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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&K



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England beat Pak to win T20 World Cup

AGENCY
MELBOURNE, NOV 13

England beat Pakistan by five wickets to win the T20 World Cup title here on Sunday. Opting to field, England dished out a clinical bowling performance to restrict Pakistan to a below-par 137 for 8 before chasing down the target with six balls to spare at the MCG.

Pakistan never had any momentum in their innings. Babar Azam (32), Mohammad Rizwan (15), Shan Masood (38) and Shadab Khan (20) were the

only ones who reached double figures. Chasing 138, England lost opener Alex Hales in the first over itself for just one run after Shaheen Afridi sent a delivery crashing through his gates. England was 7/1 in one over.

Phil Salt joined skipper Jos Buttler. The duo attacked young pacer Naseem Shah, smashing him for three fours, with the captain hitting two.

Just when it seemed that the duo was building a partnership, Haris Rauf intervened to send back Salt for just 10 off nine balls. England was 32/2 in 3.3 overs.



Flaunting arms banned in Punjab to curb flourishing gun culture

SHASHI PAL JAIN
CHANDIGARH, NOV 13

In a bid aimed at checking gun culture and to maintain law and order in the state, the Punjab government led by Chief Minister Bhagwant Mann has ordered review of all the arm licenses in the state.

A decision to this effect has been taken after stern directions by the Chief Minister to discourage the use of arms in the state for maintaining peace, tranquility, law and order situation. On the directions of Chief Minister, the Principal Secretary Home has issued a detailed letter to Director General of Police, Police Commissioners, District Magistrates and Senior Superintendents of Police asking them to review all the existing arm licenses in the state. It has also been directed that if any license had been issued to anti-social element, in the past, then it must be canceled immediately. Similarly it has also been ordered that no new license should be issued generally in the coming three months adding that license should be issued only where it is utmost and



genuinely required.

Even in that case also the issuing authority of arm license must be satisfied by the rational given by the applicant. Likewise, it has been ordered to impose a blanket ban on public display of arms and ammunition. This ban will also be applicable on all the social media platforms.

Similarly it has been directed

that a complete ban should be imposed on the songs eulogising gun culture. Likewise ban must be imposed on carrying and display of weapons in public gatherings, religious places, weddings, parties and other. In the same manner the officers have been directed to organise special and surprise checking in the areas under their respective jurisdiction.

The officers have been directed that no one should be spared who is invoiced in hate speeches aimed at disrupting the peace and tranquillity.

Chief Minister had in May warned those singers who allegedly promote gun culture through their songs. He disapproved of propping up such a trend and said those found involved will be dealt with sternly. He had condemned the "trend of gun culture and gangsterism being promoted by some Punjabi singers" and urged them "to desist from fanning violence, hatred and animosity in the society through their songs".

He had further called upon such singers to follow the ethos of Punjab, Punjabi and Punjabiyat thereby strengthening the bonds of brotherhood, peace and harmony "instead of fuelling anti-social activities through such songs".

Post a comment Early last year, then Punjab Chief Minister Amarinder Singh had backed the arrest of Shree Brar, a Punjabi singer who was accused of promoting gun culture and glorifying violence in a song.

Rajnath Singh unveils the statue of Prithviraj Chauhan at Jhajjar village



SHIV KUMAR SHARMA
JHAJJAR, NOV 13

The Defence Minister, Sh. Rajnath Singh said that Haryana is a land rich in culture, bravery, and glorious history that spread our culture's message throughout the nation and the world. He stated that he salutes such a brave land, which is an inspiration of sacrifice and bravery. The statues of great brave sons like Prithviraj Chauhan and Rao Tula Ram teach us to move forward in life.

The Defence Minister said this while addressing the public gathering after unveiling the statue of Prithviraj Chauhan in Kulana village of Jhajjar district on Sunday. Defence Minister, Sh. Rajnath Singh saluted the glorious personality of Prithviraj Chauhan and remarked that Haryana's winds are filled with bravery. The great history of Haryana is thought to have served as an example for others both in the country and abroad. He said that in every village of Haryana,

remarkable stories of valour and pride of our soldiers can be heard. Our soldiers are protecting the borders of the country. He stated that the feasibility of Sainik School in the Matanhail of district Jhajjar will be examined, and he committed that necessary action will be taken in this regard.

**Defence Minister praises
Manohar Lal,
Dr Arvind Sharma**

JHAJJAR: The Defence Minister of the country, Rajnath Singh, who came to unveil the statue of Emperor Prithvi Raj Chauhan in village Kulana, praised the Chief Minister of the state and said that Haryana is progressing in the matter of development in the state under the leadership of Manohar Lal. Apart from that, the Defence Minister described Rohtak MP Arvind Sharma as the state's most popular MP.

PM Modi to attend three key sessions at G20 summit in Bali

NEW DELHI: Prime Minister Narendra Modi will participate in three key sessions -- food and energy security, digital transformation and health -- at the G20 summit in Bali, Foreign Secretary Vinay Kwatra said on Sunday. The prime minister will leave for the Indonesian city of Bali on Monday on a three-day visit to attend the summit that is expected to deliberate extensively on pressing global challenges including the Ukraine conflict and its implications. At a media briefing, Kwatra said Modi and other leaders will discuss issues relating to global economy, energy, environment, digital transformation, etc. The summit is set to be attended by US President Joe Biden, British Prime Minister Rishi Sunak, French President Emmanuel Macron, German Chancellor Olaf Scholz and Chinese President Xi Jinping.

Gurmeet Ram Rahim's security increased

BAGHPAT, NOV 13

A heavy police force has been deployed by the Uttar Pradesh Police outside the Baghpat Ashram under the Binauli police station area of Gurmeet Ram Rahim to avoid any untoward incident.

The security of Dera Sacha Sauda's Barnawa Ashram located in the Baghpat district of the Indian state of Uttar Pradesh has been increased keeping in view the stay of the Dera chief, Ram Rahim in the Ashram.

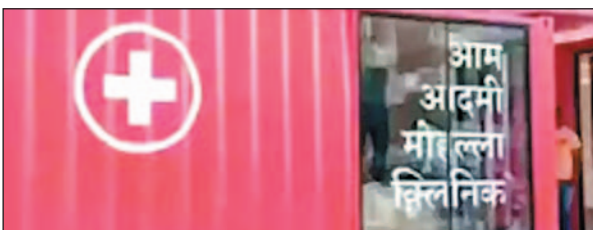
Gurmeet Ram Rahim, head of Barnawa Dera Sacha Sauda Ashram, is serving a sen-

tence for rape and murder in Rohtak's Sunaria Jail. He has been granted parole for 40 days and during this period, he will be staying at Barnawa's ashram.

Keeping in view the stay at the Ashram, the Uttar Pradesh Police has increased the security of Dera chief Gurmeet Ram Rahim.

Speaking about the heavy police force deployment outside the ashram, a servant at the camp informed that "searches are also being conducted on suspicious persons". Apart from this, "the crowd is also not allowed to gather around the ashram". The priority of the police is to prevent any untoward incident.

Centre hails Punjab for starting Aam Aadmi clinics



BUREAU
CHANDIGARH, NOV 13

The Government of India has hailed the state government led by the Chief Minister Bhagwant Mann for taking several path breaking initiatives to provide quality healthcare facilities to people.

The GOI regularly monitors the progress of NHM in the States through different mechanisms. The most important mechanism is Common Review Mission (CRM) undertaken every year. Under CRM, a team comprising of Government officials, Public Health Experts, Representative of Development Partners and Civil Society Organizations undertake the field visit in different States.

The focus of CRM is to assess the implementation of the programmes from Citizen Prospective. The 15th Com-

mon Review Mission Team comprising of 16 members under the leadership of Dr. A. Raghu, Deputy Director General, AYUSH, MoHFW, GoI visited the State from November 4-11 during which it visited the districts of Ferozepur & Rupnagar.

Expressing complete satisfaction over the initiatives being taken by the state government. The team lauded the state by asserting that Institutional delivery in the State is quiet good and diet was being provided to pregnant women in all facilities and most of the women received JSY Payments via DBT. Similarly Family planning commodities were available in most of the facilities. Family participatory care was being practiced at District Hospitals. Breast Feeding corners have been established in District Hospitals.

Hry to write to UP Govt for construction of Ganga-Yamuna canal

BUREAU
CHANDIGARH, NOV 13

The Chief Minister said that steps should be taken to bring water of the river Ganga to Haryana. For this, a letter will be written to the Ministry of Water Resources and the Uttar Pradesh Government for the construction of the Ganga-Yamuna Link Canal. With the construction of this link canal, additional availability of water will be ensured to Haryana, said Sh. Manohar Lal.

He further directed the officers of the Faridabad Metropolitan Authority to make plans for water harvesting through the Rainiwell project to meet the water requirement of Faridabad. Besides this, an expert committee should also be constituted, which will study the underground flow in Yamu-



na. Along with this, the Committee will also assess how much water is needed in South Haryana and how much is being supplied at present, said Sh. Manohar Lal.

The Chief Minister was apprised that the length of GWS is 69 km,

which off-takes at RD No-227800 of Delhi Branch from Kakroi Head and ends at Basai Water Treatment Plant. This channel was created in the year 1995 with a capacity of 175 cusecs. It serves the drinking water needs of Bahadurgarh, Gurugram and enroute 28 water works of Public Health Engineering, HSIIDC and Forest Department. Due to the continuous flow of water for 27 years, the lining of the channel is in a dilapidated condition. The lining is damaged badly and joints have opened through the length. This has significantly reduced the carrying capacity of the channel to 100 cusecs and is in dire need of repair.

The Chief Minister was further apprised that various departments also take water from this channel to meet the water requirements all

these facts clearly indicate that demand for drinking water in 2040 of Gurugram cities and towns en route would be around 475 cusecs.

To meet this demand and to avoid wastage of water, a project for remodelling of GWS channel along with augmentation of cusec capacity has been prepared. Water between Khubru and Kakroi is supplied by CLC, which has a capacity of 750 cusecs.

At present 1050 cusecs of water is being released to Delhi, 400 cusecs of water is released to Gurugram and the remaining water is being used for irrigation. With the repair and remodelling of these channels, the total capacity will increase to 2300 cusecs, which will be able to meet the availability of water by the year 2030.



**Mumbai Airport
Customs seize gold
worth Rs 32 crore**

MUMBAI: The Mumbai Airport Customs seized 61 Kg gold valued at Rs 32 Crore and arrested seven passengers in two different cases, said a senior Customs official on Sunday.

The official informed that this has been the highest seizure in a single day reported in the history of Mumbai Airport Customs. The arrested persons include five men and two female passengers on Friday.

**Priyanka met me in
jail; questioned about
her father's killing:
Nalini Sriharan**

CHENNAI: Nalini Sriharan, one of the six convicts in the Rajiv Gandhi assassination case on Sunday said that Congress leader Priyanka Gandhi Vadra met her in the jail and questioned her about the killing of her father Rajiv Gandhi. She further said that Priyanka Gandhi turned emotional and cried when she met her in jail.

"Priyanka Gandhi met me in jail and she asked me about her father's killing. She got emotional for her father. She cried too," said Sriharan, while addressing a press conference. Sriharan, who is the longest-serving woman prisoner serving a life sentence in the country, was released from the Vellore jail on Saturday following an order from the Supreme Court on Friday, freeing all six convicts, including RP Ravichandran, in the case.

**Former AAP councillor
climbs tower after
party denied him MCD
polls ticket**

NEW DELHI: A former councillor of the Aam Aadmi Party on Sunday climbed up a transmission tower near Shashtri Park metro station in the national capital. It has been alleged that former AAP councillor Haseeb-ul-Hasan was unhappy after the party denied him a ticket for the upcoming MCD elections. Locals, police personnel, and the fire brigade are currently at the spot to bring him down. On Saturday, the Aam Aadmi Party (AAP) released its second list of 117 candidates for elections to the 250-ward Municipal Corporation of Delhi (MCD) scheduled for December 4.

**75.6 per cent
voting in HP: CEO**

HAMIRPUR/SHIMLA : As per the reports received at State Headquarters, the approximate poll percentage in the state stands at 75.6 per cent, stated Chief Electoral Officer, Maneesh Garg here Sunday. He said the poll percentage through EVMS was 74.6 per cent. Besides this, 1 per cent postal ballots had been received already taking the overall turnout to 75.6 per cent till now and nearly 2 per cent postal ballots are yet to be received.

