such people are appreciated, the less the program. The little children flaunted their talent fiercely. While the little girl, Disha Sharma, forced the audience to press her fingers under her teeth through her dance, Devansh Sharma, Desh Mere, Aanchal, Alisha Sargun, etc., got applause for their impressive Bhanga. Irfan, Surya, and Nahid stunned the public with a patriotic drama. In the program, the Chairman of Sarva Haryana Vikas Samiti, Manmeet Singh, enumerated the work being done by the committee for social service and said that along with giving free uniforms, shoes, etc. to school children, poor children are also given free education by the committee. Social worker Advocate Sanjay Bedi also appreciated the work of giving free uniforms by the organization to the needy children and said that he is always standing by himself for such noble works of social service, but Jagadhi's whole time is with such commendable works. On this occasion, Advocate OP Lather, Arvind Sharma, Rakesh Sharma, Yashpal, etc. were present.



Editorial

The right choice

Shashi Tharoor for president. The last time I heard that said was 1974 when Tharoor was campaigning to become the president of the College Union Society at St. Stephen's. He was eighteen, he wore preposterous mutton-chop whiskers, spoke exactly as he does now, and it was widely believed that he was a shoo-in. And so it proved. I have a black-and-white photograph of Tharoor being chaired by jubilant supporters as they triumphantly marched down the college's main corridor, holding him aloft.

Tharoor was the kind of student who, in an American context, would have been voted 'the most likely to succeed' by his peers. Given middle-class definitions of success in the mid-Seventies, Tharoor's career fulfilled that early promise. Instead of the Indian Administrative Service, he set his sights on a global bureaucracy and nearly became the secretary-general of the United Nations. When desi fiction in English boomed in the aftermath of Midnight's Children's critical success, Tharoor rode that wave too with his contemporary take on the Mahabharata, *The Great Indian Novel*.

So far, so conventional. Tharoor was doing exactly what a precocious, high-performing, English-speaking desi was meant to do. I remember coming across his book on Indira Gandhi's foreign policy in *Bahri Sons* in Khan Market sometime in the mid-Eighties and thinking, 'well, that was quick'. His short book on Nehru, his novels riffing on Bombay cinema and communal violence, were all of a piece with the preoccupations of the turn-of-the-century anglophone desi.

It was his political turn in 2009 that made his career trajectory interesting. There had been several instances of English-speaking politicians taking to parliamentary politics. Most of them, though, chose the Rajya-Sabha route to Parliament. Tharoor's standing in contemporary Indian politics has a great deal to do with the fact that he has won three successive Lok Sabha elections from his constituency in Thiruvananthapuram.

You might argue that Mani Shankar Aiyar was a kind of proto-Tharoor, with his preternatural fluency, his prior civil service career, his Lok Sabha seat, and his trick of annoying the Congress high command when he let his English run away with him, but the differences between the two men are more important than the similarities. Tharoor is sometimes indiscreet, but he's never intemperate in the way Aiyar often was. In fact, the grouse progressives have with Tharoor is that he is, if anything, too civil to the Bharatiya Janata Party.

The first map of the 'galactic underworld' a chart of the corpses of once massive stars that have since collapsed into black holes and neutron stars have revealed a graveyard that stretches three times the height of the Milky Way, and that almost a third of the objects have been flung out from the galaxy altogether.

"These compact remnants of dead stars show a fundamentally different distribution and structure to the visible galaxy," said David Sweeney, a PhD student at the Sydney Institute for Astronomy at the University of Sydney, and lead author of the paper in the latest issue of *Monthly Notices of the Royal Astronomical Society*.

"The 'height' of the galactic underworld is over three times larger than the Milky Way itself," he added. "And an amazing 30 percent of objects have been completely ejected from the galaxy."

Neutron stars and black holes are formed when massive stars -- more than eight times larger than our Sun -- exhaust their fuel and suddenly collapse. This triggers a runaway reaction that blows the outer portions of the star apart in a titanic supernova explosion, while the core keeps compressing in on itself until -- depending on its starting mass -- it becomes either a neutron star or a black hole.

In neutron stars, the core is so dense that electrons and protons are forced to com-

Ancient dead stars



bine at the subatomic level into neutrons, squeezing its total mass into a sphere smaller than a city. If the mass of the original star is greater than 25 times our Sun's, that gravity-driven collapse continues, until the core is so dense that not even light can escape. Both types of stellar corpses warp space, time, and matter around them.

Although billions must have been formed since the galaxy was young, these exotic carcasses were flung out into the darkness of interstellar space by the supernova that created them, and hence slipped beyond sight and knowledge of astronomers -- until now.

By carefully recreating the full lifecycle of the ancient dead stars, the researchers have constructed the first detailed map show-

ing where their corpses lie. "One of the problems for finding these ancient objects is that, until now, we had no idea where to look," said Sydney Institute for Astronomy's Professor Peter Tuthill, co-author on the paper. "The oldest neutron stars and black holes were created when the galaxy was younger and shaped differently, and then subjected to complex changes spanning billions of years. It has been a major task to model all of this to find them."

Newly-formed neutron stars and black holes conform to today's galaxy, so astronomers know where to look. But the oldest neutron stars and black holes are like ghosts still haunting a house demolished long ago, so they are harder to find.

"It was like trying to find the mythical elephant's

graveyard," said Professor Tuthill, referring to a place where, according to legend, old elephants go to die alone, far from their group. "The bones of these rare massive stars had to be out there, but they seemed to shroud themselves in mystery."

Added Sweeney: "The hardest problem I had to solve in hunting down their true distribution was to account for the 'kicks' they receive in the violent moments of their creation. Supernova explosions are asymmetric, and the remnants are ejected at high speed -- up to millions of kilometres per hour -- and, even worse, this happens in an unknown and random direction for every object."

But nothing in the universe sits still for long, so even knowing the likely

magnitudes of the explosive kicks was not enough: the researchers had to delve into the depths of cosmic time and reconstruct how they behaved over billions of years.

"It's a little like in snooker," said Sweeney. "If you know which direction the ball is hit, and how hard, then you can work out where it will end up. But in space, the objects and speeds are just vastly bigger. Plus, the table's not flat, so the stellar remnants go on complex orbits threading through the galaxy. "Finally, unlike a snooker table, there is no friction -- so they never slow down. Almost all the remnants ever formed are still out there, sliding like ghosts through interstellar space."

The intricate models they built -- together with University of Sydney Research Fellow Dr Sanjib Sharma and Dr Ryosuke Hirai of Monash University -- encoded where the stars were born, where they met their fiery end and their eventual dispersal as the galaxy evolved.

The final outcome is a distribution map of the Milky Way's stellar necropolis. "It was a bit of a shock," said Dr Sharma. "I work every day with images of the visible galaxy we know today, and I expected that the galactic underworld would be subtly different, but similar in broad strokes. I was not expecting such a radical change in form."

In the maps generated, the characteristic spiral arms

of the Milky Way vanish in the 'galactic underworld' version. These are entirely washed out because of the age of most of the remnants, and the blurring effects of the energetic kicks from the supernovae which created them.

Even more intriguing, the side-on view shows that the galactic underworld is much more 'puffed up' than the Milky Way -- a result of kinetic energy injected by supernovae elevating them into a halo around the visible Milky Way. "Perhaps the most surprising finding from our study is that the kicks are so strong that the Milky Way will lose some of these remnants entirely," said Dr Hirai. "They are kicked so hard that about 30 percent of the neutron stars are flung out into intergalactic space, never to return."

Added Tuthill: "For me, one of the coolest things we found in this work is that even the local stellar neighbourhood around our Sun is likely to have these ghostly visitors passing through. Statistically our nearest remnant should be only 65 light years away: more or less in our backyard, in galactic terms."

"The most exciting part of this research is still ahead of us," said Sweeney. "Now that we know where to look, we're developing technologies to go hunting for them. I'm betting that the 'galactic underworld' won't stay shrouded in mystery for very much longer."

Literature & Health

More physical exercise, less screen time linked to better executive function in toddlers

A new study explored whether adherence to American Academy of Pediatrics guidelines for diet and physical activity had any relationship with toddlers' ability to remember, plan, pay attention, shift between tasks and regulate their own thoughts and behaviour, a suite of skills known as executive function.

As reported in *The Journal of Pediatrics*, the study found that 24-month-old children who spent less than 60 minutes looking at screens each day and those who engaged in daily physical activity had better executive function than those who didn't meet the guidelines.

"Executive function underpins your ability to engage in goal-directed behaviours," said Naiman Khan, a kinesiology and community health professor at the University of Illinois Urbana-Champaign who led the study with graduate student Arden McMath and food science and human nutrition professor Sharon Dono-



van. "It includes abilities such as inhibitory control, which allows you to regulate your thoughts, emotions, and behaviour; working memory, by which you are able to hold information in mind long enough to accomplish a task; and cognitive flexibility, the adeptness with which you switch your attention between tasks or competing demands."

"We sought to test the hypothesis that healthy weight status and adherence to the AAP guidelines for diet and physical activity would extend to higher executive function in 24-month-old children,"

McMath said.

Through its Bright Futures initiative, the AAP recommends that children spend less than 60 minutes looking at screens each day, engage in at least 60 minutes of physical activity, consume five or more servings of fruits and vegetables and minimise or eliminate the consumption of sugar-sweetened beverages.

Previous research has linked adherence to physical activity guidelines, screen time, and diet quality with executive function in school-aged or adolescent children, according to McMath.

Dengue outbreak worsens in Pakistan

Pakistan's capital city Islamabad reported 104 more dengue cases in the last 24 hours, taking the total tally to 30,267 in the country this year, local media reported citing the Islamabad District Health Officer (DHO), on Saturday.