Roll Observer and Divisional Commissioner Ambala will hold the officers' meeting on November 16: Shantanu



DALBIR MALIK KURUKSHETRA: Deputy Commissioner and District Election Officer Shantanu Sharma said that the commissioner of Ambala division has appointed a daily observer to review the special summary revision work of voter lists containing photographs by the Election Commission of India. The officers will attend a meeting by Roll Observer and Divisional Commissioner Ambala on November 16, 2022, at 4 p.m. in the auditorium of the Small Secretariat. Deputy Commissioner Shantanu Sharma said that Roll Observer and Divisional Commissioner Ambala, present MPs of Kurukshetra parliamentary constituency, present MLAs of all four assembly constituencies in district Kurukshetra, representatives of recognised political parties, and Electoral Registration Officers will participate in this meeting. And along with the Assistant Electoral Registration Officers, they will review the work done by the Electoral Registration Officers in connection with the preparation of photo voter lists so far in the four assembly constituencies of Ladwa, Shahbad, Nihova, and Thanesar. District Election Office Kurukshetra has issued telephone number 0171-260-0444 in connection with photo voter lists from Divisional Commissioner Ambala during this program.

NCC cadets taught map reading at training camp



SHIV KUMAR SHARMA KARNAL: On the third day of the 8-day Joint Annual NCC Training Camp 146 under the auspices of 7 Haryana Battalion NCC Karnal at Doon Valley College of Education Karnal, where NCC cadets were briefed about map reading and compass usage along with drills. On this occasion, the commanding officer of the camp, Colonel Naresh Arya, inspected the camp. He explained the importance of map reading to the NCC cadets and said that when a land area is drawn on a paper, in a certain scale using certain conventional signs and showing the ground elevation-down and projection method, it is called a map. He explained that conventional signs and military symbols are key to map reading. Just like you can't open a lock without a key, similarly you can't read the details inside a map without knowing the conventional signs and military symbols. He said that conventional signs are as important as the alphabet to teach a young child how to read a map. Then, NCC staff gave information about map reading and compass etc. to NCC cadets. On this occasion, Adm. Officer Colonel Nixon Hamal, Major Anita June, Lieutenant Pradeep Rana, Lieutenant Richa Sharma, Third Officer Ravinder Yadav, Third Officer RS Tomar, Third Officer Keval Krishna, Subedar Major Sukhwinder Singh, Subedar Ramveer Singh, Subedar Sangram Ram, Naib Subedar Sanjay Kumar, Naib Subedar Vijay Kumar, Havildar Navjot Singh William, Havildar Varinder Singh and other officers were present.

YUGMARG, CHANDIGARH, MONDAY, NOVEMBER 14, 2022

HLSA holds National Lok Adalats in 13 districts

BUREAU CHANDIGARH, NOV 13

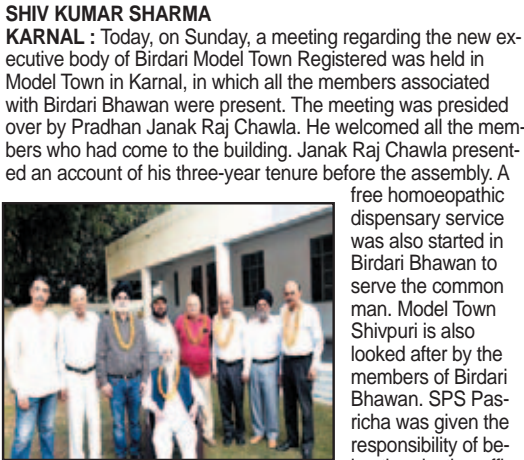
On 12th November, 2022, Haryana State Legal Services Authority organized its 4th and last National Lok Adalat of the year under the guidance of Hon'ble Mr. Justice Augustine George Masih, Judge, Punjab & Haryana High Court and Executive Chairman, Haryana State Legal Services Authority across the State of Haryana. The National Lok Adalat was organized in 13 Districts namely Bhiwani, Faridabad, Fatehabad, Hisar, Jind, Jhajjar, Kaithal, Mewat, Naraul, Panchkula, Panipat, Palwal, Yamuna Nagar including their Sub-Divisions and in remaining 09 Districts namely Sonapat, Sirsa, Kurukshetra, Rewari, Rohtak, Karnal, Ch. Dabri, Gurugram and Ambala, National Lok Adalat will be held on 26.11.2022 due to implementation of Code of Conduct in view of ongoing elections of



Zila Parishad and Panchayat Samiti. Total 116749 cases were settled pertaining to "Civil, Criminal, Matrimonial, Bank Recovery, etc" including the cases of Permanent Lok Adalats (Public Utility Services) working in the ADR Centres out of 197727. 60 % of cases have been settled in total. The purpose of holding National Lok Adalat is to facilitate a platform to the litigants to settle their disputes amicably. On the day of National Lok Adalat, Hon'ble Mr. Justice Augustine George Masih, Judge, Punjab & Haryana High Court and Executive

Chairman, HALSA monitored the Lok Adalats through video conferencing in aforementioned 13 Districts. Lordship interacted with the Benches and gave guidelines to the Benches. Hon'ble Mr. Justice Augustine George Masih has conveyed his best wishes for successful National Lok Adalat and congratulated all the benches for making their best efforts in disposing maximum number of cases for today's National Lok Adalat. His Lordship has called upon to settle maximum number of cases through National Lok Adalat as it is an effective alternative dispute resolution method for ensuring quick and final consensual disposal of cases binding on the parties without incurring any extra cost or fees. In today's National Lok Adalat held in 13 Districts, 46469 cases were taken up and 31505 cases were disposed of at pre-litigative stage. Total amount of Rs. 8,23,11,630/- were settled.

New executive body meet of Birdari Model town held



SHIV KUMAR SHARMA KARNAL: Today, on Sunday, a meeting regarding the new executive body of Birdari Model Town Registered was held in Model Town in Karnal, in which all the members associated with Birdari Bhawan were present. The meeting was presided over by Pradhan Janak Raj Chawla. He welcomed all the members who had come to the building. Janak Raj Chawla presented an account of his three-year tenure before the assembly. A free homoeopathic dispensary service was also started in Birdari Bhawan to serve the common man. Model Town Shivpuri is also looked after by the members of Birdari Bhawan. SPS Pasricha was given the responsibility of being the election officer for the new executive. Unopposed, Sandeep Kapoor was given the responsibility of being the head of the meeting by all the members. Sandeep Kapoor thanked all the members that he has been given this responsibility. He will continue to do good work for the Sabha. APS Chopra has been named General Secretary, Vice President Ravinder Chawla has been named Vice President, and KL Tandon has been appointed Finance Secretary. KL Tandon has also been appointed in charge of Model Town Shivpuri. Gurinder Singh Roji, Joginder Singh Chawla, Amrik Singh Chopra, Ravinder Chawla, Rohit Dhawan, Raminder Singh Kittu, etc. were mainly present in today's meeting.

One-day 33rd awareness programme against drugs

SHIV KUMAR SHARMA KAITHAL: A one-day drug de-addiction awareness workshop was organised at the Dr. BR Ambedkar Polytechnic Institute in Pundri under the guidance of the Chief of the Haryana State Narcotics Control Bureau and Additional Director General of Police, Ambala Division, Mr. Shrikant Jadhav. This was the 33rd one-day awareness programme in Kaithal district. Kaithal Deputy Commissioner Dr. Sangeeta was present as the chief guest while this programme was organised by Swami Deepak Walia and Gaurav Walia of the institute. The keynote speaker was Dr. Ashok Kumar Verma, Sub-Inspector in Charge of the Haryana State Narcotics Control Bureau's Awareness Program and Rehabilitation, and Prayas Kaithal office bearer Ishwar Adi and Sub-Inspector Rajendra Kumar were specially present and cooperative. To the dignitaries and students present, the Haryana State Narcotics Control Bureau's awareness programme and rehabilitation in-charge Dr. Ashok Kumar Verma said that those selling opium, ganja, heroin, smack chitta, intoxicating pills, vaccines, etc., would not be saved because Haryana State Narcotics Control Bureau Chief Mr. Shrikant Jadhav sahib has done such a great deal of work to make Haryana drug-free by making a very well-planned strategy under the State Action Plan, due to which Haryana has become the first state in India where the State Action Plan has been prepared and implemented.



Yamunanagar-Jagadhri Chamber of Commerce Aid Industry's golden-jubilee weekly celebrations starts

RAJNI SONI YAMUNANAGAR, NOV 13

The Yamunanagar-Jagadhri Chamber of Commerce and Industry is an important district institution that has taken the shape of a large tree in its 50th year. This organisation started 50 years ago and has come a long way in becoming the leading representative in the fields of industry, trade, and service in District Yamunanagar. To commemorate the Chamber's 50th anniversary, the Golden Jubilee Weekly Program will be held from November 12 to 18, with a press conference held in a private hotel to provide more information. Chamber President and renowned educationist Dr. MK Sehgal told the conference that it is a matter of pleasure for all of us that the Golden Jubilee Weekly Celebration is being celebrated with great enthusiasm, in



which various activities will be organised by the Chamber. The function was inaugurated today at Hindu Girl's College, Jagadhri, in which the topic of entrepreneurship and leadership development was discussed in detail through a panel discussion. In this workshop, Guneet Anand, Isha Gandhi, Shruti Malik, Gauri, Sameera Saluja, and Dr. K. Sehgal will present their views as speakers. The sessions cover topics such as business and finance, sales

Festivity to elect representatives, DC visits blocks

KARNAL: Deputy Commissioner Anish Yadav and Superintendent of Police Gangaram Punia jointly visited all the blocks of the district on Saturday and inspected the election polling and reviewed the law and order situation. Both the officers had gone on tour since morning to see the polling process in different villages. During this, he observed the situation inside and outside the polling stations, interacted with the personnel on duty and inquired about the voting percentage. There were long queues of men and women and great enthusiasm among the voters to exercise their franchise during the visit of the Deputy Commissioner to Dachar village of Nissing block and everyone voted in favor of the candidate of their choice in a peaceful atmosphere. During the tour, the Deputy Commissioner told that for Panch-Sarpanch elections were to be held in 395 Gram Panchayats in the district, out of which 12 Panchayats have been elected unopposed.

Sushila Rani elected sarpanch of Kachhwa village

SHIV KUMAR SHARMA KACHHWA, NOV 13

Sushila Rani has been elected sarpanch of Kachhwa village. For the first time, an SC female sarpanch has been elected from the village. The BJP-supported candidate has also been a member of the block committee in the previous plan and her husband is a doctor by profession. Sushila got 1324 votes. Duty Magistrate Naresh Kumar Makkad issued the certificate to Sushila Rani on being declared Sarpanch. Bhupendra Kaur got 1124 votes, Seema Rani got 993 votes, Neelam Rani got 986 votes and Suman Devi got 586 votes. Similarly, Neelam Rani, wife of Ravi Kumar, got 292 votes, Neha Praveen 281, Shilpa 263, Avinash Kaur 186, Neelam Kumari 117, Harjit Kaur 34 votes and



NOTA got 17 votes. There are 8127 voters in Kachhwa village out of which 6162 voters exercised their franchise, with a voter turnout of 86%. The awareness is so much that this time more disabled than those witnessed during the block committee elections reached and cast their vote. In the village, a booth was made by combining two, three, three wards. A total of seven booths were

Sushila Rani told the media persons that she will always be grateful to the people of the village, who have given me so much respect. She said that she will try hard to meet the expectations of the people of the village, and resolve all the problems of the village on priority. She said that she would discriminate against anyone while carrying out developmental work.

National Lok Adalat held

RANVIR PARASHAR KAITHAL: National Lok Adalat was held in the judicial premises on November 12, 2022 (Saturday), in accordance with Haryana State Legal Services Authority instructions and under the supervision of District and Sessions Judge Mr. Naresh Katyal, Chairman, District Legal Services Authority Kaithal. In this Lok Adalat, Mr. Naresh Katyal District and Sessions Judge, Mrs. Gagandeep Kaur Additional District and Sessions Judge and Principal Family Court, Mrs. Sangeeta Rai Sachdev Additional District and Sessions Judge, Mr. Praveesh Singh Civil Judge (Senior Division), Mrs. Rajni Kaushal Chief Benches of Judicial Magistrate, Shri Ashwani Gupta Civil Judge (Junior Division) Kaithal, and Shri Sachin Yadav Additional Civil Judge (Senior Division) Guhla Division and Public Utility Adalat were constituted. Mr. Danish Gupta, Chief Judicial Magistrate and Secretary, District Legal Services Authority, Kaithal, said that a total of 9681 pending cases were kept in this National Lok Adalat, out of which 7158 cases were settled. Total public: 68104110 Various criminal, NI Act, bank recovery, motor vehicle, labour-related dispute cases, revenue matters, and other matters have been settled through this National Lok Adalat. Along with this, he said that on the helpline number 0.01746-235759 of the District Legal Services Authority, you can also talk about any kind of legal or social problem.