The federal capital has reported 2,435 cases in the current season, with an overall of 1,379 dengue cases have been reported in rural and 952 emerged from urban areas of Islamabad, ARY News reported. The rising cases of dengue in Pakistan have claimed 68 lives so far this year, while the total cases have reached 30,267.

In the federal capital, the total cases have gone up to 2,435 while six people lost their lives to the viral disease in the current year. As per the sources, Sindh reported the most cases and deaths, ARY News reported.

Over 9,496 dengue cases, and 37 people were reported dead in Sindh. Punjab reported 6,564 cases, and 18 people lost lives to the virus. Khyber Pakhtunkhwa reported 8,070 cases and seven deaths, while Balochistan reported at least 3,402 dengue cases.

As districts in Pakistan continue to be affected by massive monsoon rainfall and unprecedented levels of flooding, the World Health Organization (WHO) has warned of significant public health threats facing affected populations, including the risk of further water spread and vector-borne diseases such as malaria and dengue fever, ARY News reported. The country is continuing to report more and more dengue virus cases daily, with panic and



fear spreading among the public as a shortage of fever medicines has also surfaced. Adding to the catastrophic situation, the fumigation drive was halted because the Karachi Municipal Corporation (KMC) ran out of fuel, sources said. Sources told ARY News that the fumigation drive was halted due to the non-availability of petrol and diesel for the past four days. Record monsoon and heavy floods in Pakistan have given rise to hunger and various illnesses which have affected 33 million people and the experts believe that the situation would aggravate in the coming days as the flood affectees are forced to live under the sky depriving the required resources.

Around 888 health facilities have been damaged in the country, of which 180 are completely damaged, leaving millions of people lacking access to health care and medical treatment, as reported in many affected districts.

POEM

Purity

Life of my life, I shall ever try to keep my body pure, knowing that thy living touch is upon all my limbs.

I shall ever try to keep all untruths out from my thoughts, knowing that thou art that truth which has kindled the light of reason in my mind.

I shall ever try to drive all evils away from my heart and keep my love in flower, knowing that thou hast thy seat in the inmost shrine of my heart.

Rabindranath Tagore

Study identifies what brings human senses and thoughts together



Human's ability to think, decide, remember recent events and more, comes from the human brain's neocortex. Now neuroscientists have discovered key aspects of the mechanisms behind these functions. Their findings could ultimately help improve treatments for certain neuropsychiatric disorders and brain injuries.

Scientists have long known that the neocortex integrates what are called feedforward and feedback information streams. Feedforward data is relayed by the brain's sensory systems from the pe-

riphery (our senses) to the neocortex's higher order areas. These high-level brain regions then send feedback information to refine and adjust sensory processing. This back-and-forth communication allows the brain to pay attention, retain short-term memories, and make decisions.

"A simple example is when you want to cross a busy road," said corresponding author Gyorgy Lur, Ph.D., an assistant professor of neurobiology & behavior in the School of Biological Sciences. "There are trees, people, moving vehicles,

traffic signals, signs and more. Your higher-level neocortex tells your sensory system which merit attention for deciding when to go across."

The interaction between higher- and lower-level systems also allows us to remember what you saw when you glanced both ways to gather the information. "If you didn't have that short-term memory, you would just keep looking back and forth and never move," he said. "In fact, if our feedforward and feedback streams weren't constantly working together, we would do very little except respond by reflexes."

Until now, scientists have not been sure how neurons in the brain participate in these complex processes. Lur and his colleagues discovered that feedforward and feedback signals converge onto single neurons in the parietal regions of the neocortex. The researchers also found that distinct types of cortical neurons merge the two information streams on markedly different time scales and identified the cellular and circuit architecture underpinning these differences.

"Scientists already knew that integrating multiple senses enhances neuronal re-

sponses," Lur said. "If you only see something or just hear it, your reaction time is slower than when experiencing them with both senses simultaneously. We've identified the underlying mechanisms making this possible." He noted that the study data suggests the same principles apply if one information stream is sensory and the other is cognitive. Understanding these processes is critical for developing future treatments for neuropsychiatric ailments like sensory-processing disorders, schizophrenia and ADHD, as well as for strokes.



Kanwar inspects preparations for launch of water sports in Andrauli



UNA: Rural Development and Panchayati Raj Minister Virendra Kanwar took stock of the preparations for water sports activities being started on October 2 in Andrauli under Kutlahar assembly constituency. On this occasion, he gave necessary directions to the administrative officers in addition to the departmental officers related to various aspects. He also discussed in detail about the safety aspects related to water sports. On this occasion Deputy Commissioner Una Raghav Sharma, Additional Deputy Commissioner Dr. Amit Kumar Sharma, Forest Divisional Officer Una Mrityunjay Madhav, SDM Bangana Yograj Dhiman, Executive Engineer of Public Works Department Shashi Dhiman, Block Development Officer Bangana Ramesh Kumar, Naib Tehsildar Dharampal Negi and officers and employees of many other departments are also present.

Now crime will be controlled with Integrity App in Himachal

SANJAY AGGARWAL
DHARAMSHALA: On the auspicious occasion of the birth anniversary of the Father of the Nation, Mahatma Gandhi, the "Satyanishtha App" prepared for crime control and investigation was duly inaugurated by the Chief Minister of Himachal Pradesh Jai Ram Thakur in Dharamshala. The app has been prepared under the guidance of Superintendent of Police Dr. Khushal Sharma (IPS) District Kangra. Crime mapping by creating "Integrity App", effective surveillance through private and government CCTV cameras in the district, preparing a database of criminals involved in various crimes like theft, burglary etc., in different police stations.

CM dedicates projects worth Rs. 195.38 cr in Dharamshala constituency

DINESH AGARWAL SHIMLA, OCT 2

Chief Minister Jai Ram Thakur today inaugurated and laid foundation stones of 14 developmental projects and schemes worth Rs. 195.38 crore in Dharamshala assembly constituency. He inaugurated Rs.13.64 crore STP automation and augmentation and Amrit Neel Sarovar, Rs.24.76 crore construction and reconstruction of Jhuggis for Jhuggi dwellers, Rs. 9.37 crore intelligent and barrier-free bus shelter, Rs. 6.85 crore warehouse for Electronic Voting and VVPAT Machines, Rs. 3.55 crore 50-metre bridge over Bhagan khud on Dharamshala-Yol-Palampur-Chadhiyar road, Rs. 8.50 crore science block of government degree college Dharamshala and Rs. 67 lakh environment garden.

Chief Minister also laid the foundation stones of developmental projects worth Rs.128 crore. These included Rs.



101 crore comprehensive electrification project for Smart City Dharamshala, Rs. 8.41 crore 33 KV sub-station at Dhagwad, Rs. 7.99 crore drinking water supply scheme for Chamunda Nandikeshwar Dham and Rs. 5 crore football stadium, Rs. 2.17 crore green field gardens in Dharamshala Smart City area, Rs. 1.91 crore Shri Chamunda Mata temple and Rs. 1.56 crore science

block of Government Girls Senior Secondary School Dharamshala. Later, at a function organized on the occasion of Gandhi Jayanti in police ground, Jai Ram Thakur gave away the house allotment letters to the beneficiaries of Integrated Housing and Slum Development Programme and Slum Re-Development component of Pradhan Mantri Awas Yojna under the aegis of

Guv pays tribute to Mahatma Gandhi and Lal Bahadur Shastri



DINESH AGARWAL SHIMLA, SEPT 2

Governor Rajendra Vishwanath Arlekar paid floral tribute to Father of Nation Mahatma Gandhi on his birth anniversary at the statue of Mahatma Gandhi at The Ridge Shimla, today.

On the occasion, the Governor said that Mahatma Gandhi had established the ideals of adopting truth, non-violence and religion in his life. He had only one message in his Swadeshi, Ram Rajya and Rural Development. He adopted Indian traditions with truth and

integrity. The Governor also visited the photo exhibition based on the life of Mahatma Gandhi. Later, the Governor also paid floral tributes to former Prime Minister Lal Bahadur Shastri at CTO Chowk on his birth anniversary. "Both the great personalities of the Nation worked towards strengthening the rural economy. Today, the country is moving in that direction and to become self-reliant, more efforts are being given to rural economy", said Arlekar. Patriotic songs and bhajans were also recited on the occasion.

RSS holds Vijay Dashmi event



S GAUTAM BADDI, OCT 2

The Vijay Dashmi programme of Rashtriya Swayamsevak Sangh's Baddi Nagar was held at Dussehra ground. In the program organized on Sai Marg in Baddi, chief spokesman Kashmir Singh. Was chief guest before commencement of the programme, weapon worship was performed. Kashmir Singh threw light on the background of the establishment of the Sangh. He said that in view of importance of Vijaydashami, Dr. Hedgewar had founded the Sangh on this day. Just as Lord Rama had conquered Ravana by organizing the forest dwellers, similarly there is a need to organize the society even today. Just as Hanuman was reminded of his power, in the same way today Hindu society needs to awaken his sleeping power. Victory of Truth on untruth, religion on unrighteousness is being celebrated since time immemorial. There is a reason behind Diwali, Dussehra, Holi, Makar Sankranti. That is why these festivals have been celebrated in India. There was no dearth in India's knowledge science. There was no dearth of happiness and splendor. Seven suras are the gift of India. Even 12 months are the gift of Bharat year itself. There were 57 universities in India even when there were no schools to study in the world. Horse riding, archery, medicinal torches have also been discovered by Indians. After all, what was the reason that the culture of India kept on disintegrating? The Mughals partitioned India 17 times and the British 7 times. Taking the idea of these thoughts, Rashtriya Swayamsevak Sangh was founded with some young children, which is today largest cultural and family organization in whole world.