Raj Bajaj's journey from being a small-time welder to a successful industrialist

SHIV KUMAR SHARMA KARNAL, 12 NOV.

The influence of the honest politics of late Laxman Das Bajaj, the former MLA of Karnal, is showing on his family. His son Raj Bajaj, a well-known industrialist, philanthropist and artist of Karnal, is a well-known personality of the country and the state. Raj Bajaj has been making its mark in the Karnal industry for almost fifty years. Raj Bajaj is a long time president of Lions Club, Bharat Vikas Parishad. People still remember his tenure. Raj Bajaj said that his father Laxman Das Bajaj was a BJP MLA in 198. His honesty is still remembered by the people of Karnal. Bajaj said that he started his business fifty years ago



in an industrial area with a small welding machine called Bajaj Implements. Today, his company manufactures agriculture equipment, and e-rickshaws. His son and his daughter in law share a hand in running his company. He said that his father had a clothes shop. He had five brothers and two sisters. He is following his father's footsteps to this

day. He said that success can be achieved through honesty. He is associated with various organizations including Radha Krishna Gau Shala, Sri Sanatan Dharma Mandir, Punjabi Biradari Bhavan, Akhil Bharatiya Multani Parimandal and Mile Sur Hamara Tumhara. He said that he is also involved in writing and singing. In programmes, he is seen singing on stage. He is associated with many musical organizations. Bajaj, who is above 70 years of age, is still no less than any young man in fitness. Even at this age, he pays attention to his physical fitness. He said that the youth should also pay attention to their fitness. A balanced diet and regular exercise along with yoga are essential for a healthy and long life.

Brother-sister duo thrashes cops at police station, held

BUREAU BARARA, NOVEMBER 13

A case of beating up the employees working in the police station by a brother and sister duo has come to light in Barara. The incident is of Saturday late night when everyone was busy in panchayat elections. At that time, the accused brothers and sisters reached the police station in connection with a complaint. They argued with the policemen and beat them up. The accused youth reached the police station after receiving a phone call from his sister. Here he first assaulted his brother-in-law. When the policemen intervened between the two, he got tangled up with them. It is alleged that the brother and sister assaulted the SI, ASI and Hand Constable posted at the police post and hurled abuses. When the accused brothers and sisters did not come under the control of the policemen, the police had to be called to the spot from Barara police station. Policemen arrived



from the police station and arrested the accused. Head Constable Naseeb Singh said that on Saturday night he was on duty at Barara Police Station. At around 9 pm, the team of dial 112 reached Ombir, a resident of Janakpuri Colony. Ombir had drunk Harpic. On Ombir's request, the Dial 112 team took Ombir to CHC Barada for treatment. When he reached the CHC to record Ombir's statement, he found that Ombir had left without treat-

ment. Hand constable Naseeb Singh said that when he reached back to the police post, he met Ombir, his wife Rajni Dhiman and another boy first. Meanwhile, Ombir and Rajni asked for time to submit a written complaint regarding the fight till morning. Meanwhile, Ombir's wife Rajni Dhiman called her brother Aman Dhiman to the police station in Barara. Aman Dhiman reached the police post and began to abuse his brother-in-law Ombir. When head constable Naseeb Singh intervened, he tore his uniform. The hand constable said that the accused Aman started abusing him while fighting with him. Aman Dhiman also assaulted Sub Inspector Devraj. When ASI Kulbir Singh Aman tried to make Dhiman and Rajni see the reason, Rajni picked up the stick lying in the checkpoint and hit him on the side. Aman hit the key of the bullet in his chest and slapped him on the face. When SI Devraj intervened, Aman also bit his finger with her teeth.

Our past is our heritage: Padma Shri Jagjit Singh Dard

SHIV KUMAR SHARMA KARNAL, NOV 13

Padmashree Jagjit Singh Dardi, a well-known scholar of the country's Sikh tradition, journalist, writer, and chairman of the International Sikh Forum, has said that our tradition is our identity. Our past is our heritage, and we should take care of it. A society that forgets its heritage and backwardness cannot progress for long. He discussed the past, present, and future status of the Sikh community. He was speaking as the chief guest in the programme of the International Sikh Forum organised at Golden Moments, Karnal. On this occasion, Padmashree Jagjit Singh Dardi inaugurated the chapter of the International Sikh Forum in Haryana. The programme was started with Ardaas at the feet of Guru. On this occasion, students from Guru Harkrishna Public School, including Pushkar, Vansh, Ishmeet, Anish, Muskaan, Sonam, Harkirat, Khushi, Harshpreet, Arshpreet, and Gursharan, praised the glory of Guru by singing the words "Deh Shiva bar mohe aihai." On this occasion, the text of the original mantra, "Omkar," was chanted. Those present in the pro-



gramme were congratulated on the 553rd Prakash Parv of Shri Guru Nanak Dev Ji. The operation of the platform was done by Pritpal Singh Pannu. He said that the contribution of Padma Shri Jagjit Singh Dardi to the Sikh community is incomparable. On this occasion, President of the Shiromani Ghatka Federation of India Gurtej Singh Khalsa, Cashier Gurpreet Singh Khalsa, and member Tarapal Singh honoured Shri Dardi ji by covering him with a shawl. Addressing the gathering, Bhai Jagmohan said that the International Sikh Forum was started by Padamshree Jagjit Singh Dardi. He has been associated

with Dardi Ji since childhood. Discussing the objectives of the forum, he said that work is done by the forum for the betterment of society. The main objective is to spread the teachings of the gurus and to connect with the truth. He stated that children who are unable to attend school are helped by providing them with an education. On this occasion, Pritpal Singh Pannu said that from Guru Nanak Dev Ji until 1947, our history has been golden. Today, the situation is such that if our children do not even know the names of the Guru Sahibans, then how will our present be? This is our weakness.

Editorial

Parsing populism

Populist' is a useless term that needs to be retired. Over the past twenty years, it has been pressed into service to describe utterly dissimilar political figures and their movements. Bernie Sanders, Donald Trump, Recep Tayyip Erdogan, Rodrigo Duterte, Lula da Silva, Jair Bolsonaro, Viktor Orbán, Giorgia Meloni, Marine Le Pen and Narendra Modi are routinely described as populists as if they had some quality in common that was so defining that it made their obvious differences unimportant.

We don't have to be pundits or political scientists to see that Lula da Silva and Narendra Modi proceed from unlike political premises. Lula came to power and ruled as a politician committed to raising the living standards of Brazil's poor through the redistribution of wealth generated by Brazil's commodities boom. Narendra Modi came to power at the head of a Hindu supremacist party backed by a family of Hindu supremacist organisations.

All ruling parties and leaders are similar in that they discharge similar functions — law and order, welfare, taxation, foreign affairs — but it isn't hard to discern their principal ideological motivations if only because they trumpet them so loudly. Lula's redistributionist message has remained the same through two terms in office and, more recently, during his successful campaign for a third term as president. Modi, his party and its affiliated front organisations have been consistently hostile to Muslims and explicitly communal in their rhetoric and their use of the State to further their goal of a Hindu rashtra. To find an editorial or academic perch from which Lula and Modi (or Trump and Sanders) appear as two instances of a single tendency, two peas in a single categorical pod, suggests — a) a disabling distance from real life b) a commitment to definitions so abstract as to make ideology invisible or c) a mandarin centrism that makes the lumping together of campaigning redistributionists on the one hand and crusading supremacists on the other ideologically convenient.

The conventional definition of populism, a political position that invokes the People against a corrupt elite, is meaningless in the context in which it is most often used, namely electoral democracy. From Eisenhower to Biden, from Nehru to Modi, from Attlee to Sunak, from de Gaulle to Macron, it's hard to think of a single political leader who did not claim to represent the People or didn't promise to make distant political institutions more responsive to the aforementioned People.

Thousands of Iranians have protested in the nation's southeast to mark a September crack-down by security forces known as "Bloody Friday".

Sune Engel Rasmussen, writing in The Wall Street Journal said that despite mass arrests and violence, Iranian authorities have failed to suppress the two-month-long protest movement that started after the death of a Kurdish woman, Mahsa Amini, who had been detained by morality police for allegedly flouting the Islamic Republic's strict dress code imposed on women.

More than 82 people died on Friday, September 30, as security forces cracked down on demonstrations in Sistan-Balochistan, rights groups say. The province is one of the largest and poorest in Iran and is home to an ethnic Sunni Muslim minority.

In recent days, hundreds of people have gathered in the provincial capital of Zahedan to mark 40 days--an important period in Islamic mourning--since the incident, which protesters have called "Bloody Friday."

In one of the most serious challenges to the clerical establishment in decades, Protesters gathered in front of Zahedan's main mosque chanting "death to Khamenei," the country's supreme leader, and "death to Basiji," a paramilitary militia tasked with protecting the Islamic Republic against domestic dissent, according to social media footage verified



by Storyful, which is owned by News Corp. Some protesters were chanting, "I will kill whoever killed my brother." Other videos featured the sound of gunfire that activists attributed to security forces opening fire on protesters, said Rasmussen.

At least 16 were killed last week in Khash, another city in Sistan-Balochistan, according to Iran Human Rights, a watchdog based in Oslo. More than 300 people, including around 40 minors, have been killed across the country since the protests erupted in September, Iran Human Rights said this week. The failure to suppress protesters across the country

is a sign that the movement remains a stark challenge to the Iranian leadership. Initially centred around demands to abolish the mandatory Islamic veil, or hijab, the movement morphed into calls to overthrow the Islamic leadership, reported The Wall Street Journal.

Protesters gather almost daily in some parts of the country, such as the western Kurdistan province where Amini was from. Elsewhere, such as in the capital Tehran, rallies are routinely held a couple of times a week, often in or around universities. In the past week, 227 of the 290 lawmakers in Iran's parliament called on the country's

judiciary to issue and carry out the death penalty for protesters. Iranian Chief Justice Gholamhossein Mohseni-Ejei asked judges to intensify and speed up sentences for hundreds of arrested protesters, said Rasmussen.

Authorities have sought to intimidate Iranians from participating in rallies by placing plainclothes police in the crowds to seize and arrest protesters.

One 32-year-old protester in Tehran said on Friday she had been arrested twice by security forces in civilian clothing who pulled her out of a crowd. The first time she was held and interrogated for 10 hours, while police offi-

cers kicked her face and body. She was released when they didn't find any compromising material on her phone. The second time she was released more quickly, she said because the prisons were full, reported The Wall Street Journal.

"They are very dangerous," she said about the plainclothes police, her voice breaking. "But that's not enough to stop us from protesting."

The protests in Sistan-Balochistan have been different in nature from rallies elsewhere in the country. The province is home to a Sunni minority and a separatist movement that the govern-

ment in Tehran views as a terrorist organization.

Separatist slogans appear to have been largely absent from recent rallies in the province, but they have faced a more violent crackdown than elsewhere, activists say.

The protests in Sistan-Balochistan have also consisted almost exclusively of men, compared with other parts of Iran where women have been at the forefront. Women's rights activists in the province, where the protests every Friday have emanated from mosques, have objected on social media to the absence of women in the rallies, reported The Wall Street Journal.

Literature & Health

Why older people are more susceptible to the flu

An inflammatory lipid appears to reduce the number of macrophages inside the lungs with age. The study, led by first author Judy Chen, a Ph.D. candidate, senior author Daniel Goldstein, M.D., the Eliza Maria Mosher Collegiate Professor in Internal Medicine and Professor of Microbiology and Immunology, and their team investigates why cells called alveolar macrophages, the first line of defense in the lungs, appear to be compromised with age.

These macrophages are immune cells that attack invaders like the flu virus and live in the small air sacs, or alveoli, inside the lungs. Importantly, these cells appear to be lost with aging.