Thakur meets residents of Jaswan Paragpur



ANWAR HUSSAIN NALAGARH, OCT 2

Industries Minister Bikram Singh Thakur interacts with residents of Jaswan Paragpur at the Kishanpura Le Marriott Hotel on Sunday afternoon at a family meeting. Throwing light on the development works done for people of Jaswan Paragpur assembly constituency. He said that in five years, unprecedented development has been done and the pace of development has been accelerated, whose benefits are being given to the residents of the area. The workers of Baddi's All Out Manufacturing Company also met Industries Minister Bikram Thakur. The workers raised the issue of exploitation being done by the company management with the Industries Minister. He said that the company has made it unemployed by closing the unit, due to which it has become difficult to run the family. He said that we are forced to sit on a gradual strike today. The Industry Minister listened seriously to the problems of the workers and assured them.

BJP National President JP Nadda inaugurates BJP Office Building at Una

DINESH AGARWAL SHIMLA, OCT 2

Member of Parliament and National BJP President Jagat Prakash Nadda today inaugurated the BJP Office at Una today. While addressing the people on the occasion, Jagat Prakash Nadda said that it was the vision of the Prime Minister Narendra Modi that all the State BJP Units have its own headquarter at State level and also at district level. He said that District Minister Narendra Modi in the year 2014 decided that as many as 512 offices would be constructed throughout the country. He said that out of these, 235 offices had been completed and work was going on the remaining offices. National BJP President said that these offices would help the party workers to frame, draw and implement various strategies



to strengthen the party base in the district. He said that today the BJP was the biggest political party of the world with over 18 crore dedicated and committed workers. He said that the BJP was a political party with a difference and a clear-cut ideology. He said that BJP was a National Party committed to fulfill regional aspirations and expectations. He said that on the other hand the oldest political party Congress had been completely wiped out from the country. He urged the

people of Himachal to ensure that the BJP again forms Government in the State. JP Nadda said that the BJP had started several schemes for the welfare of every section of the society. He said that Rs. 1.34 lakh crore were provided to crores of farmers of the country under the PM Kissan Samman Nidhi Yojna. He said that several schemes had been started for the welfare of the youth, women, backward classes, scheduled castes and scheduled tribes etc. He said that Congress

today had become a party of brother and sister with almost no base of its own. He said that the Congress fought on 380 seats in Uttar Pradesh and its candidates lost their security deposits in 370 seats, which vindicates the fact that the people of the country had lost its faith in Congress. BJP National President said that Prime Minister Narendra Modi had provided 22 AIIMS for the country during the last about eight years. He said that one such AIIMS has come up at Bilaspur which would be dedicated to the State by the Prime Minister Narendra Modi on 5th of this month. He also urged the people of the State to be part of this historic moment. He also urged the people to ensure that BJP again forms Government in the State so that the hands of Prime Minister could be strengthened.

Kanwar lays foundation stones and inaugurates projects of Rs 187.35 cr

JOGINDER DEV ARYA BANGANA, OCT 2

The Minister of Rural Development, Panchayati Raj, Agriculture, Fisheries and Animal Husbandry laid the foundation stones and inaugurated various projects worth Rs 187.35 crores in Andrauli today. He paved the way for construction of Mini Secretariat Bangana at a cost of Rs 19.52 crore, CHC Bhawan Thanakalan constructed at a cost of Rs 14.78 crore, RLC Bhawan Thanakalan with Rs 6 crore, Administrative building of Ethnobotanical Park Andrauli with Rs 2.74 crore, Ethnobotanical Park at Andrauli with Rs 62 lakh. He inaugurated water storage scheme, lift irrigation project Samur and Sanhal with Rs 16.37 crore and lift water



supply project constructed for Gram Panchayat Dhanet, Plahta and Dehar with Rs 6.62 crore. Along with this, Virendra Kanwar also launched the improvement works of Ramgarhwar water supply scheme with Rs.11.36 crore, improvement of Tutdu water supply scheme from Gram Panchayat Kohra with Rs.16.49 crore and improvement works of

Badoli-Tudi lift water supply scheme. Apart from this, Kanwar laid the foundation stone of horticulture gardens and value chain development system for HP Shiva project in Bangana tehsil with an outlay of Rs 77.75 crore under Jal Jeevan Mission in Kutlahar district area as well as 10 in Pir Gauns. Bhoomipujan of shopping complex.

CM announces increase of Rs. 3000 in monthly stipend to MBBS trainee students

SANJAY AGGARWAL DHARAMSHALA, OCT 2

Dr. Rajendra Prasad Government Medical College Tanda is emerging as the top medical college of the country. Chief Minister Jai Ram Thakur has said this while delivering his address at a cultural event 'Sanskriti' organized by Students Central Association (connexus) of Dr. Rajendra Prasad Government Medical College Tanda today. According to a survey conducted by a renowned Magazine in 2018, Dr. Rajendra Prasad Government Medical College Tanda improved its overall ranking from the rank 35 to 25. Presently, this medical college is having 13th overall ranking, he said. Chief Minister said filling up of 500 new posts of doctors was under process in the state and this was for the first time in the history of



Himachal Pradesh. On the demand for increasing the stipend, the Chief Minister announced an increase in stipend to trainee MBBS students from Rs. 17000 per month to Rs. 20000. He also announced a sum of Rs. 5 lakhs from his discretionary fund to the organizer of the event. Chief Minister said, "With liberal assistance from the Narendra Modi led Central

government, the double-engineered government of the State has excelled in the health sector. Prime Minister Narendra Modi will dedicate the AIIMS in Bilaspur on October 5 and this would be another proud moment for the people of the state. The Chief Minister exhorted the MBBS students for ensuring their best and professional services towards humanity.

New sub tehsil office to open in Yol: Chief Minister



SANJAY AGGARWAL DHARAMSHALA, OCT 2

Chief Minister Jai Ram Thakur, while addressing a massive public meeting at Zorawar Stadium in Dharamshala assembly constituency today, announced opening of new sub-tehsil office at Yol in Dharamshala assembly constituency and upgradation of primary health center Badoi to community health centre. The Chief Minister said that many leaders of opposition parties are joining the Bharatiya Janata Party as the assembly elections are approaching in the state. This is a clear indication that the present government in Himachal Pradesh will come to power again and serve the people of the state with full commitment and good governance. He said that two working state presidents of the State Congress Party have left the party and joined the BJP and the Congress is on the verge of collapse.

Congress Seva Dal Young Brigade celebrates birth anniversary of Mahatma Gandhi and Lal Bahadur Shastri

AMB, OCT 2

On the birth anniversary of Father of the Nation Mahatma Gandhi and former Prime Minister Lal Bahadur Shastri, a function was organized in Amb by Congress Seva Dal Young Brigade on Sunday. In this, Sudarshan Singh Bablu, State President of Congress Seva Dal Young Brigade and Congress workers paid floral tributes to his portrait. On this occasion, Congressmen paid tribute to the Father of the Nation Mahatma Gandhi and former Prime Minister Late Lal Bahadur Shastri. They took pledge to follow the path shown by them. Sudarshan Singh Bablu said that these great personalities are being remembered by the country and the whole world today. He said that Mahatma Gandhi, the priest of non-



violence whom we address as Babu and Father of the Nation, was a great man and freedom fighter. If we say that Gandhi's contribution was the most in the making of today's India, then nothing is wrong, because he also played an important role in uniting people of all religions to make India's independence and self-reliant India. Mahatma Gandhi thought only about the development of the country all his life. That's why he never took any political position in his entire life.

One-time exemption to regularize promotion of placement principals in upcoming meeting: Jivan Sharma

KISHORI LAL BAINS UNA, OCT 2

Jivan Sharma, former state president of Himachal Pradesh School Teachers Association and retired Deputy Director of Education Department, has urged Chief Minister Jai Ram Thakur that after the year 2016, thousands of principals working in government schools working on placements should be given a one-time exemption from the upcoming cabinet for regular promotion. Education Department of Himachal Government had sent a panel of thousands to Himachal Pradesh Public Service Commission Shimla office on this placement basis to regularize



the promotions to the principals working. Sharma said that in the year 2018 also, to regularize the promotion of principals to work for the last 9-10 years, the Public Service Commission had given instructions to the Education Department to remove such objections. The then Finance Education Secretary, Dr. Arun Sharma, while showing his discretion and accepting the request of the Headmaster Cadre Officers Association, had given a one-time exemption from the cabinet. Only on the basis of confidential reports and conduct regularizing the promotion of principals working on thousands of placement basis at that time.

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GOLD AUCTION NOTICE

The borrowers and the public in general are hereby notified that the gold pledged with respect to the below mentioned borrowers will be auctioned on account of non-repayment of dues. The auction is proposed to be conducted on or after 20.10.2022 at Regional Office SCO 10, 11, Ferozepur Rd, Feroz Gandhi Market, Zila Kacheri Area, Model Gram, Ludhiana, Punjab 141001

List of Borrowers

Name	Phone Number
BARKHA RANI	*****51833

Persons wishing to participate in the aforementioned auction need to deposit the EMD before participation and should carry valid ID Card and PAN Card.

For more information please contact - 1800 419 8000

Sd/- Authorised officer
Rupeek Fintech Pvt Ltd.

Sd/- Authorised officer
Rupeek Capital Pvt Ltd.

SHIV KUMAR SHARMA

KARNAL: Glass Arena India's Private Limited, in collaboration with Design Consultants, Goyal Property, HDFC Bank and District Red Cross Society, held a huge blood donation Mahakalyan Camp for children suffering from Thalassemia at Red Cross Bhawan, Karnal today. Around 55 people got registered for the camp and 49 people donated blood voluntarily. The team of Kalpana Chawla Medical College, led by Dr Annu Yadav, collected blood! On this occasion, the Secretary of Red Cross Society, Kulbir Malik attended as the chief guest and encouraged all the blood donors and told them that by donating blood regularly, one gets rid of many diseases and there is no weakness in the body. He said that youth must donate blood 3 or 4 times in a year! Giving information, the coordinator of the camp, Kapil Kishore said that every boy and girl must get their blood test done before marriage to avoid diseases like Thalassemia. Every pregnant woman must also get her blood tested.



NEWS AT A
GLANCE

A Gala event Khush-Amdeed 2022 for Resident Scholars of HMV



HARPREET SINGH LEHAL
JALANDHAR: Hans Raj Mahila Maha Vidyalaya Jalandhar organized Silver Night 'Khush-Amdeed' for the welcome of new entrants in the hostel. Principal Prof. Dr. Mrs. Ajay Sareen was the Chief Guest of the occasion. Mrs. Meenakshi Sayal, Coordinator of Resident Scholars welcomed the Chief Guest with green planter. The students all dressed up beautifully participated in different rounds of modelling with great gusto and the judgment was given by the worthy judges-Dr. Mamta, Head of English Department, Dr. Jyoti Gogia, Head of Hindi Department, Mrs. Sangeeta Bhandari from Computer Science Department and Mukti Arora, Head of Cosmetology Department in which Mandira Joshi was adjudged and crowned as Ms. Fresher while Mehak Manhas and Kashman were given the title of first and second runner up respectively. Additionally, Anamika Sutwas given the title of Ms. Energetic, and Pragati was declared as Ms. Ethnic. Principal Dr. Ajay Sareen, Meenakshi Sayal encouraged the students to do immense hard work to achieve their dreams and do research and higher studies.

Rahul Bhandari reviews functioning of various branches & sections of PR Deptt.

SUMER GARG
CHANDIGARH, OCT 2

Punjab Information and Public Relations, Principal Secretary, Mr. Rahul Bhandari on Saturday laid emphasis on maximum utilisation of available resources, especially, social media, to inform people about various pro-people schemes being run by the Chief Minister, Bhagwant Mann led Punjab government.

Chairing his maiden meeting with the department officials at Punjab Bhawan here, the Principal Secretary (PS) asked the concerned officials to work enthusiastically to inform people about the flagship and public welfare schemes launched by Punjab Government. Only through proper awareness, people will be able to derive maximum benefits of those schemes. He also stressed on the need to further strengthen the feedback mechanism, he added.

While emphasising on the important role social media can



play in good governance, he said that social media has emerged as the main source of information and it could be used to sensitise people.

He reviewed the working of various branches and sections of the department including Press

Section, Social Media, Advertisement Branch, Clippings, Establishment, Right to Information (RTI), Production, Song and Drama etc.

Mr. Bhandari said that all the announcements made by the Chief Minister or other Ministers

regarding the welfare schemes, pro-people initiatives and other government orders should be posted on the social media handles of the government at the earliest so that it could reach to the public timely.

Joint Principal Secretary to the Chief Minister-cum-Additional Director PR, Mr Sandeep Singh Garha apprised the Principal Secretary, "All the information regarding the government announcements, orders and the welfare schemes is being disseminated to the public using different media platforms, besides ensuring social media coverage of the government achievements and initiatives".

Additional Director, Dr. Opinder Singh Lamba; Joint Directors, Mr Randeep Singh Ahluwalia and Harjit Singh Grewal; Deputy Directors Mr. Ishwinder Singh Grewal, Ms Shikha Nehra, Mr. Manvinder Singh and other officials attended the meeting.

UT Election Department celebrates International Day for older people



CHANDIGARH, OCT 2

The Election Department, U.T., Chandigarh, has celebrated International Day for Older People by facilitating the city's centurion voters while visiting their homes. Presently, there are 5 centurion citizens residing in the city who have been voting for a long time. The concerned BLOs visited the houses of Centurion voters and delivered a letter containing the messages of the Honorable CEC. A special camp was also organised today at Senior Citizen Home, Sector 15, and Sector 43 where senior citizens were felicitated with an appreciation letter and their

contribution in casting their vote during election time was celebrated in a grand way. Dr. Vijay Namdeorao Zade, IAS, Chief Electoral Officer, U.T., Chandigarh, stated that during the 2014 and 2019 elections, senior citizens (80+ age group) and voters with disabilities were provided with many facilities in the city, such as wheelchairs at every polling station, ramp facilities, volunteers to assist, and queue-less voting. We have also provided a pick-up and drop facility for senior citizens and voters with disabilities, so that they can come and vote according to their comfort with a queue-less voting facility without standing in a queue.

Children of Cambridge School perform brilliantly in block-level games



GURDARSHAN SINGH PRINCE
BEAS, OCT 2

The children of Royal Cambridge School Beas have brought laurels to the school and the area by performing brilliantly in the block-level games organised in Beas. According to the information, Bhagatvir Singh, a student of Royal Cambridge School, Beas, has secured the first position in chess, Bikramjit Singh and Sonamdeep Kaur have secured the first position in skating, Harsahaj has secured the second position in skating, Sonamdeep has secured the third position in gymnastics. Jasmine and Japneet got second place in Yoga, Ajaypal got first place in the 600m race, Ajaypal and Jasmeet got first place in the relay race, Jasmeet, Ajaypal, Anshdeep, Parminder, Navraj, Gurbaaz, Eknoor, and Harsimran got second place in the school football team. Alisha, Jasmine, Jashanpreet, Japneet, and Samreet have brought laurels to the school and their families by securing 3rd position in the Badminton team. While encouraging the children to see the excellent results of the students in the sports, Principal Madam Dharwinder Kaur specially honoured the children and congratulated them on their selection for the district level.

Sita Haran staged in Ramlila held at Nissing

RINKU GONDAR
NISSING, OCT 2

Artistes of Nagarkheda Seva Samiti staged Sarupnakha Naak and Sita Haran in the Ramlila organized at Shree Sanatan Dharma Shiv Mandir in the city. Sri Rama, mother Sita and Lakshmana reached the Panchavati. Sarupnakha is mesmerized by seeing him while wandering in the forest. She proposes to marry Shri Ram and Lakshmana. On which, both brothers refuse to marry her. She gets angry and tries to harm Mother Sita. Seeing this, Lakshman gets angry and cuts off Surpanakha's nose with his arrows. After this, Surpanakha goes and narrates this whole story to her brother Ravana, the king of Lanka.

Hearing this, Ravana gets very angry and plans to defeat Sita somehow. For that he goes to Marich and makes him a golden deer and sends him to Panchavati. Seeing that beautiful deer, Sita gets fascinated. She also sends Shriram to catch him. He takes the name of Lakshmana by uttering the voice of Shri Ram in the form of an elusive demon. Hearing this, Mother Sita gets very worried



and sends Lakshmana to help her brother Ram. After that, seeing Sita alone, Ravana comes to ask for alms in the guise of a monk.

When Mother Sita crossed the Lakshman line to give alms, then Ravana kidnapped Mother Sita. On this occasion, club director Somprakash Bagdi, Krishna Sain as Ravana, Harish Jangra as Sriram, Shraavan Sain as Laxman, Deepak Sain as Sita, Somprakash Bangi as Surpanakha, Gnanbhushan, Hakeet, Ramehar Prajapati, Virendra Prajapat, Charanjit, Vinod Sharma and Billu and others were present.

Nehru Yuva Kendra launches Swachh Bharat 2.0 in Yamunanagar

PREETI RANI
SADHAURA, OCT 2

Nehru Yuva Kendra-Yamunanagar, under the auspices of the Ministry of Youth Affairs and Sports, Government of India, as part of the Amrit Mahotsav of Independence along with a seminar on the International Day of the Elderly at Budiya Chowk, will undertake Swachh Bharat 2.0 programme from October 1 to October 31. The programme was launched from the district headquarters under the chairmanship of District Youth Officer Pritesh Kumar Zaveri. Elaborating on the Swachh Bharat 2.0 program, the district youth officer said that last year, Nehru Yuva Kendra with the special support of the district administration conducted a village-to-village cleanliness awareness campaign under the chairmanship of the Chief Executive Officer of the District Council, Naveen Ahuja, and the administration with the special cooperation of various departments, more than 11 thousand kg of plastic was collected from the district and disposed of. Similarly, this year too, Swachh Bharat 2.0 programs will be organized in collaboration with the district administration and all the departments of the district and the youth development board will work together to



make the Swachh Bharat 2.0 program a success. Along with this, the International Day of the Elderly was celebrated with great fanfare under the special initiative of the United Nations at the Old Age home in Budia today. It may be mentioned that the United Nations General Assembly had decided to declare the International Elderly Day for the elderly on 14 December 1990, after which this day was celebrated as the International Elderly Day from 1 October 1991. The district youth officer said that on this day, we all should not only take a pledge to be generous towards the elderly, but also understand the responsibility of taking care of the elderly. One of the objectives of celebrating this day is to end discrimination and abusive behaviour towards the elderly. In today's lifestyle and small family culture, keeping the elderly healthy and happy has become more challenging than ever.