Previous research by another group showed that when macrophages from an old mouse were put into a young mouse, and cells looked young again. "This drove us to believe that something in the environment of the lungs is contributing to this," said Chen. Signs pointed to a



lipid immune modulator known as prostaglandin E2 (PGE2) with wide ranging effects, from labor induction in pregnancy to inflammation with arthritis. The study team discovered there is more PGE2 in the lungs with age. This increase in PGE2, Chen explained, acts on the macrophages in the lung, limiting their overall health and ability to generate. The team suspects that the buildup of PGE2 is yet another marker of a biological process called senescence, which is often seen with age. Senescence serves as insurance against the runaway division of damaged cells; cells that are senescent are no longer able to replicate. "One of

the interesting things about these cells is they secrete a lot of inflammatory factors," said Chen. The study showed that with age, the cells lining the air sacs in the lungs become senescent, and these cells lead to increased production of PGE2 and suppression of the immune response. To test the link between PGE2 and increased susceptibility to influenza, they treated older mice with a drug that blocks a PGE2 receptor. "The old mice that got that drug actually ended up having more alveolar macrophages and had better survival from influenza infection than older mice that did not get the drug," said Chen.

Harsh winter awaits displaced families in Ukraine, Afghanistan

Millions of people from Ukraine, Afghanistan and across the Middle East displaced by conflict or persecution could face a perilous winter as freezing temperatures add to the misery already induced by spiralling prices, the lingering impact of the COVID-19 pandemic and extreme weather linked to the climate crisis.

UNHCR, the UN Refugee Agency, warns that for many of the world's forcibly displaced, this coming winter will be far more challenging than in recent years. Many displaced families will have no option but to choose between food and warmth as they struggle to heat their shelters, source warm clothing, and cook hot meals, according to UNHCR.

"Across the Middle East, many displaced Syrians and Iraqis will have to contend with extreme cold and snowstorms once again.

This will be the 12th consecutive winter in displacement for many. UNHCR estimates that 3.4 million Syrian and Iraqi refugees and internally displaced people in Syria, Lebanon, Jordan, Iraq and Egypt will need critical assistance to prepare for and cope with winter," the UNHCR said in a statement this week.

In Lebanon, where the severe economic crisis is pushing everyone to the brink, nine out of 10 Syrian refugees are already living in extreme poverty, forcing them to reduce food consumption and suspend seeking medical care. Many are falling further into debt as they try to cover their basic needs. Millions of Ukraini-



ans uprooted from their homes by the current war are facing winter in displacement or are living in damaged homes or in buildings ill-suited to protect them from the biting cold, with disrupted energy, heating and water supplies and lost livelihoods.

In Afghanistan, where winter temperatures can easily plunge to -25 degrees Celsius across parts of the country, many displaced and conflict-affected families will be left exposed to the elements. Winter arrives amid a steep economic decline, and only months after June's earthquake in south-eastern Paktika and Khost provinces, in which thousands of people experienced devastating loss and damage to their homes.

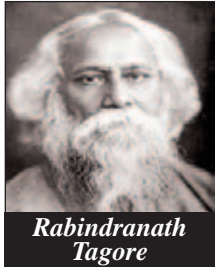
Amid an ongoing effort to contain a humanitarian catastrophe, flash flooding and drought also continue to wreak havoc on lives, property and livelihoods, while some regions of Afghanistan continue to report new displacement.

POEM

The Judge

Say of him what you please, but I know my child's failings. I do not love him because he is good, but because he is my little child.

How should you know how dear he can be when you try to weigh his merits against his faults? When I must punish him he becomes all the more a part of my being. When I cause his tears to come my heart weeps with him.



Rabindranath Tagore

Healthy plant-based meals are better for environment

According to a new study led by researchers at Harvard T.H. Chan School of Public Health and Brigham and Women's Hospital, healthier plant-based dietary habits were associated with better environmental health, whereas less healthy plant-based dietary patterns, which are higher in foods like refined grains and sugar-sweetened beverages, required more cropland and fertiliser.

"The differences between plant-based diets was surprising because they're often portrayed as universally healthy and good for the environment, but it's more nuanced than that," said Aviva Musicus, postdoctoral research fellow in the Department of Nutrition at Harvard Chan School and corresponding author of the study. "To be clear, we're not asserting that less healthy plant-based diets are worse for the environment than animal-based diets. However, our findings show that plant-based diets can have different



health and environmental impacts." The study, which is one of the first to look simultaneously at the health and environmental impacts of various plant-based diets, was published in the November 2022 edition of The Lancet Planetary Health.

Previous research has documented that different types of plant-based diets have various health effects. For example, plant-based diets higher in whole grains, fruits, vegetables, nuts, legumes, vegetable oils, and tea/coffee are associated with reduced chronic disease risk, while plant-based diets high in fruit juices, sugar-sweetened beverages, refined grains, potatoes, and sweets/desserts are associated with an increased risk of chronic disease.

Yet little research has been conducted to determine the environmental impacts, such as greenhouse gas emissions, use of high-quality cropland, nitrogen from fertilizer, and irrigation water, of these dietary approaches. Using data from the Nurses' Health Study II, the researchers analyzed the food intakes of more than 65,000 qualifying participants, and examined their diets' associations with health outcomes, including relative risks of cardiovascular disease, and with

environmental impacts.

To differentiate plant-based dietary patterns, the researchers characterized participants' diets using various dietary indices, including the Healthy and Unhealthy Plant-based Diet Indices. Higher scores on the unhealthy plant-based diet index indicated higher consumption of refined grains, sugary drinks, fruit juice, potatoes, and sweets/desserts; while higher scores on the healthy plant-based diet index indicated higher consumption of vegetables, fruits, whole grains, nuts, legumes, vegetable oils, and tea/coffee.

Participants who consumed healthy plant-based diets had lower cardiovascular disease risk, and those diets had lower greenhouse gas emissions and use of cropland, irrigation water, and nitrogenous fertilizer than diets that were higher in unhealthy plant-based and animal-based foods. Participants who ate unhealthy

plant-based diets experienced a higher risk of cardiovascular disease, and their diets required more cropland and fertilizer than diets that were higher in healthy plant-based and animal foods. The findings also reinforced earlier studies showing that diets higher in animal-based foods, especially red and processed meat, have greater adverse environmental impacts than plant-based diets.

"Because human health ultimately depends upon planetary health, future U.S. dietary guidelines should include nuanced consideration of environmental sustainability and recognize that not all plant-based diets confer the same health and environmental benefits," said Daniel Wang, assistant professor in the Department of Nutrition at Harvard Chan School, the Channing Division of Network Medicine at Brigham and Women's Hospital and Harvard Medical School and co-author of the study.

Fate of 8 candidates
sealed in EVMs

ANWAR HUSSAIN
NALAGARH: The fate of eight candidates contesting from Nalagarh assembly constituency has been sealed in EVMs. The voting process in the Nalagarh constituency was a bit slow in the morning in the elections for the state elections, but the voting picked up momentum till the afternoon. Voters ranging from 18 to the elderly cast their vote in the area. According to the information, due to the voting held on Saturday in the state, polling has been held in 115 polling booths of Nalagarh district. Voting in Nalagarh constituency was very low in the morning, till noon the percentage of voting also increased. In the hilly area, Changar area and Pargana Plassey of Nalagarh region, people showed great enthusiasm about the voting and later in the afternoon, a large number of polling booths were seen to vote. Eight candidates have entered the fray in Nalagarh and in which Paras Bains from BSP, Lakhwinder Singh Rana from BJP, Hardeep Singh Bawa from Congress, Kishori Lal from Swabhiman Party, Dharampal Chauhan from Aam Aadmi Party, Jagdish Chand from National Devbhoomi Party, Jagpal Rana and KL Shakur are independent candidates.

Villager booked for
stealing motorcycle

NURMAHAL: The Bilga police have booked a villager on the charge of stealing motorcycles. The investigating officer (IO) Dalvara Singh said that the accused has been identified as Baljinder Singh alias Gopi alias Danni son of Harjit Singh a resident of Bhullar village. IO said that he has received a piece of secret information that the accused was standing at a bus stand Sangowal village with a stolen motorcycle with intention of selling it IO said that a case under sections 379(theft) and 411(dishonestly receiving stolen property) of the IPC has been registered against the accused and further investigations are on.

Low turnout in HP's
largest district Kangra

SANJAY AGGARWAL
DHARAMSHALA, NOV 13

The process of voting for the assembly elections in district Kangra was completed peacefully. District Election Officer and Deputy Commissioner Kangra Dr. Nipun Jindal said that 71.68 percent polling was recorded for 15 assembly seats in the district. In the total voting percentage of women was 76.09 and the voting percentage of men was 67.31. Of the 13,12,774 voters in the district, 9,40,976 took part in polling on Saturday, including 4,96,965 women and 4,44,008 men. Apart from this, 3 voters of third gender exercised their franchise. In 2017, the voter turnout was 73.21 per cent. This time there has been less turnout. Let us tell you that 91 candidates are in the fray for 15 assembly seats in Kangra district. 1627 polling stations were set up in the district for voting. Nagrota Bagwan assembly constituency recorded the highest polling of 76.72 per cent. Out of total 89898 voters, 68970 voted here, of which

Children’s Day: ASHA brings a ray of
light, for 26 visually challenged Girls



GURDARSHAN SINGH PRINCE
AMRITSAR: ASHA (Amritsar Sacred Heart Alumni) brought a ray of hope to as many as 26-visually challenged girls sheltered and educated at the Bibi Bhani Kanya Netarheen Vidyalaya, a Work & Training centre, located at Khasa Amritsar. To mark the occasion of Children’s Day, ASHA members and donors came forward to bring a smile to the faces of the blind girls and the staff and gifted the institute A Computer Desktop set, with an enhanced speaker system to empower the girls with technology in education, along with a 1000 pieces of Braille Sheets. In addition to this ASHA NGO provided 8- Mattresses, 60 litres of Mustard oil and 60 litres of Dalda Ghee, 100 kgs of Rice, 20-stoles, 35 Woollen Salwar Suits for the students and staff of the institute ASHA president Rashmi Talwar, with Mona Mehra Sn Secretary and Finance Head Pooja Mehra, informed –“ASHA aims to help the blind girls who have been virtually abandoned by near and dear ones, with Education enhancement besides other needfuls on the special occasion of Children’s Day and Guru Nanak Jayanti.

Imperative to remain connected to
our culture: Moolchand Sharma

SHIV KUMAR SHARMA
KARNAL, NOV 13

Haryana Transport Minister Moolchand Sharma while hailing the Uttarakhand State Foundation Day said that our dialect, language, song and culture are our identity. Wherever we are, we should always be connected to our culture; for this it is necessary that culture programs related to our art and literature be organized from time to time and in these programs, youth and children should also participate equally. He was speaking as the chief guest at a grand cultural program organized by the Uttarakhand Sabha and the entire Uttarakhand community on the occasion of the Uttarakhand State Foundation Day at the local Kalidas Rangshala on Sunday. Before this, he started the program by offering flowers at the Uttarakhand Martyrs' Memorial and paying homage to the martyrs.

Addressing the audience in the program, the Transport Minister said that India is a country where the dialect changes after every 20 km. This is the reason why many languages are prevalent in our country. Despite this, our country is moving forward with the spirit of



unity in diversity. Explaining the history of Uttarakhand state, he said that Uttarakhand state was established during the tenure of former Prime Minister Atal Bihari Vajpayee and it was the result of long-winded struggle of the people of Uttarakhand. From the time of establishment till today there has been unprecedented development in the state of Uttarakhand.

He said that the development gets faster due to the small state in terms of population and area. This is the reason that today Uttarakhand is progressing rapidly in the fields of agriculture, industry and tourism etc. and all this is possible due to the efforts of the present government.

Illegal mining going on
indiscriminately: Waryam Singh



NIRMAL
RADAUR, NOV 13

The mining mafia seems to be dominating the area. Mining mafia has no fear of mining and police department. After Yamuna river and Magnification canal, now WJC (Western Yamuna Canal) has also come under target of mining mafia. The mining mafia is piercing the river chest in the dark of night. Millions of rupees of sand are being sold illegally. The residents of the area say that even the complaints are not being acted upon. Area residents Ramlal, Rajiv, Jaswinder, Amardeep, Ramkumar, Mahavir and Gaurav say that these days the water flow in WJC is very less. Therefore, sand islands have come out at many places from Radaur bridge to Dhanaura bridge of the river. The mining mafia is keeping an eye on these sand islands. As soon as it gets dark, the mining mafia reaches the banks of the river with their tractor-trolley. At the same time, labor is brought along to fill the sand.