Sukhmani Sahib path marks Lubana charitable society's anniversary

VIRENDRA JANGRA
TARAORI, OCT 2

On the first anniversary of Bhai Makhan Shah Lubana Charitable Society, a path of Sukhmani Sahib was organized at the historical 9th Patshahi Shishganj Gurdwara of Taraori. Hundreds of devotees from surrounding villages took part in this. Ardas was held on the first anniversary of the Charitable Trust. The program was presided over by the president of the Charitable Society. Cashier Balkar Singh and Secretary Gusharan Grewal were mainly present on the occasion. It may be mentioned that Bhai Makhan Shah Lubana Charitable Society was formed a year ago. Here more than 10,000 patients availed the services of the charity in one year. On the first anniversary, Sukhmani Sahib was recited in the Dewan Hall of the Taraori Gurdwara campus. Cashier Balkar Singh presented the details of last year's income and expenditure in front of everyone and said that only because of the cooperation given by the people, the society has been able to provide health services to the people for one year. He



said that the people of the city can join in this pious work in three ways, one is by providing physical services, the second is by giving a monthly contribution and the third is by giving a grant in six months and years. He also expressed his gratitude to all the collaborators who have cooperated so far. After this, the langar was distributed among the devotees. The dignitaries of the city associated with Bhai Makhan Shah Lubana Charitable Society and social organizations Bharat Vikas Parishad, Agarwal Sabha, Taraori, Shri Sanatan Dharma Sabha, Shivpuri Seva Samiti, Traders Ekta Manch, Punjab Sabha Taraori, Taraori Journalists Ekta Mancha, Shiv Shakti Sankirtan Mandal were honoured with mementos on the occasion.

Will spread Yatra's message in every village of Karnal dist: Dr. Sunil Pawar

MAINPAL KASHYAP
INDRI, OCT 2

On the birth anniversary of Father of the Nation, Mahatma Gandhi and former Prime Minister Lal Bahadur Shastri, under the leadership of Rajiv Gandhi Panchayati Raj Sangathan Haryana, Sarvodaya Sankalp Camp was organized at Shri Krishna Mandir in Indri. This camp was presided over by Dr. Sunil Panwar, State President of the organization. The camp was started by placing flowers in front of the statues of Mahatma Gandhi and Lal Bahadur Shastri. In this camp, Dr. Sunil Panwar told all the participants about the condition of India before independence, constitution, non-violence etc. He said that today the dominant party is working to divide the common people in the name of caste and religion, while the Sarvodaya Party is working to unite everyone. In this camp, it was decided to take out the message of Rahul Gandhi's Bharat Jodo Yatra from October 2 to March 23 in every village of the entire district. On this occasion, Dr. Navjot Kashyap, the former Congress candidate from Indri area, said that through this message,



work will be done to connect women across the district. On this occasion, former minister Bhim Sen Mehta also expressed his views. In this camp, Prof. Narayan Dutt shed light on the life of Mahatma Gandhi and Lal Bahadur Shastri. In this camp, Dr. Sanjay Tarawadi, Mahendra Tusiya, Advocate Karn Mandhan, Sachin Budhanpur, Praveen Javed Khan, Prof. Narayan Dutt, Kiranpal Ghid, Madan Kamboj Rindal, Banarsi Balmiki, Sukhwinder Pal Udana, Sushil Dhanaura, Rohtas Kanwar, Kinder Khaira, Karambir Bairagi, Chandrasahas Narwal, Pramod Sharma, Kuldeep Jogi Uchana and Praveen Uchana were present.

Minister Dhanda makes purchases at Khadi India center

RANVIR PRASHAR
KAITHAL:

On the birth anniversary of Mahatma Gandhi, the priest of truth, renunciation and non-violence, Minister of State for Women and Child Development Kamlesh Dhanda reached the Khadi India centre and made purchases under the "Vocal for Local" campaign and gave a message to the public to promote Khadi. Dhanda reached "Khadi India" Kendra located in front of Narnia building on Chhatrawas Road after attending the camp organized by BJP Mahila Morcha under Seva Pakhwara. There, she interacted with BJP district president Ashok Gurjar, state executive member Manish Khatwara, BJU district president Aditya Bhardwaj, Mangeram Kailaram. She said that ever since Prime Minister Narendra Modi has emphasized the promotion of local products through "vocal for local" drive, the general public has become aware of Khadi products and there has been a qualitative increase in the number of its users. She bought Khadi clothes according to her routine and inspired people who came with him to buy it regularly. On reaching the Khadi India centre, the Minister of State Kamlesh Dhanda was welcomed by the Director Manjit Tanwar and his associates.



Y'nagar MC has become a den of corruption: Batra

RAJNI SONI/ RK KASHYAP
YAMUNANAGAR:

Gandhi Jayanti is being celebrated all over the country. Today, Congress leaders and workers staged a dharna outside the Yamunanagar Municipal Corporation office to protest against corruption, unemployment and other issues. Senior leader Akram Khan said that people are reeling under inflation and unemployment which are at all time high, but the government has turned a blind eye to the people's plight. Senior Congress leader Shyamsundar Batra says that today they remembered Father of the Nation, Mahatma Gandhi, and former Prime Minister Lal Bahadur Shastri on their birth anniversary. And taking inspiration from these leaders, Batra said that the party held a demonstration in front of Yamunanagar Municipal Corporation, which has become a hotbed of corruption. The party is also protesting against dilapidated roads, unemployment, lack of security for women and city dwellers. He said that the country needed Mahatma Gandhi's ideals so that the atmosphere of the country can be improved and the country can again be taken again on the path of progress.



Corrupt officials get promotion in BJP govt: Kumari Selja

SHIV KUMAR SHARMA
KARNAL, OCT 2

Congress Working Committee member and former Union Minister Selja said that the officers who do corruption in the Chief Minister's home constituency get rewarded. He said that this is the only government that rewards corrupt officials. Talking to reporters, Selja, who reached Karnal to address the workers' conference, said that the people of the state do not know that under whose nose this corruption is happening. She asked whether a Tehsildar in Karnal has the



courage to commit corruption. He said that the Chief Minister should have taken strict action against such corrupt officials. He said that the Manohar government was snatching the right of education from the children. People from poor sections send their children to government schools to study, but instead of encouraging them, the BJP government is bent on closing their schools. Regarding Rahul Gandhi's Bharat Jodo Yatra, she said that BJP is nervous about this programme. Surely Rahul Gandhi is doing the work of binding the whole of India into one thread. Its results in the upcoming elections will be favorable to the Congress. Because the Congress does not do caste politics like BJP but does politics of development.

55 donate blood in camp organised by NIFA

SHIV KUMAR SHARMA
KARNAL, OCT 2

On the occasion of the 75th Amrit Mahotsav of Independence, a blood donation camp was organized by NIFA in association with Lakshya Janhit Society for 75th consecutive day at Shri Bajrang Dal Seva Dal Nilokheri, in which blood donors showed enthusiasm. The Chief Guest of the camp MLA Dharmपाल Gondar participated in the event and encouraged the blood donors by putting badges on them. Advocate Naresh Barana, National Coordinator of NIFA, said that today's blood donation camp was organized with the help of Lakshya Janhit Society Nilokheri, in which a large number of youths reached to donate blood. Dinesh Bakshi, founder of Lakshya Janhit Society, said that 70 blood donors registered in today's camp and 55 units of blood were donated. Dignitaries of Nilokheri city appreciated this



campaign run by NIFA and described it as a service to humanity. On this occasion, Naresh Barana, Dinesh Bakshi, Bhupesh Juneja, Raj Kumar Chhabra, Vikas Malhotra, Sunil Kataria, Yogesh Gaba, Pankaj Bakshi, Rajan Bhatia, Pradeep Batra, Paras Sharma, Ish Chopra, Amit Sachdeva, Rohtash Lathar, Rajesh Sharma, Ramesh Malik, Vivek Sharma, Ram Prakash, Hitesh Gupta and Durgesh Barana were present.

Agarwal Sabha Ahmedgarh
celebrated Maharaja Agarsain
Jayanti with great pomp



MAHAVIR GOYAL AHMEDGARH: Agarwal Sabha Ahmedgarh and Maharaja Agarsain Seva Sadan Ahmedgarh under the leadership of Patron Naresh Kumar Kala, President Dharamveer Garg, General Secretary Tarsem Garg and Cashier Atma Ram Goyal celebrated the 514th birth anniversary of Shri Maharaja Agarsain Ji at Maharaja Agarsain Seva Sadan Chhappar Road Ahmedgarh. And celebrated with enthusiasm on this occasion Hon'ble Mr. Sanyam Agarwal Deputy Commissioner Malerkotla was the chief guest. Chief guest Mr. Sanyam Agarwal while addressing said that Agarwal society has made a big contribution in the progress and prosperity of the country. The Agarwal community is the backbone of the country's economy as it pays the highest amount of tax. Today, the people of this society are making notable achievements in every field. At this time five precious jewels of Ahmedgarh Agarwal community Mr. Koolbhushan Kumar, Dr. DK Agarwal, Mr. Sanjay Kumar Garg, Mr. Vinod Kumar Modi, Mr. Inder Mohan Singla were specially honored.

Heartfelt tribute to Mahatma
Gandhi, Lal Bahadur Shastri paid
at Vasant Valley Public School

VIKAS VERMA DHURI: Vasant Valley Public, Sangrur is always keen to provide information about every important personality, festival and event related to the country and society to its students and increase their general knowledge in such areas in addition to school curriculum. The theme of this year Gandhi Jayanti is "Inherit the values of Gandhiji". To reverent this day, a special program was organized in the school on the day before Gandhi Jayanti and Shastri Jayanti to commemorate their lives and teachings. The School Chairman, Mr. Sanjay Gupta said that in the prayer meeting of the school, the students paid tribute to him by singing the song 'Suno-Suno Ae Duniya Valon Babu Ki Yeh Amar Kahani' in their melodious voice. Jasman Kaur, a student of class VIII, threw light on the life character of Babu Gandhi and explained about the values practised by Gandhiji.

National Wildlife Week
celebrations kick starts



ZIRAKPUR: 2nd October vicky bhabat October, 2022 at Chattbir Zoo. 'Run for the Wild' a mini marathon to create awareness on wildlife conservation was organised by the zoo authorities. A special marathon was also organised for paratheletes today. A total of 169 participants had taken part. This wildlife awareness run was flagged off by Zoo Field Director Ms. Kalpana K IFS. Winners of all categories in the event were awarded with prizes and certificates by Sh. Dharminder Sharma, IFS, Chief Wildlife Warden, Punjab accompanied by Sh Gobind Bhadraraj, IFS, Deputy Director General of Forests, Regional office, Chandigarh. The Chattbir Zoo premises is known for its cleanliness and neatness throughout the country. A special cleanliness drive was initiated by the executive officers along with the hygiene workers of the zoo under 'Swatch Bharat Abhiyaan'.

Rahat Foundation warmly
welcomes Patron Jagdev
Singh Bajwa



VERMA GURDASPUR: Jagdev Singh Bajwa, the patron of the famous social service organization Rahat Foundation, was warmly welcomed by the officials of Rahat Foundation on his arrival from the USA, especially to encourage social service work. On this occasion, under the leadership of Rahat Foundation President Ram Lal and General Secretary Mukesh Verma, he was honoured when he reached by presenting him a bouquet of flowers in a Hot and spicy restaurant. Speaking on the occasion, Pattern Jagdev Singh Bajwa said that his organization Rahat Foundation is involved in social service work for a long time and his entire team is working very hard. Appreciating the work of the team, he said that the Rahat Foundation was formed 5 years ago in July 2017. Since then till today, the Rahat Foundation has taken the initiative of distributing new machines to the girls by training them in sewing machines in addition to helping the needy, it is still going on.

YUGMARG, CHANDIGARH, MONDAY, OCTOBER 3, 2022

Punjab among top five states in the country
in Swachata Sarvekshan Award

SHASHI PAL JAIN CHANDIGARH, OCT 2

Local government minister, Dr. Inderbir Singh Nijjar said that Punjab has secured 5th position in Swachata Sarvekshan 2022, awards given by Union Ministry of Housing and Urban Affairs. The competition takes place among all the states of the country, having more than 100 Urban Local Bodies (ULB). Punjab has got the first position in the northern zone, which is a matter of pride for the Punjab State and an inspiration for the rest of the Urban Local Bodies (ULBs), said the minister. He congratulated the Management, officials and employees of the Local Government Department for this achievement. He also said that last year Punjab had stood seventh and had improved



its position to fifth, this year. He further informed that during the Swachata SARVEKSHAN Punjab has scored 2935 points across the country. He also said that according to the population of the city, Moonak, NawanShahar and Gobindgarh have got the first rank as clean cities. In addition, Ghagga, Baretta, Bhikhi, Dasuya, Kurali, Nangal and Fazilka were also honoured with awards in the cleanliness survey ceremony.

The Minister, said that the Ministry of Housing and Urban Affairs, Government of India, had organized an award ceremony on the basis of Swachata SARVEKSHAN 2022 at Talkatora Stadium, New Delhi on Saturday.

Local Government Minister, Dr. Inderbir Singh Nijjar said that the Punjab government led by Chief Minister Punjab, Mr. Bhagwant Singh Mann is fully working to provide a clean environment to the people of the state. As a result, it has won an award in the cleanliness survey by Urban



Local Bodies (ULBs) of Punjab Government. The Minister also appealed to other Urban Local Bodies (ULBs) that they should also take inspiration from the Urban Local Bodies that have secured the position. Apart from

this, he also appealed to the people of the State to cooperate with the government in keeping their surroundings clean so that in the future, it will help to bring Punjab to the first position in the cleanliness survey across the country.

Farm demonstration on crop
residue mgt at Village Harlalpur

CHANDIGARH: Dr. Abhilaksh Likhi, Additional Secretary, Ministry of Agriculture & Farmers Welfare, (Department of Agriculture & Farmers Welfare) will chair a meeting at Regional Institute of Cooperative Management (RICM), Sector-32, Chandigarh to review the Information, Education and Communication (IEC) activities being carried out in the States of Punjab, Haryana, Uttar Pradesh and Delhi by Indian Council of Agricultural Research (ICAR) - Agricultural Technology Application Research Institutes (ATARIs) for the Crop Residue Management (CRM) Scheme tomorrow (03 October, 2022) in the afternoon. Earlier, Dr. Abhilaksh Likhi will attend a farm demonstration on crop residue management at village Harlalpur in Kharar Tehsil, Distt SAS Nagar, Punjab and interact with farmers in the morning.

The objectives of the Crop Residue Management Scheme includes protecting environment from air pollution and preventing loss of nutrients and soil micro-organisms caused by burning of crop residue; promoting management of crop residue by retention/incorporation into the soil or collection for further utilization through the use of appropriate mechanization inputs; promoting Farm Machinery Banks for custom hiring of crop residue management machinery to offset the adverse economies of scale arising due to small landholding and high cost of individual ownership; creating awareness among stakeholders through demonstration, capacity building activities and differentiated Information, Education and Communication strategies for effective utilization and management of crop residue.

Firecracker traders holds
special meeting with members



LUDHIANA (SHARMA): Ludhiana Fire Works Association members hold special meeting regarding shops to be set up upcoming days at Dana Mandi. This meeting was organized near Chaura Bazar, in which a large number of members of the association participated. Presiding over the meeting, Vishal Shailly said that allotment of shops has started from the administration. Mr. Shailly said that this time also the association will sell crackers as per the norms set by the administration. He requested the shopkeepers that whatever shopkeepers have got shops in Dana Mandi, they should follow all the safety rules there and take care of celebrating the safe festival. Mr. Shailly said that the city of Ludhiana like fire cracking and this time also there is a possibility of good sale on Diwali. Many issues were discussed on this occasion. In this meeting Pardeep Gupta, Brij Mohan, Rajiv Sharma, Raj Kumar, Saurabh, Parth Verma, Amit Kumar, Neeraj Verma, Harish Kumar, Sanjay Singla, Karan Kapoor, Mukesh Kumar, Rakesh Kumar, etc.

CUPB's Dr. Ambedkar Centre of excellence
commenced free coaching classes to train SC
students for UPSC Civil Services Examination

BATHINDA (ANIL VERMA): The Dr. Ambedkar Centre of Excellence at the Central University of Punjab, Bathinda (CUPB) has commenced free coaching classes to train Scheduled Castes students for the Union Public Service Commission Civil Services Examination 2023. The free coaching is being offered under the aegis of the newly established Dr. Ambedkar Centre of Excellence (DACE) at the CUPB campus by the Dr. Ambedkar Foundation, Ministry of Social Justice and Empowerment. In the Academic Inaugural Session of CUPB-DACE Mr. Showkat Ahmad Parry (IAS), Deputy Commissioner, Bathinda and Mr. J. Elanchezian (IPS), Senior Superintendent of Police, Bathinda were the resource persons of this programme. At the outset, the programme organizers and distinguished guests pay floral tribute to the nation builder Dr. B.R. Ambedkar. The inaugural address of this programme was delivered by Mr. Showkat Ahmad Parry (IAS), Deputy Commissioner, Bathinda. He spoke on the topic of Indian Administrative Services: Status Symbol or Contribution to Nation Building.

Govt committed to provide every
required facility to farmers : Arora



SUMER GARG SUNAM, OCT 2

Information and Public Relations, New & Renewable Energy and Urban Development & Housing Minister Punjab Aman Arora on Saturday, formally inaugurated the paddy procurement in Sangrur district from the new grain market of Sunam.

On this occasion, cabinet minister Aman Arora said that the Punjab Govt led by Chief Minister, Bhagwant Mann was committed to provide every required facility in the grain markets to the farmers. He assured the farmers that they would not be facing any problem in the markets

during the current season. He also kick started the bidding of paddy crop brought by farmer Sukhinder Singh, a resident of Model Town, following which the crop was purchased on the spot.

While addressing a gathering of farmers and commission agents, the cabinet minister said that flying squads have been deployed to monitor the arrival of paddy in the markets and on the entry points of the district to prevent any kind of bogus or illegal procurement during the season. The Cabinet Minister said that the Punjab government was committed to the hassle free purchase and lifting of paddy grain.

Meeting of regional,
provincial officials held at
Sarvahitkari Vidya Mandir



HEMANT SHARMA RAMPURA PHUL, OCT 2

Sankul Kendra Lala Kasturi Lal Sarvahitkari Senior Secondary Vidya Mandir Rampura Phul in Bathinda North Regional Organization Minister Vijay Nadda, Provincial Organization Minister Rajendra Kumar and Provincial General Secretary Navdeep Shekhar travel Department Secretary Gagandeep Parashar, Complex Head Sunil Malik, Local Management Committee members and Principals of the department felicitated the provincial and regional officials. Provincial General Secretary Navdeep Shekhar informed all the present members about the priorities of Vidya Bharti Punjab and Provincial Organization Minister Rajendra Kumar guided the principals of the complex on the manners.

Youth against drugs program by CSC society

SHARANJEET PATHANKOT, SEP 2

Youth Against Drugs program was organized by CSC Society Pathankot in association with Salaria Jan Seva Foundation in Parmanand, Common Service Center Incharge, who arrived from different villages of Pathankot, took oath that he would give full support to stop drug abuse in his village.