Homoeopathic docs will undertake
welfare activities Dr. Kapil Bhatia



SHIV KUMAR SHARMA
KARNAL, NOV 13

Welfare Association was formed today. Dr. Kapil Bhatia was elected as chairman. The newly formed association paid tribute to Dr Vimal Dhawan who worked in the field of homeopathy for nearly seven decades. Dr. Bimal Dhawan's creativity and personality were highlighted through a slide show. Vaneet Bhatia, State Manager of HHIDC and Sonia Chopra, Coordinator of Mile Sur Hamara Tumhara, were present in the program as chief guests. Legendary songs were presented on this occasion. The functionaries were also announced in the program. In which the chairman Dr. Vinod Gupta, Chairman Dr. Kapil Bhatia, Secretary Dr. Rajat Dhawan, Joint Secretary Dr. Ayush Bhatia, Cashier Dr. Naina Dhawan Kapoor was made. In the program, Vaneet Bhatia said that homeopathic doctors have done a better job by forming an association. This organization will work for social service and provide affordable medical treatment to people. President Kapil Bhatia said that through the association, work will be done to unite the doctors as well as for their welfare.

Man gets 1.5-year jail in cheque bounce case

KARNPREET DHANDRAL

BARNALA: The court of Judicial Magistrate First Class Barnala, Vijay Singh Dadwal sentenced Gurmel Singh, son of Charan Singh, resident of Tapa, to 1 year 6 months of imprisonment and compensation of 6 lakh 70 thousand rupees in cheque bounce case. It has been ordered to do so. The plaintiff's lawyer, advocate Talwinder Singh Masoon, while giving information, said that the plaintiff Jagjit Singh, son of Raj Singh, a resident of Tapa, had lent 6 lakh 70 thousand rupees to Gurmel Singh in the year 2019. In lieu of returning the amount, Gurmel Singh issued a cheque dated 05.11.2019. A cheque worth one lakh 70 thousand rupees was issued in favour of plaintiff Jagjit Singh, which bounced due to low amount in the account. Subsequently, a complaint was filed by plaintiff Jagjit Singh against Gurmil Singh under Section 138 NI Act before the court. Agreeing with the arguments of the plaintiff's lawyer, Talwinder Singh Masoon, the court ordered the accused, Gurmil Singh to undergo rigorous imprisonment of 1 year 6 months and to pay 6 lakh 70 thousand rupees as damages along with 9% interest for cheque bounce.



EC warns media not to breach
its order banning exit polls

AGENCY
SHIMLA, NOV 13

Election Commission has warned media organisations not to breach its order banning exit polls in connection with Himachal Pradesh and Gujarat assembly elections.

Chief Electoral Officer of Himachal Pradesh Manish Garg took to twitter to caution the media houses not to violate the restriction.

He said as per Section 126A of RP Act 1951, ECI has prohibited conduct of any exit poll & publishing or publicising by print or electronic media or dissemination in any other manner, result of any exit poll of Assembly Elections of HP.

He said restrictions continue from 8 AM on November 12 to



5.30 PM on December 5. ECI has imposed embargo on the exit poll as Gujarat assembly elections are due on December 1

6 poll officials suspended for
carrying EVMs in pvt vehicle

SHIMLA, NOV 13

Six police personnel posted at the polling station Dattanagar were suspended in alleged breach of poll duty after recovery of EVM in a private vehicle. Returning Officer and SDM Surendra Mohan said the poll party no- 146 posted was carrying the EVM machine in a private vehicle. "It was clear violation of the instructions of the Election Commission. Prima facie it was found that the party did not follow proper procedures." In exercise of the power conferred under Section 134 of the Representation of the People Act, 1951, six personnel of Polling Party posted at Polling Station 49-Dattanagar have been immediately suspended.



and 5. Counting of votes for elections would be held on Himachal Pradesh assembly December 8 along with Gujarat.

Keylong freezes at
minus 5.7 deg C



SHIMLA, NOV 13

Minimum temperature plummeted by many degrees below normal as it was minus 5.7 degree Celsius at Keylong headquarter of Lahaul-Spiti district on Sunday, Met department said. It said in a forecast issued here Sunday that minimum temperature slid down to 5.7 degrees and 4.7 degrees below normal. In Kinnaur district Kalpa was minus 0.8 degrees and 2.5 degree below normal. Tourist resort Kufri 1.4, Hamirpur 5.4,

Shimla and Una was at seven, Solan & Sundernagar(Mandi) four, Hamirpur 5.4, Mandi 5.7, Chanba 5.8, Kangra 7.5 . Bilaspur & Dharamshala, 8.5, tourist resort Dalhousie 6 and Kufri five degrees. A fresh Western Disturbance as a trough in mid tropospheric westerlies with its axis at 5.8 km above mean sea level run roughly. Rain and Snowfall occurred in many places in high reaches. Rain likely to occur at few places in mid and isolated places in next 24 hours.

Sunil Sharma elected as State Vice
President of Gau Seva Samiti



KISHORI LAL BAINS
UNA, NOV 13

A State level meeting of Gau Seva Samiti was held today under the chairmanship of State President R S Mankotia at Gaushala Jamli Dham Hamirpur. In which the following resolutions were passed. It was decided to form a committee at every district level of Himachal Pradesh. And appointed the following: Suni Sharma from Kangra was elected as State Vice President of Gau Seva Samiti. Vinay Rana was elected as State Publicity Secretary from Una. Harish Garg elected as State Secretary from Sirmour. Yashodanand Wazir elected State as Vice President from Mandi. Hemant Sharma elected as State Secretary from Shimla. Tribhuvan Thakur elected as State Finance Secretary from Hamirpur. Bali Ram elected as State Exucutive Member from Chamba. Des Raj Chaudhry elected as State Secretary from Solan. It was decided to open the savings account of this organization in Himachal Gramin Bank. It was decided to launch five Gavya products in the market through Gau Sewa Samiti.b

Ghaspur village sarpanch
Krishna Devi makes fogging



NIRMAL
RADAUR, NOV 13

In Ghaspur village, the newly elected Sarpanch Krishna Devi and social worker Kamal Kumar got the fogging done keeping an eye on dengue and other seasonal diseases. Sarpanch Krishna Devi told that these days the outbreak of dengue is increasing in the area. Villagers were afraid of falling prey to the disease follwing which they demanded fogging and fogging was done in every street of the village with her personal expenses. After a week, fogging will be done again in the village. She also appealed to the villagers to take measures to prevent dengue. Use mosquito nets. Take special care of cleanliness. Do not allow water logging in and around the house.

Mass marriage, commendable
work to help needy: Sanjay Bathla



SHIV KUMAR SHARMA
KARNAL, NOV 13

In the local Karna Park Hall, Bharat Vikas Parishad Karna Branch Karnal and Manav Seva Sangh Karnal organized the marriage ceremony of the daughters of six needy families in the presence of Swami Prem Murthy. Chief Minister Representative Sanjay Bathla, while congratulating and blessing the newly married couples, wishing them a happy and bright future in their married life, said that such events in the society build trust of mutual help and thereby the difference between rich and poor and needy families also get great help. Praising the Bharat Vikas Parishad and Manav Seva Sangh, he said that the help given to poor families in this marriage ceremony is a very commendable work and the office bearers of other religious and social organizations should be commended for such works. You should also come forward and cooperate. Mayor Renu Bala Gupta and Swami Prem Murthy also gave their blessings to newly married couples.

Wood market in Manakpur is
proving to be a white elephant

VINOD DHIMAN
JAGADHARI, NOV 13

The wood market built at the cost of lakhs of rupees in Manakpur is proving to be a white elephant. Even today, wood is being sold on the road through street vendors due to the negligence of the authorities. Due to which the commuters passing through here are facing a lot of trouble, at the same time the market fee to be received by the government is also being chosen. But the administration has turned a blind eye to the on-going. From Agrasen Chowk to Kharwan Road in Jagadhari, timber was used to be sold through tractor trolleys from Uttar Pradesh and the district. Due to which people had to face huge problems. After which the administration decided to shift this market inside Manakpur. And the market was also built. In the beginning, inside the market, the trolley vendors and farmers started arriving here to sell their wood. But now, due to the neglect of the administration, it is seen that not a single trolley is going to be sold in the wood market. But in the same way, from



Agrasen Chowk to Kharwan Road, trolleys are crowded on both sides.

In which this wood is being sold through raw slip. Due to which, the market fee received by the government is being lost, the people passing through here are also facing huge problems. Because here, the trolleys are parked near the road. Due to which the people passing by here have to wrestle with traffic snarls. Even if they say something to someone, they end up fighting. But the administration is not paying any attention to this. Due to which this daily employment of lakhs of rupees is being done through raw slips. Neither the market committee is able to get its fee nor the people are getting relief. Plywood factory owners' brokers reach here in the morning.

NEWS AT A GLANCE

Apeejay College B.Com students excel in University exams



HARPREET SINGH LEHAL
JALANDHAR: The students of B. Com Semester 4th of Apeejay College of Fine Arts, Jalandhar passed with flying colours in University exams and bagged top coveted positions. Parag scored 603 out of 700 and bagged 4th position in University. Kritika Gupta scored 598 and Jagjit Singh scored 589 marks and clinched 7th and 26th University positions respectively. Shivansh, Sanchaya Mahajan and Jasmine scored 588 marks out of 750 and shared 30th University position. Along with them, Somin Wason scored 586 marks and bagged 42nd position in University.

Junior Sports meet held at The Oxford School of Education



PARVEEN KUMAR
BHAGTA BHAI: Junior Sports Meet was organized at The Oxford School of Education". The sports meet was started with the ceremonial words "Dehi Shiva Bar Mohi". As the chief guest, Dr. Harinderpal Singh, M. D. (Medicine) Senior Medical Officer, Civil Hospital, Bhagta Bhai attended the meet. The sports event was started by the honourable guest by cutting the ribbon. The first event of the sports event "Duck Walk, Obstacle Race, Spoon and Lemon Race, Animal Race" was held by the students of UKG class. First class students participated in sack race, animal race, three leg race. A very interesting event was the Back Race with Bag, in which the students of 1st Pansy participated. It is worth mentioning that this sports meet was held for UKG and first-class students only. Dr. Harinderpal Singh encouraged the children. He gave a message to the parents of children that sports are very important for children.

Madhav Mangal wins U-10 chess competition



VINOD DHIMAN
JAGADHRI: Jagadhri Chess Open Tournament was organized in which around 50 players participated. The competition was organized at Swami Vivekananda School, in which industrialist Sumit Mangal arrived as the chief guest. Organizers of the competition, Narendra Sood, Gopal Sharma and Amit welcomed the Chief Guest on his arrival. The competition was inaugurated by cutting the ribbon. Competitions were held for the under-10 and under-16 age groups, in which Tarush won the first place and Anvanta got the second place in the under-16 category. At the same time, in Under-10, Madhav Mangal got the first place and Riyansh got the second place. The chief guest honored the winning players by giving certificates and trophies. During this, Chief Guest Sumit Mangal said that such competitions should continue to be organized.

World Head of Ahmadiyya Muslim Community launches website on the history of the Ahmadiyya Muslim Community in the UK

VERMA
GURDASPUR, NOV 13

The Ahmadiyya Muslim Community is pleased to announce that on 4 November 2022, the World Head of the Ahmadiyya Muslim Community, the Fifth Khalifa (Caliph), His Holiness, Hazrat Mirza Masroor Ahmad launched history.ahmadiyya.uk – a new website about the history of the establishment of the Ahmadiyya Muslim Community in the UK. His Holiness officially launched the website from the Mubarak Mosque in Islamabad, Tilford, after announcing its launch during his Friday Sermon. The launch was followed by a silent prayer led by His Holiness in thanks to God Almighty His Holiness stated during his Friday Sermon that the new website, developed by the Ahmadiyya Muslim Community UK, includes well researched articles about the era of the Promised Messiah (peace be upon him) during which his message reached widely in the United Kingdom. Hazrat Mirza Masroor Ahmad said: "The website provides a timeline on the blessed era of the Promised Messiah (peace be upon him) which details how the Promised Messiah (peace be upon him)'s message reached the West. There is also another timeline about the services of the pioneer missionaries to the United Kingdom which also includes some companions of the Promised Messiah (peace be upon him). A detailed research including relevant references has also been published about the prophecy of the Promised Messiah (peace be upon him) concerning Reverend John Hugh Smyth Pigott.