Anuj Sharma informed that CSC Society will run Youth Against Drugs program in every village of Pathankot and from Pathankot district this program will be conducted in different districts of Punjab. CSC Society has always been in the forefront to provide new employment opportunities to youth. The step is being successful in its objective towards self-reliance. Deepak Walia conducted the stage in the program, under the chairmanship of Satyam Kala Manch President Satnam Satta, the artist of Satyam Kala Manch, Jaisa presented Punjabi patriotic songs on the occasion. Arun Kumar, Gaurav Singh, Aman Ku-



mar, Balwinder Singh, Sandy Thakur, Shyam Thakur, Jitender Pal Thakur, Joginder Singh, Ranjit Singh, Joginder Pal Bomb, Pritam Lal, Ankur Bedi, Deepak Mehra, Parveen Kumar, Shamsheer Singh, Rakesh Kumar, Surinder Singh, Virendra Kumar, Lucky Bamiyal, Shyam Singh Thakur, Ladi Journal Secretary, Vineet etc.

Voters above
100 years of
age honoured

VERMA GURDASPUR, OCT 2

As per the instructions of the Election Commission of India, on the International Day of Elders on October 1, the District Election Office honored 580 voters above 100 years of age in the district. Door-to-door visits were given to the elderly voters by BLO for this task. District Election Officer cum DC Gurdaspur Mohammad Isfaq said that on the basis of voter lists, 580 voters in district Gurdaspur are above 100 years of age.

Jauramajra orders enquiry
committee to submit report
in Pathankot incident

GAURAV GOEL CHANDIGARH, OCT 2

The Health and Family Welfare Minister Chetan Singh Jauramajra has ordered a four member enquiry committee to submit its report on the tragic incident that happened at Pathankot civil hospital by this Tuesday.

The Health and Family Welfare Minister Punjab Chetan Singh Jauramajra had constituted a four member committee comprising Dr. Raj Kumar- District Family Welfare officer, Dr. Vandana Kundal- Deputy Medical Commissioner, Dr. Harnavneet-Gynaecologist, Dr. Bindu Gupta- SMO, to conduct this inquiry. This committee has been ordered to submit their inquiry report by October 4.

The Health Minister said that any laxity on part of the staff members of the department would not be tolerated. Ever since he has taken charge as Health Minister, strict instructions from his side have been issued to the staff to behave politely with the patients to ensure that the general public do



not face any inconvenience while getting services at government hospitals, said Jauramajra. He reiterated that stern action will be taken against the negligent staff if found to be guilty in this inquiry. Jauramajra said that there is already a provision for punishment according to the service rules for those government employees who are negligent or act responsible while serving. He said that appropriate disciplinary action would be taken against that person whosever would be found guilty in the Pathankot case.

BJP intellectual cell holds meet



SHASHI PAL JAIN MOHALI, OCT 2

An intellectual meet was organised under the Chairmanship of Intellectual Cell BJP District Mohali Convener Sodagar Singh Komal under Seva Pakhwara on the occasion of Prime Minister's birthday, S.S. Channi (retired IAS) and main Spokesperson of BJP presided over the function.

He highlighted the various development projects carried out by the Prime Minister. Lakhwinder Kaur Garcha OSD of the former CM Captain Amrinder Singh who recently joined BJP also spoke on the occasion. Apart from this, State Convener of the In-

tellectual Cell of BJP Punjab Rakesh Marken also highlighted the achievements of the Prime Minister. Co-convenor Sham Karwal, General Secretary Jagdish Gupta, Zonal Incharge Advocate Munish Bhardwaj, Satish Bajaj, KK Thakur and Convenors of Patiala Rural, Munish Mittal and Patiala Urban J.K. Gupta attended the programme. Apart from this District Mohali Team Roshan Lal Kakkar, VK Das, Srinivas, Captain Shiv Kumar Sharma, Rohit Bajaj, Vinod Rawat, Ghanshyam, Pawan, District IT Incharge Nikunj Dhawan, Advocate Gitanjali Bali, Advocate Ruchi Shekri and many other dignitaries of the city were also present on the occasion.

Farmers under KMSC banner to stop trains for
3 hrs at 16 places in Punjab on Oct 3

FEROZEPUR (RAMESH KASHYAP): Preparations to stop the trains on October 3 from 12 to 3 am are complete and thousands of farmers will stop trains at 16 places across Punjab to register their protests. Kisan Mazdoor Sangharsh Committee Punjab President Satnam Singh Pannu and Secretary Sarwan Singh Pandher said through a written press statement that in memory of the five martyrs who died in the Lakhimpur Khiri incident, on the completion of one year, thousands of farmers and laborers across Punjab will block the main railway line at 16 places in 10 districts and in 8 districts like Muktsar, Mansa, Barnala, In Sangrur, Malerkotla, Patiala, Fatehgarh Sahib and Ropar, effigy burning protests will be held against the Center and the Punjab government and floral tributes will be paid to the martyrs.

The farmer leaders said, all the preparations for the protest at these 24 places have been completed. The farmers' leaders further said that on this occasion it will be demanded that Ajay Mishra Tani, the main accused of the Lakhimpur Khiri incident, should be dismissed from the Union Cabinet and immediately arrested under Section 120B and the culprits should be punished.

DM Group conductes seminar on
World Anti Rabies Day at Karadwala

RAMPURA PHUL (HEMANT KUMAR SHARMA): An effective seminar was organized at DM Group Karadwala, a famous educational institution of the area, to give information about the terrible disease like Halka In this program, the team of the Veterinary College gave a lot of useful information about the lethal outcome of this disease and for its timely treatment in a smooth manner. On the occasion, a painting competition of the students related to the said subject was also organized.

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GOLD AUCTION NOTICE

The borrowers and the public in general are hereby notified that the gold pledged with respect to the below mentioned loans will be auctioned on account of non-payment of dues. The auction is proposed to be conducted on or after 20.10.2022 at Regional Office SCO, 10, 11, Ferozepur Rd, Feroz Gandhi Market, Zila Kacheri Area, Model Gram, Ludhiana, Punjab - 141001

List of Loans (LOS ID)

32116650, 3219741, 3230569, 3236224, 3238905

Persons wishing to participate in the aforementioned auction need to deposit the EMD before participation and should carry valid ID Card and PAN Card.

For more information please contact - 1800 419 8000

Sd/ Authorised officer Rupeek Capital Pvt. Ltd.

YUGMARG, CHANDIGARH, MONDAY, OCTOBER 3, 2022

SHORT TALKS

India's best will make waves in Rajkot pool

Rajkot: India's best swimmers will go all out to make waves at the Sardar Patel Swimming Complex when the National Games Aquatics competition gets underway here on Sunday. Olympians Sajjan Prakash (Kerala) and Srihari Natraj (Karnataka) among men and Maana Patel (Gujarat) among women are expected to claim top honours. Sajjan Prakash emerged as the Best Male Athlete of the 2015 National Games in his home state after bagging a phenomenal six gold and three silver medals. Besides him and backstroke specialist Srihari Natraj, who is aiming to shine in the Freestyle sprints, Siva Sridhar (Karnataka) and a host of other young claimants for that crown this time around. Gujarat's Aryan Nehra and Aryan Panchal are among those hoping to make a splash while Aneesh S Gowda (Karnataka) will get a taste of the National Games competition. Teenagers Vedaant Madhavan (Maharashtra), son of the film star R Madhavan, will also be watched with keen interest. The women's field will be led by Olympian and local favourite Maana Patel. The Backstroke specialist emerged as the best swimmer of the 75th National Aquatics Championships held in Guwahati last month with a haul of four gold and two bronze medals. Veteran Richa Mishra will also look to win a couple of medals here to take her tally of National Games medals to 50. Spearheaded by Maana Patel, Gujarat are expected to showcase the rapid strides they have made in the pool in recent times. Star-studded Gujarat boasts of swimmers like Aryan Panchal, Aryan Nehra, Anshul Kothari and Devansh Parmar among others. Gujarat won seven medals - five individual medals and two in relays - in Guwahati and they could surpass that with home support. Karnataka had won both the men's and women's titles in those championships and they will surely be the force to reckon with here as well. Besides Srihari Natraj, they have some phenomenal swimmers like Ridhima Veerendrakumar and Sambhav Rama Rao in their ranks. Traditional contenders Maharashtra will be weakened by the absence of the likes of Mihir Ambre, Kenisha Gupta and Apesha Fernandes. West Bengal and Kerala, as well as Services in the men's section.

UT girls faces second consecutive defeat in the U-19 T20 tournament, Uttarakhand thrashed Chandigarh by nine wickets

CHANDIGARH: UT girls faced second consecutive defeat at the ongoing Under 19 T20 tournament being played in Ahmedabad on Sunday as Uttarakhand registered an emphatic nine-wicket win over Chandigarh. Chandigarh won the toss and decided to bat first. Openers - Twinkle Pathak and Parushi Prabhakar formed a 38-run partnership. UT lost its first wicket in the form of Twinkle (20) in the ninth over. Debutant Deepthi Wallia played a valuable 51 runs partnership with Parushi Prabhakar. Captain Parushi lost her wicket in the 19th over wherein she smashed single six and six over the fence in her 45 runs knock. Deepthi Wallia added valuable 18 runs. Chandigarh managed 102 runs in the stipulated twenty overs for the loss of three wickets. In reply, Uttarakhand, while chasing down the target, surpassed the target in 16 overs for the loss of one wicket. Raghavi scored 45 runs while unbeaten Shagun added 36. Chandigarh will play its third match against Saurashtra on October 4.

Indian javelin thrower Shivpal Singh suspended till 2025 for doping

New Delhi: Indian javelin thrower Shivpal Singh has been suspended from competing till October 2025 due to a doping violation. As per the Olympics.com he subsequently tested positive for the banned substance methandienone, a performance-enhancing steroid. As a result, the National Anti-Doping Agency (NADA) suspended Shivpal Singh for four years. The ban comes into effect from October 21, 2021, which means that the 27-year-old will be out of action till October 2025. The Uttar Pradesh-based athlete was a silver medalist at the 2019 Asian Championships, where he achieved his personal best throw of 86.23m. He had also won the 2019 World Military Games. Shivpal Singh is the fifth notable Indian athlete to be caught in the doping net this year. Discus thrower Navjeet Kaur Dhillion, sprinter Dhanalakshmi Sekar and quarter-miler MR Poovamma have all been banned from competitions due to violations. Tokyo Olympian Kamalpreet Kaur, too, failed a dope test.

Sehwag, Gayle celebrate Navratri with Gujarat Giants teammates

Jodhpur, Oct 2 (UNI) Former India opener Virender Sehwag and Universe Boss Chris Gayle among the other Gujarat Giants players celebrated Navratri here. As India celebrates one of country's biggest festivals, the cricketers exhibited stunning moves as they groove to traditional music at a special garba night. Besides, Gayle and Sehwag, Parthiv Patel, Kevin O'Brien, Graeme Swann, Richard Levi and Ajanta Mendis are also part of their squad. The cricketers, who are generally seen in cricketing gears on the field, enthralled the fans by performing garba in the traditional outfit. Gujarat Giants are currently in Jodhpur for Legends League Cricket. The Sehwag-led side has qualified for the playoffs and will play the eliminator match at Barkatullah Khan Stadium on Monday.



Abhishek Pal, Parul Chaudhary take home both 5000m golds

AGENCY GANDHINAGAR : Uttar Pradesh's Abhishek Pal and Parul Chaudhary completed a unique double at the National Games here on Saturday, winning the Men's and Women's 5,000m gold for their state. Parul Chaudhary was delighted with her performance but Abhishek Pal was a slightly disappointed man even though he beat the stiff challenge of Services' Karit Kumar and Sawan Barwal, as well as that of defending champion G Lakshmanan, for the title. "I am happy to win here but am still

disappointed," he said after his win, revealing that he was eyeing the Games record as well. Abhishek Pal recorded a timing of 14:07.25s, falling short of the Games record of 13:50.05. "Yes, I was eyeing the record. But I want to do my best in events like the Asian Championships and the Asian Games," he said, outlining his future plans. "I also want to secure a place in the NCOE before the resumption of the National Camp," the 25-year-old said. "After I joined the Sports Authority of

India National Centre of Excellence (NCOE) in Bhopal, in 2015, my career took an upward curve," he pointed out, revealing his reasons. Hailing from a family of runners, Abhishek Pal has come a long way since he finished fifth in the 5,000m race in the National Games in Thiruvananthapuram seven years ago. He was fifth in the 5,000m and seventh in the 10,000m in the Asian Championships in April 2019. And now, with more experience under his belt, he is confident he can be on the podium at the next continental meet.

My job is fifty per cent done: Shooter Bhowneesh Mendiratta

NEW DELHI: Indian shooter Bhowneesh Mendiratta feels that his job is "fifty per cent done" after he booked his country's first quota in the 2024 Paris Olympics. "I am really happy. It is an achievement for the country first and then for me. It is an honour that I won the quota for the country. I need to prove my worth again and I think the job is only fifty per cent done and still there are many things to be done. I am training in a systematic way to get to the peak of my career just at the time of the Olympic Games. Let us see what happens there," Bhowneesh told. He said that his father has always been there for him since the start. The national team coach Vikram Chopra said that the shooter shot

brilliantly in his first outing where the quotas were up for grabs. "He has made the company. We all are very very happy but still we are very happy. There are three more quotas up for grabs," he added. Bhowneesh Mendiratta claimed India's first Paris Olympics quota spot in shooting on debut at the ISSF

Shotgun World Championships taking place in Osijek, Croatia. Mendiratta claimed 4th place in overall in the men's Trap final. Mendiratta won his ranking round with an almost perfect score of 24/25, which enabled him to qualify for the medal match and ultimately a spot in the Paris 2024 team. His only previous senior competition was at the Changwon, Korea, World Cup, where he took home a silver medal this year. This is his first senior World Championship debut. USA's Derrick Scott Mein came through a nerve-wracking ranking match shoot-off before going on to clinch men's trap gold on Wednesday (28 September) at the 2022 ISSF World Championships Shotgun in Osijek, Croatia.



World Team TT Championships: Indian men's team continues winning streak

CHENGDU : The Indian men's team continued its winning streak at the ongoing World Team Table Tennis Championships, defeating Germany in their second Group 2 match of the tournament on Sunday. India defeated their opponents by 3-1 in the match. Sathiyam Gnanasekaran started off for India against Germany's Benedikt Duda. Sathiyam was off to a bad start, losing his first two sets by 11-13, 4-11. However, the highest-ranked Indian

TT player kept his nerves and made his way back into the game with wins in two sets by 11-8, 11-4. With things even at 2-2, he secured the closely fought final set by 11-9. At this point, India established a 1-0 lead. In the next game, India's Harmeet Desai locked horns against Qiu Dang. Desai lost the first two sets, before bouncing back to win a highly competitive third set. He lost the final set, losing the game by 1-3 (7-11, 9-

11, 13-11, 3-11) to Dang. Germany was back in the game, with scores at 1-1. Manav Thakkar was the next up for India, hoping to turn this deadlock in his nation's favour against Ricardo Walther. Thakkar started fantastically, winning the first set by 13-11, before losing the next one by 6-11. Thakkar kept his calm and finished the next two sets with a win by 11-8, 12-10 to seal the game 3-1.

Trossard's hat-trick denies Liverpool win over Brighton at home



AGENCY LIVERPOOL: Leandro Trossard's hat-trick denied Liverpool a win at Anfield, drawing the game against Brighton 3-3, the fourth stalemate of The Reds so far during their 2022-23 Premier League campaign. Their chances of bringing home the Premier League crown under Jurgen Klopp are looking like a distant dream currently and have left their manager lamenting about yet another "rubbish start" as they fell down further to the table-toppers Arsenal, trailing them by 11 points at just ten, positioned at number nine in the table. On the other hand, Brighton continues their impressive campaign, positioned at number four with 14 points. Trossard gave the visitors an advantage within the first 20 minutes, scoring twice. Alexander-Arnold's slip was an opportunity

for Trossard who pounced to collect Danny Welbeck's flick and fired the ball into the far corner of the goal. In the 18th minute, he produced a similar strike to double the advantage for the visitors. Roberto Firmino turned things in the 33rd minute, clipping the ball over Rober Sanchez from a pass by Mohamed Salah. The goal needed a VAR, but it stood nonetheless. At half-time, the scoreline read 2-1 in favour of the visitors Brighton. Nine minutes after the break, Firmino made things even for Liverpool. But it was half-time substitute Luis Diaz that proved to be the spark Liverpool desperately needed, as he tied up Firmino for his second of the afternoon 10 minutes after the interval, before Webster's own goal looked to have secured a crucial victory.



Rosy Meena sets new national record in women's pole vault

GANDHINAGAR : Indian Pole Vaulter Rosy Meena Paulraj set a new national record in her sport in women's category during the ongoing National Games in Gujarat on Sunday, breaking an eight-year-old record held by VS Surekha. At the pole vault event at National Games, this pole vaulter from Tamil Nadu recorded a jump of 4.20 m. With this, she broke the record held by VS Surekha, an eight-year-old record of 4.15 m. "New National Record Rosy Meena Paulraj #TamilNadu set new #NationalRecord in Women's Pole Vault with the jump of 4.20m at the #NationalGames2022 She broke 8-year-old record that was set by V.S. Surekha (4.15) Many congratulations Champ!! #36thNationalGames," tweeted SAI Media. Prime Minister Narendra Modi on Thursday declared the 36th National Games open at Narendra Modi Stadium in Ahmedabad. National Games are being held in the state of Gujarat for the very first time. It will be organised from September 29 to October 12, 2022. Nearly 15,000 sportspersons, coaches, and officials from across the country will be participating in 36 sports disciplines, making it the biggest National Games ever.

Desperately wanted to take part in National Games: Bajrang Punia

AGENCY AHMEDABAD : A freak head injury, resulting in five stitches at the World Championships in Belgrade, ended Bajrang Punia's chances of participating in the ongoing 36th National Games here. But despite that, the ace grappler made an appearance at the wrestling arena in Mahatma Mandir on Saturday, as a guest. "The National Games is the only tournament which I haven't participated till now. I have been part of many international tournaments, but miss being a part of the National Games. In 2015, I was training in the US and I couldn't be a part, and this time

around, the stitches on my head didn't heal on time," he said. "After the World Championship, there was very little time to recover. I desperately wanted to be a part of the Games here," Bajrang added. The 28-year-old is highly impressed with the efforts put in by the organisers of the 36th National Games, saying that the standard here matches the international tournaments, he has been a part of. "Congratulations to Gujarat for grabbing the opportunity to host the National Games with both hands. At the same time, I appreciate the Prime Minister's effort and his keen interest in



sports due to which he came to launch the Games," he said. The Asian Games gold medalist feels that the National Games will provide the right platform for upcoming players to showcase their talent. "For the younger players participating in the Games, I believe this will boost their confidence and give them a feel of the international exposure. Even the hotels and the food they are being served is very impressive," he said. On the personal front, Bajrang said that the stitches have healed and he is back to training as preparations for

the next Olympic cycle starts for the four-time World Championship medalist. "The injury has gradually healed, and I'm back in training. There are no major immediate tournaments but in 2023, we have the Pro Wrestling League, Asian Championship, World Championship and the Asian Games. The qualifications for the Paris Olympics will start at the Worlds, and the focus has now shifted towards the Olympic cycle," he said. "We will be training mostly in India for the next one month or so, before deciding on exposure trips, it could be Russia or the US," he said before signing off.