'No train, no votes,' Navsari's 18 villages call for assembly poll boycott

AGENCY
NAVSARI, NOV 13

As all the political parties in Gujarat are gearing up for the state assembly election that is scheduled in the next month, the residents of Ancheli and 17 other villages of Navsari assembly constituency have hung banners to boycott the polls and ban political leaders, including from the ruling Bharatiya Janata Party (BJP) from entering the villages for campaigns. The reason they have decided to boycott the election is that their demand for stopping local trains at the Ancheli railway station has not been met yet. The banners near the Ancheli Railway station and in the areas of the villages say, "Train nahi to vote nahi (no train no votes). BJP or other political parties should not come for election campaigns. Our demands are not met, so we are boycotting the elections." "Here in the constituency people of at least 18 villages have boycotted this election. Their demand is for the stoppages of the train that used to stop here before Covid 19. People are facing issues as the ones who are regular passengers, they are



forced to take private vehicles now and they have to spend almost 300 rs per day." Hitesh Nayak, an adult said while talking to ANI. A college student Prachi Patel said that she was facing problems in her study due to the issue as she had to leave one of her lectures in the morning. Member of the Zonal Railway Users Consultative Committee (ZRUCC) Chhotubhai Patil said that no concerned people are responding to the issue. "A local passenger train used to stop here since 1966 but it was stopped due

to the Covid pandemic. After it restarted, it does not stop here at our station. People from at least 19 villages do up-down from here for their jobs and daily based earnings," said Chhotubhai Patil. "They are facing issues. We are not demanding the new one. We just want the same train, but still, the local administrators or representatives are not responding," he further said. Chhotubhai Patil said that the villagers have decided to send the Electronic Voting Machine (EVM) with no vote. "We have

Shopkeepers assures cooperation with the police to stop the China Door

SHARMA
LUDHIANA: Now the shopkeepers will also extend all kind of cooperation to the police for a complete stop on the China Dor which causes accidents for animals, birds and people. In this regard, under the leadership of Vishal Sharma Shelly, head of the Kite Dor Association, met inspector Gagandeep Singh Police Station Division No.3 On this occasion Mr. Sharma said that china dor is dangerous for everyone. but some mischiefs trying to store china dor in city. He demanded that illaqa police be take strict action against them.



Minister of State gives orders for solution after listening to public problems

RAMAN GUPTA
KAITHAL, NOV 13

Women and Child Development Minister Kamlesh Dhanda while listening to public problems at his residence on Sunday gave orders to the officers to solve them. He said that the officers should solve the problems of the common man on priority and ensure that the common man does not have to visit the government office again and again. On Sunday, at the residence of Rajendra Seth Colony, the Minister of Women and Child Development, Kamlesh Dhanda, listening to the problems of the citizens from different villages of the light, ordered the immediate officers to solve them properly. Minister of State Kamlesh Dhanda said that he himself is well acquainted with the problems of the area and is constantly striving for it. In order to redress the problems related to various departments, he not only ordered the officers to solve them over the phone, but also directed the officers to keep time fixed for the hearing of the general public every day. This makes it easy to solve the



problems of people coming from far and wide. He said that from the officers to the employees, by making better communication with the general public. The dialogue should be maintained. This not only makes it easier to understand the problems of the common man, but it also takes less time to solve them. He said that more than 500 government schemes and services have been made online by the State Government, for this they should avail themselves of them through their nearest Saral Kendra and Atal Seva Kendra and motivate other eligible people to take advantage of them.

Two more names have come up for discussion for the District Bar Association elections

RAMAN GUPTA
KAITHAL, NOV 13

Two more names have come up for discussion for the District Bar Association elections. Among these, the names of Sultan Banwala and Ramesh Madhadh for the post of co-secretary are being taken for the post of deputy head. Ramesh Madhadh had contested last year also for the post of Joint Secretary and lost to Sunita Malik by a margin of 147 votes. This time again he is contesting for the same post. Sultan Banwala is contesting for the first time. He has never contested a Bar Association election before. He told that he wanted to contest the election for the post of Deputy Prime Minister last year as well but he did not file nomination after his lawyer friends told him. He is a member of the Bar since 2014. Before this, two names of Ved Prakash Dhul and Sandeep Sharma for the post of Principal and one name of Jitendra Kumar for the post of Joint Secretary are discussed. Electoral discussions have started here in the campus. All the lawyers are speculating about the names of the possible candidates.



Various activities by District Legal Services Authority, Barnala



KULDEEPSOOD
BARNALA: National Legal Services Authority, New Delhi, Punjab State Legal Services Authority, Mohali and as per the instructions of Hon'ble District and Sessions Judge along with Chairman, District Legal Services Authority Barnala Ji from District Legal Services Authority, and as per the guidelines of District Legal Services Authority Barnala, various activities have been organized by District Legal Services Authority Barnala from 07.11.2022 to 13.11.2022. Giving information, Mr Gurbir Singh, Hon'ble Secretary, District Legal Services Authority, Barnala said that National Legal Services Authority is conducting a campaign from 31st October to 13th November to inform people about the schemes of NALSA in which awareness seminars are being held in every village of Barnala district by lawyers and paralegal volunteers. Free legal services to people Awareness is being provided about the court etc. During this campaign, from 31st October 2022 to 13th November 2022, awareness seminars were organized by lawyers and paralegal volunteers at every village, ward, and street mohalla of Barnala district and free legal aid scheme, Nalsa scheme, national people Court, Permanent Lok Adalat, Toll-Free Helpline No 1968 etc. information was given and publicity materials were distributed.

Literary event at Pakho Kalan by Saint Bachanpuri International School

KULDEEP SOOD
BARNALA, NOV 13

At St. Bachanpuri International School Pakho Kalan, under the leadership of Chairman Ravinderjit Singh Bindi, President Amarjit Kaur Babli Khipal, the fourth novel of versatile writer Buta Singh Chauhan was released at the library of the institution under the leadership of President Amarjit Kaur Babli Khipal. The Chief Guest of the event, Former Parliamentary Secretary Sant Balveer Singh Ghunna and State Awardee Bhola Singh Virk, President Guru Gobind Singh College Sangheda said that Chauhan is a writer dedicated



to the art of writing who has achieved accolades in the literary field by writing forward-thinking books. The name has been illuminated. It is a commendable effort by the school management to connect literature with students by organizing literary events at the institution and bringing famous writers to the students.

20 MVAs at Dental College at cost of Rs.2.15 crores, a new power transformer will be installed: ETO

KULJIT SINGH
JANDIALA GURU, NOV 13

Suffering from Dengue for the last few days: Harbhajan Singh ETO. Those who were undergoing treatment at Guru Nanak Dev Hospital have fully recovered and have been discharged from the hospital today. On this occasion, the Cabinet Minister thanked the doctors and all the staff and said that dengue is being treated well in government hospitals and all dengue tests are also free. He appealed to the people to stay away from diseases like dengue and follow the instructions issued by the health department so that dengue can be



avoided. He said that there is no shortage of treatment in government hospitals and expert doctors are treating dengue patients. The Minister of Electricity said that ICU at Guru Nanak Hospital. Under the building there were 2 47 year old 1000 KW power transformers, which could have caused any untoward incident

Rotary Club Patiala Mid Town hosted 1st Pre President Secretary training seminar



RAWEL BHINDER
PATIALA, NOV 13

1st Pre PETS/SETS of RI 3090 Year 2023-24 under the Patronship of DGE Ghanshyam Kansal hosted by RC Patiala Mid Town held at Rotary Bhawan Patiala. Rtn. Adv. Gulbahar Retole District Governor RI 3090 year 2022-23 with the galaxy of Governors and Past Governors inaugurate the Training seminar. Presidents and Secretaries of 30 Clubs of RI District 3090 were trained by District Trainer PDG Rtn. Prem Aggarwal, Chief Advisor PDG Rtn. Amjad Ali and team. Rtn. Bhagwan Dass Gupta President RC Patiala Mid Town welcome the Chief Guest DG Rtn. Gulbahar Retole Guest of Honour DGEN, Rtn. Dr. Sandeep Chauhan, galaxy of Past District Governors, dignitaries and participants. DGE Rtn. Ghanshyam Kansal honoured the Chief Guest, Guest of Honour, all dignitaries, host club President and team with Beautiful Momentoes. Vote of thanks by AG 2023-24 Rtn. Ramanjit Dhillon. DGN Rtn. Dr. Sandeep Chauhan, PDG Swetenter Raj Passi, PDG Bagh Singh Pannu, PDG Dr. B. M. Dhir, PDG Dr. Harbans Pathak, PDG Pardeep Chahal, Manik Raj Singla, Dr. Akash Bansal, Saurav Jain, N. K. Jain, Ramesh Singla, Rakesh Singla, Shish Pal Mittal, CA Rajiv Goyal, Dr. Sham Jindal, Coordinators District & Zonal Secretaries, Assistant Governors were also present.

ADG Border Security Force visits Subsidiary Training Center Kharkan Camp



DALJEET AJNOHA
HOSHIARPUR, NOV 13

Asif Jalal, IPS, Inspector General Punjab Frontier & Subsidiary Training Centre, Border Security Force, Kharkan received Pankaj Ghoomar, Additional Director General Border Security Force. Pankaj Goomar, Additional Director General reviewed the preparations for the Border Security Force Raising Day Parade 2022 at Subsidiary Training Center Kharkan and said that for 'Raising Day' of Border Security all have to work hard with full zeal and enthusiasm. He further reiterated the parole contingents to maintain the pace of preparation and put up an excellent drill following the great tradition of BSF. Pankaj Goomar, Additional Director General appreciated Asif Jalal, IPS, Inspector General, Punjab Frontier, S S Mand, Commandant (Training), STC Kharkan and his team for proper preparation and smooth arrangements for the parade.

In memory of Munish Garg, charitable physiotherapy centre opened at Moonak

SUSHIL GOYAL SANGRUR: In memory of Munish Garg of Moonak, who died at the age of 28 three years ago, a Charitable Physiotherapy Centre was today opened in the premises of S.S. Jain Sathanak at Moonak, about 60 kilometers from here. The Centre has been opened to serve the humanity and help the needy persons of remote areas of the Moonak Tehsil of Sangrur district. It was opened in the august presence of Jain saint, Narinder Muni Ji, a disciple of late Jain saint, Sudarshan Muni Ji Maharaj. On the occasion Rajiv Kumar and Priyanka Garg, both physiotherapists, examined and gave treatment to dozens of patients. They also impart knowledge to the patients to do exercise at their respective houses daily. The Centre will function from 10-00 am to 4-00 pm daily to provide treatment to the needy. Among others who were present included Hem Raj Mittal, Additional District Sessions Judge, Fatehabad; Gora Lal Garg, a retired Executive Engineer (Irrigation) from, Patiala, Jinender Jain and Ramesh Jain, president and patron respectively of S.S. Jain Sabha, Moonak; and Raj Kumar Garg from Chandigarh.

Students of Bharat College of Education excelled in ETT Results



KULWINDER KARWAL SARDULGARH: Bharat College of Education running under the National Council of Educational Research and Training is successfully providing its services in the backward area of ??Sardulgarh. This year the result of ETT session 2020-22 of the college has been 100%. Meanwhile, Rainu Jain got the first position with 978 marks, Sandeep Kaur got the second position with 954 marks and Navjot Kaur got the third position with 953 marks. College Principal Dr Geetish Goga congratulated the toppers and wished them a bright future. Addressing the students, he said that in today's era of competition, students also want to participate in various educational activities, cultural programs, sports competitions etc. along with studies. Every year educational tours, webinars, seminars etc. are organized in the college keeping in mind the all round development of the students. CEO of Management Committee Rajesh Garg and Admission Director Mohit Jain congratulated the Principal, Heads of various departments along with all staff members and students.

Two-days athletic meet at Blossoms Convent School



SUKH NAHAR JAGRAON: Two days athletic meet was conducted at the premises of Blossoms Convent school. The Athletic meet commenced with Volleyball matches of boys and girls. After that the students participated in various athletic activities including races and long jump. XI Humanities group scored first position and tenth class students got second position in Volleyball. School principal Dr. Amarjit Kaur Naaz said that all the students participated in the atheletic meet with great enthusiasm and performed to the best of their ability while maintaining discipline and exemplary spirit towards the games. She congratulated the winners and emphasized that school ground always serve as a stepping stone for the students. She further said that every great sportsperson starts from small grounds and works hard consistently to make their nation proud on international level. She also appreciated sports incharges Rakesh Kumar and Amandeep Singh for conducting the program smoothly.

Swami Roop Chand Jain school shines in competitions held by MC



SUKH NAHAR JAGRAON: Swami Roop Chand Jain senior secondary school performed excellently in the painting, best out of waste and pot painting competitions organized by Municipal council Jagraon for the students of classes 6th to 10th. The competition was organized in the presence of municipal council president Jatinderpal Rana, EO Manohar Singh, CF Seema, Captain Naresh Verma, Shikha, Davinder Singh. Telling more about this, school principal Rajpal Kaur said that the students performed excellently in all the activities and made the school proud by attaining top positions. The position holding students including Himanshu, Sukhjeet Kaur, Taneesh, Kirti Yadav, Sukhjeet Kaur.



YUGMARG, CHANDIGARH, MONDAY, NOVEMBER 14, 2022

Punjab makes mandatory to use 20% of straw as fuel for brick kilns

SHASHI PAL JAIN
CHANDIGARH, NOV 13

The State Government, which is making continuous efforts in the management of paddy straw, has taken an important step in this direction and has decided to make it mandatory for brick kilns across the state to use 20 per cent of straw as fuel.

It was disclosed by Environment, Science and Technology Minister Gurmeet Singh Meet Hayer in a press communique here today. He said that under the guidelines of Chief Minister Bhagwant Mann, the State Government has issued a notification that 20 percent of straw pellets for brick kilns must be used as fuel. He also said that brick kiln owners have been given six months to prepare for this new management and action will be taken against those who do not implement these instructions after May 1, 2023. Meet Hayer said that in situ and ex situ works are being done by the State Government to help farmers in stubble management and deal with the problem of pollution caused by stubble burning. The farmers of Punjab have been provided 1.25 lakh machines on subsidy for in situ stubble management whereas under ex situ, industries are being encouraged to use stubble as



fuel. Efforts are being made to generate CNG, electricity and other energy sources from straw, said the Minister. Meet Hayer said that under the new decision, 20 percent use of straw as fuel in brick kilns will give a big boost to straw management and farmers will also get financial help by

selling straw. He further said that the Department of Environment and Science and Technology will provide all technical assistance to the brick kilns. Besides, all Deputy Commissioners have also been asked to follow these instructions under the notification issued in this regard.

Parvinder Batra's book 'Gyan Ganga' released

NAWANSHAHR (CHET RAM RATAN): Divya Satsang and Lokarpan Mahotsav a was organised at Shiv Dham Nehru Gate Temple today. In this event, the religious book Gyan Ganga written by Dharma Pracharak Parvinder Batra was released and divine discourses were delivered by National Saint Baba Bal Ji Maharaj. This program was organized by Shyam Shyam Sankirtan Mandal and Vishwam Seva Society. Lord Krishna sat with Radha Rani in the beautiful building at the entrance of the temple and the whole temple was decorated with beautiful lights. A bhandara was organized after the program. Arora Mahasabha Punjab president Rishi Arora, Pandit Ajay Vasishtha, Pandit Deepak Mishra, Barjindra Singh Hussainpur, Lalit Mohan Pathak, Avinash Rai Khanna, Sant Vairag Puri, Sant Karuna Puri, Dixit Bhardwaj, Bhagwat Acharya Swami Rishiraj, Mata Anandgiri, Mahant Raj Kumar, Kulwinder Deva and heads of all institutions of Navanshahr were present.



Rs.15 crores will be spent for the development of Ludhiana city

SACHIN MOUDGILL
LUDHIANA, NOV 13

The Punjab government led by Chief Minister Bhagwant Mann is continuously making efforts to provide basic facilities and clean environment to the people of the state. Taking another step in this direction, Local Government Minister Dr. Inderbir Singh Nijjar said that the Punjab government has decided to beautify Ludhiana, under which around Rs 15 crore will be spent for various development works.

Divulging more details, the Local Government Minister Dr. Inderbir Singh Nijjar said that reconstruction of Dhandri bridge will be done using mastic asphalt and ready mixed concrete with bituminous concrete, reconstruction of road will be done from Chandigarh Road to Tajpur Road at Ward No. 16-17 on Puda road. Apart from this, along with Budha Nallah the road from Chand Nagar Pulli to Kundan Puri



Railway line at Ludhiana will also be reconstructed. Dr. Nijjar further said that the development of green belt in Ludhiana will be done from Petrol Pump to Jalandhar Bye pass RHS Wing, Aman Sweet to Jalandhar Bye pass LHS wing. Development of green belt on both sides will be done from Shiv Puri to Kundan Puri railway line crossing including Budha Nallah, he also added. The Cabinet Minister said that similarly, the development of various parks of Ludhiana, the boundary walls of the parks.

ASSOCHAM in partnership with NCW organizes conference on rights of differently abled women



CHANDIGARH: In a significant move, ASSOCHAM, India's leading industry body, in association with the National Commission for Women (NCW) organized a conference on 'Rights of Differently Abled Women(DAW)' in Chandigarh. Representatives of over 50 NGOs took part in the conference. "Empowering differently abled women is the need of the hour. The gap between abled and differently abled can be reduced through accessibility. We must come together as a community and work towards providing accessible education, health and employment opportunities and create a space of dignity and inclusion for all," said Keerti H Singh, Chair, ASSOCHAM North Region Women Empowerment and Development Council, and Chairperson, Hartek Foundation. As per an estimate, two per cent of the female population have any type of disability, of which 55 per cent are illiterate (Census 2011). These women encounter additional prejudices, discrimination, neglect, violence, and exclusion that hinder their enjoyment of rights. Mrs Singh added that true sustainable development cannot be realized without reaching out to disabled women in general and those from weaker sections of society in particular.

Crusher owner registered a case of extortion against leaders of "Ilaka Sangharsh Committee"

HARNAMAN BHATIA
NANGAL, NOV 13

Dalveer Singh, a resident of village Dadhi, who was running a crusher in village Elgaran in the name of Ludhiana Stone Crusher, made serious accusations against the leaders of the Ilaka Sangharsh Committee, which was continuously fighting against illegal mining in the area during the Congress government. The application given to the police jointly by some of his colleagues against the leaders of the Ilaka Sangharsh Committee, Tikka Yashvir Chand, Advocate Vishal Saini, Hardev Singh, Jarnail Singh, Surinder Singh shinda and Jaswinder Singh Giani, has been registered under a case by the Nangal police station. Confirming this, SHO of Nangal police station Danishveer Singh said that Dalveer Singh had submitted that in the year 2021, the crusher and the raw material of Rakesh Kumar Chowdhury resident of Jammu were from the approved quarries of Sensowal, Majari, and from other villages with other crushers, used to buy material and used to load raw material from these quarries through their tippers and bring it to their crushers.



Police produces Rakesh Chaudhary Jammu in Nangal court

HARNAMAN BHATIA
NANGAL, NOV 13

Yesterday, Rakesh Chaudhary Jammu, who is known as the kingpin of mining in Punjab, was produced in Nangal court today under strict police arrangements. Police presented Rakesh Chaudhary in the court of Madam Gurjit Kaur Dhillon, PCS Additional Civil Judge (Senior Division)-cum-Sub Divisional Judicial Magistrate, Nangal.

Where Harmohan Singh Pal, Senior Advocate of Rupnagar, Advocate RPS Bara and senior advocate Satish Sharma appeared and presented their arguments and defended him. He was sent to police remand for two days by the honorable judge.

Talking to reporters outside the court, Advocate Harmohan Singh Pal said that Rakesh Chaudhary was sent to police remand for two days



by the honorable judge and he will be produced in the court again on Monday. He said that Rakesh Chaudhary has been suffering from injustice by the government. It is to be noted that a case was registered against Rakesh Chaudhary under various sections on November 2 at Nangal police station. After which Rakesh Chaudhary was arrested yesterday by the Nangal police.

On the other hand, regarding this, DSP Nangal Satish Sharma confirmed this and said that this case was registered against Rakesh Chaudhary Jammu by Nangal

Accident victim can get legal assistance from 50 thousand to 2 lakh: Mukesh Verma

VERMA
GURDASPUR, NOV 13

Under the direction of Chairman Rajinder Agarwal and Secretary CJM Navdeep Kaur Gill under the campaign of National Legal Service Authority Organized seminar in AVM Senior Secondary School qadian, and in SN Collegiate under the supervision of Nodal Officer Parminder Singh Saini

and leadership of Principal padam Kohli and Principal Harpreet Singh Hundal, District Coordinator Legal Services Authority Mukesh Verma informed the students about legal services. On this occasion, he said that the National Legal Services Authority Act was established in the



year 1987, which was later constituted as the National Legal Services on 5 December 1995. Mr. Mukesh Verma said that the main objective of the State Legal Services is to provide free and fair justice to the people, to settle disputes in an amicable environment through Lok Adalats and to conduct camps in rural areas to create legal awareness among the people. Under this, people are

being made aware through the students in the schools of the district

He said that besides women, children, members of SC/ST category, people suffering from emergency situations, families of victims of violence, floods, drought, earthquakes, etc., disabled persons and people living in police custody are provided free legal aid.

Sanjeev Arora, MP gives suggestions to Railways to further streamline services in Ludhiana distt

LUDHIANA (SHARMA): Sanjeev Arora, Member Parliament (Rajya Sabha) has given a few suggestions to the Railways to further streamline services of the railways in the Ludhiana district. Arora gave suggestions today after receiving an official communication dated November 9, 2022 from Dr Seema Sharma, DRM, Northern Railway, Ferozepur. Dr Seema had asked for the suggestions from Arora, apprising him that Ferozepur Division of the Northern Railway has progressed tremendously during the current financial year and to give further impetus to this, ideas were requested.

In reply to the DRM's letter, Arora said, "Through various platforms and forums, have been listening to the woes of the commuters and would like to highlight few issues pertaining to Ludhiana District where I am resident." He hoped that his suggestions would help making life easier for public in large. He wrote that current situation of Ludhiana railway station especially platforms is in poor state and needs major infrastructural upliftment/revamp. Arora further stated that the currently huge number of passengers trains are halting at Ludhiana station and hence it is unable to cater the passenger footfall and advised that some passenger trains should be given halt at adjoining Dhandari and Phillaur railway stations rather than Ludhiana.



Abhivyakti Season-2 turns out to be as invigorating



RAJ SADOSH
ABOHAR, NOV 13

The second day of the AWWA LitFest Abhivyakti Season-2 turned out to be as invigorating and engaging as the first-only with different colours and flavours for the bibliophiles and the art connoisseurs.

The theme of the day was 'Khula Aasman' – very apt for an event which has provided an open platform for showcasing wide range of creative activities.

One day CNE organised by Dietetics department PGI



CHANDIGARH: Department of Dietetics, PGIMER, Chandigarh in association with Nutrition Society of India, Chandigarh Chapter organized a Continuing Nutrition Education (CNE) on Sunday 13th November 2022 at Bhargav Auditorium, PGIMER, Chandigarh on the theme "Challenges and Nutritional Strategies in Gastrointestinal Disorders – Prevention and Treatment" The program was inaugurated by the Chief Guest, Director Prof. Vivek Lal, PGIMER, Chandigarh. Shri Kumar Gaurav Dhawan, Deputy Director administration, Prof. Ashok Kumar, AMS and other faculty members were also present on the occasion. Diet and nutrition are known to play key roles in the pathogenesis and as therapeutic options in many gastrointestinal diseases. The amount of food, its form, the frequency of feeding, and the composition of diet each have important effects on GI function and may be used to help ameliorate signs of GI disease. Right from uncomplicated digestive issues like constipation, diarrhea and Gastroesophageal Reflux Disease (GERD) to complicated ones like Crohn's disease, Ulcerative Colitis, Irritable Bowel Syndrome (IBS), gastrointestinal cancer.

SHORT TALKS

"Our defence unit has improved in last 2-3 matches," says UP Yoddhas' coach Jasveer Singh

Pune: The UP Yoddhas registered a comprehensive 41-30 victory over the Telugu Titans in the Pro Kabaddi League Season 9 at the Shree Shivchhatrapati Sports Complex, Balewadi in Pune on Saturday. Speaking about their victory, UP Yoddhas' Head Coach Jasveer Singh was quoted as saying by PKL, "It was a good game for us. The Telugu Titans team has been playing well in their recent matches and Siddharth Desai has made a difference to the side. Our defence unit was making a lot of mistakes earlier, but they have improved in the last two-three matches. Now they are being a bit patient and playing quite well." The Head Coach also spoke about the fan support the Yoddhas have received this season, "The fans' support is very important for any team. Even though Pune is not our home ground, we have still received support here. The fans love Pardeep Narwal so we get a lot of support because of him." Matches on Monday: The Purner Paltan will be looking to get back into winning ways when they take on the Bengal Warriors on Monday. However, Captain Maninder Singh and Shrikant Jadhav have been in excellent form for the Warriors. The Haryana Steelers are desperately looking for a victory after facing three straight losses, but the Gujarat Giants' raiders Rakesh and Chandran Ranjit will pose a strong challenge for the Steelers.

Bangladesh announce 17-player squad for New Zealand tour

DHAKA: Bangladesh Women on Saturday have added four uncapped players - Rabeya Khatun, Disha Biswas, Dilara Akhter and Marufa Akter - in their 17-player squad against New Zealand for three T20Is and as many ODIs. Biswas is a pacer, Rabeya is a legspin allrounder, Dilara is a wicketkeeper-batter, and Marufa Akter is a seamer. Rabeya, Biswas, and Dilara were part of the Under-19 team that recently defeated Malaysia at home. Against them, Disha claimed eight wickets while Rabeya claimed six. In four innings, Dilara scored 157 runs, including two half-centuries. Shohely Akhter, Sobhana Mostary, and Shamima Sultana were not included in the team. In three Asia Cup games, wicketkeeper-batter Shamima managed just 50 runs. Additionally, Mostary has recently struggled, scoring just 27 runs in her last six T20I innings. At the Asia Cup, Shohely took two wickets in one inning. The first match of the T20I series will be played on December 2 while the second and third will take place on 4 and 7 respectively. Then the team will move forward to the ODI series. The opening ODIs will take place on December 11 while the second and last will be held on 14 and 17 respectively. The ODI series will be Bangladesh's first assignment in the current cycle of the ICC Women's Championship. Squad: Nigar Sultana (capt & wk), Sharmin Akter, Fargana Hoque, Rumana Ahmed, Ritun Moni, Lata Mondol, Salma Khatun, Nahida Akter, Murshida Khatun, Jahannara Alam, Fahima Khatun, Sanjida Akhter, Faiha Islam, Marufa Akter, Rabeya Khatun, Dilara Akter and Disha Biswas.

Escon Primera Tricity Bankers League - Edition 1 (TBL) begins

CHANDIGARH: The first edition of Escon Primera Tricity Bankers League (TBL) began here today with the support of SPORTSAGA. At the grand opening ceremony of TBL, Colonel Amit was the chief guest. The first match was won by the State Bank of India by 34 Runs against the Punjab State Cooperative Bank team. Batting first SBI scored 167 runs in 20 overs and in reply PSCB could only scored 133 runs. Despite of the loss, Ravi from PSCB team was declared as the Best Bowler for taking 4 wickets, Mandeep Singh from SBI as the Best Batsman for scoring 59 runs in 37 balls, Sam Chhetri from SBI as the Game Changer for taking 3 wickets and Agochar Grace from PSCB was announced as the Player of The Match for scoring 85 runs in 64 balls. Rahul Jain, Owner, Escon Primera and Gaurav Kohli, Founder, Sports Saga, said, "We are excited to host the Edition 1 of the Tricity Bankers League (TBL). This endeavour is to bring the bankers on a common platform. We are hopeful that all the participating bankers will have a good time at the TBL." Also present on this occasion were: HK Das (Regional Head, Union Bank of India, Chandigarh), Arun Kumar (Field General Manager, Union Bank of India), Sanjay Gupta (Chief Information Technology Officer, Punjab State Cooperative Bank), Akhilesh Kumar (Assistant General Manager, Bank of India, Chandigarh), Brijinder Sharma (Special Assistant, Ex Ranji Trophy Player, and currently Director, Players Association, BCCI epic Body HPCA Chapter)

UT boys register an inning and 463 runs win over Mizoram

CHANDIGARH, The magnificent double ton by Ishmeet and Nikhil blends well with a deadly spell from Paras helped Chandigarh to register an innings and 463-run emphatic win over Mizoram on the second day of the Cooch Behar Trophy being played at Cricket Stadium, Sector 16 on Sunday. UT boys dominated the opposition after they resumed their overnight score of 241 for the two in reply to Mizoram's 53. Ishmeet and Nikhil shared a 234-run partnership for the third wicket. Thereafter, Ishmeet (203) returned to the pavilion after being injured wherein he smashed 22 boundaries and one six. The third wicket of the innings fell in the form of Paras (40). Chandigarh declared its inning for 578 runs at the loss of four wickets with the dismissal of Nikhil (209). His knock was studded with 34 boundaries. Mizoram failed in their second innings against the deadly spell from Paras (5/6) which included a hatrick also. The visitors were bundled out for mere 62 runs. Chandigarh's next match is scheduled against Tamil Nadu at their home ground from November 19.



Stokes powers England to second title win, beat Pak by 5 wickets

AGENCY MELBOURNE, NOV 13

Top performances from Sam Curran and Ben Stokes powered England to their second ICC T20 World Cup title after 2010, as they defeated Pakistan by five wickets in a gripping low-scoring final at the Melbourne Cricket Ground (MCG) on Sunday. England delivered a fantastic performance with the ball, reducing Pakistan to 137/8. Sam Curran (3/12) lead the English batting attack. Chasing 138, England was reduced to 45/3 before powerplay, but Stokes (52*) delivered in a big match once again to take his side to a victory. Chasing 138, England lost opener Alex Hales in the first over itself for just one run after Shaheen Afridi sent a delivery crashing

through his gates. England was 7/1 in one over. Phil Salt joined skipper Jos Buttler. The duo attacked young pacer Naseem Shah, smashing him for three fours, with the captain hitting two. Just when it seemed that the duo was building a partnership, Haris Rauf intervened to send back Salt for just 10 off nine balls. England was 32/2 in 3.3 overs. All-rounder Ben Stokes came to bat next. Rauf got his second wicket of the match as he dismissed the skipper Buttler for 26 off 17 balls. England was 45/3 in 5.3 overs. At the end of powerplay in six overs, England was 49/3, with Harry Brook (4*) joining Stokes (1*). The duo helped England reach halfway through their innings without any damage. At the end of 10 overs, England was at 77/3, with Brook (14*) and Stokes (17*). Stokes-Brook were bringing England

back into the game, one run at a time. But their stand was cut short at 39 runs by spinner Shadab Khan, who dismissed Brook for 20 off 23 balls. Shaheen took a brilliant catch at long-off. England was 84/4 in 12.3 overs. Moeen Ali joined Stokes to carry on with the chase. At the end of 15 overs, England was 97/4, with Stokes (28*) and Ali (3*). England touched the 100-run mark in 15.4 overs. England needed 38 in 26 balls. Stokes relieved some pressure by smashing a four over covers and a six over long-off to bring down the equation to 28 needed in 24 balls. Moeen smashed pacer Mohammad Wasim for two boundaries in the first two balls of next over, bringing down the deficit to 20 runs in 22 balls. He also hit a boundary on the final ball, leaving England to chase 12

runs in the final three overs. The 48-run stand between Ali and Stokes came to an end after Wasim dislodged the former's stumps. The left-hander's short, but valuable cameo was over at 19 runs in 13 balls. England needed 6 in 10 balls and five of their batters were back in the hut for 132. Stokes brought his first half-century in T20I cricket with a four in 47 balls. Scores were levelled. Stokes brought the winning runs, England finished the innings at 138/5 in 19 overs, with Stokes unbeaten at 52* off 49 balls and Liam Livingstone at 1*. Rauf (2/23) was the pick of the bowlers for Pakistan. Shaheen, Wasim and Shadab picked one each. Earlier, Sam Curran, Chris Jordan and

Adil Rashid delivered stunning spells to restrict Pakistan to 137/8 in the final of the ongoing ICC T20 World Cup at the iconic Melbourne Cricket Ground (MCG) on Sunday. Sam Curran delivered stunning spell and bagged three while Chris Jordan and Adil Rashid took two wickets each respectively. Shan Masood scored the highest runs for Pakistan with 38 while skipper Babar Azam scored 32. Put to bat first, openers Babar Azam and Mohammad Rizwan opened Pakistan's tally in the first inning by bagging 8 runs in the very first over of all-rounder Ben Stokes. Stokes delivered a no-ball on the very first delivery of the innings as the all-rounder swung it away and Rizwan covered for it as he defended to mid-off.

Irfan gives befitting response to Pakistan Prime Minister

NEW DELHI: Irfan Pathan, a former all-rounder for India, gave a befitting response to Pakistan Prime Minister Shehbaz Sharif's tweet following India's 10-wicket loss to



England in the 2022 T20 World Cup semi-final. Irfan Pathan replied to the tweet of the Pakistan PM and suggested that there is a massive difference between the two countries. He further said that while India is happy and content in its happiness; Pakistan derives happiness from the suffering of others, and that is the reason the Pakistan PM is not focused on the betterment of his own country.

"Aap mein or hum mein fark yehi hai. Hum apni khushi se khush or aap dusre ke taklif se. Is liye khud ke mulk ko behtar karne pe dhyani nahi hai," replied the World-Cup winning all-rounder. A tweet from Pakistan PM Shehbaz Sharif garnered attention on the micro-blogging website following England's win over India. "So, this Sunday, it's: 152/0 vs 170/0 #T20WorldCup," Pakistan PM tweeted on November 10 after the T20 World Cup final lineup was confirmed. While India suffered a crushing 10-wicket loss against England on November 10, Pakistan were able to oust New Zealand in the first semi-final. The win ensured them a place in the ICC T20 World Cup final while India crashed out following their loss. In the ongoing T20 World Cup summit clash, England will lock horns with Pakistan on Sunday and both teams will look forward to capturing their second title. England take on Pakistan in the final of the ICC Men's T20 World Cup at the iconic Melbourne Cricket Ground (MCG) in Melbourne.

Uthappa wants to see new players given more opportunities in India's T20 team

DUBAI: ICC T20 World Cup winner and former Indian cricketer Robin Uthappa has revealed the next batch of players he believes should be given the opportunity to cement their place in India's T20 team. With the senior player like captain Rohit Sharma, Virat Kohli, Ravichandran Ashwin and Dinesh Karthik closer to the end of their careers than the start, Uthappa believes the time is right for young Indian players to be given a chance to shine and show their talent. Uthappa, who played a crucial role in guiding India to their maiden T20

World Cup title in 2007, said a host of batters with minimal international



experience should be given a further opportunity to earn a spot in the playing

ICC announces hosts of U19 global events until 2027

DUBAI: The International Cricket Council (ICC) Board has approved Sri Lanka, Malaysia and Thailand, Zimbabwe and Namibia and Bangladesh and Nepal as the host countries of the ICC U19 events from 2024-2027. The ICC U19 Men's Cricket World Cup 2024 will be hosted by Sri Lanka whilst the 2026 edition will be staged in Zimbabwe and

Namibia. The ICC U19 Women's T20 World Cup 2025 will be held in Malaysia and Thailand, and the 2027 U19 Women's event will be jointly hosted by Bangladesh and Nepal as announced by ICC. The hosts were selected via a competitive bidding process overseen by a Board sub-committee chaired by Martin Snedden. The ICC Board accepted the

recommendations of the committee who conducted a thorough review of each bid along with ICC management. The qualification pathway for the 10-team ICC Women's T20 World Cup 2024 was approved. Eight teams will qualify for the event automatically comprising the top three teams from each group from the ICC Women's T20 World Cup 2023.

Maxwell out for extended period after breaking his leg in freak accident

AGENCY MELBOURNE, NOV 13

Australia all-rounder Glenn Maxwell has been ruled out of cricket for an extended period after suffering a broken leg in "a freak accident" at a birthday party in Melbourne on Saturday. The all-rounder has been ruled out of the upcoming ODI series against England beginning this week and will undergo a lengthy rehabilitation after fracturing his left fibula on Saturday. He slipped while running in

a backyard with a friend and his leg became trapped. The injury means Maxwell won't have the chance to make a rare Sheffield Shield appearance in early December or feature for Australia A against South Africa. "Glenn is in good spirits. It was an unfortunate accident and we feel for Glenn in the circumstances given he was in great touch in his last few games," Australia's selection chief George Bailey said in an official statement on Sunday. "Glenn is a critical part of our white ball structure and we



will continue to support him through his recovery and rehabilitation," he added. Sean Abbott has been named as the replacement for Maxwell in the squad for the ODI series. Earlier Jonny Bairstow of England was sidelined for the rest of the year earlier after slipping while playing golf and breaking his ankle severely. Josh Inglis, the wicketkeeper for Australia, was injured severely while playing golf the day before the T20 World Cup and was forced to skip it.