

# YUGMARG

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CIRCULATED IN DELHI, CHANDIGARH, PUNJAB, HARYANA, HIMACHAL AND J&amp;K



Focus on farm-sector to enrich the rural economy: Deputy CM



British-American novelist Salman Rushdie' Bungalow in controversy again



We will wipe out political filth spread across country with a broom: Pb CM

Gupta seeks renaming of Chandigarh Railway Station as Chandigarh P'kula Rly Station



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## No person or relation is above nation: PM Modi

AGENCY  
NEW DELHI, NOV 25

Taking examples from the life of Lachit Borphukan, Prime Minister Narendra Modi on Friday said that "no person or relation is above nation" and his life inspires us to live the mantra of "Nation First" instead of nepotism and dynasty.

He made the remark while addressing the closing ceremony of the year-long celebrations of the 400th birth anniversary of Lachit Borphukan in New Delhi today.

The Prime Minister also released the book - 'Lachit Borphukan - Assam's Hero who Halted the Mughals' on the occasion.

In line with the Prime Minister's vision to honour the unsung heroes in a befitting manner, today's occasion is celebrated to honour the 400th birth anniversary of Lachit Borphukan, the famous General of the Royal Army of the Ahom Kingdom of Assam who defeated the Mughals and successfully halted the ever-expanding ambitions of the Mughals under Aurangzeb.

Addressing the gathering, the Prime Minister started with expressing his regard for the land of



Assam which gave brave sons like Veer Lachit. "We bow to the valorous Lachit Borphukan on his 400th birth anniversary. He played a pivotal role in preserving the culture of Assam", he said.

The Prime Minister said, "India is celebrating the 400th birth anniversary of Lachit Borphukan at a time when the country is marking 'Azadi Ka Amrit Mahotsav'."

Terming Veer Lachit's exploits a glorious chapter of the history of Assam, the Prime Minister said, "I salute this great tradition on the occasion of the festival of India's eternal culture, eternal

valour and eternal existence."

The Prime Minister reiterated India's mood to get rid of the mentality of slavery and take pride in its heritage. India is not only celebrating its cultural diversity but also acknowledging the unsung heroes and heroines of its history.

"Immortal sons of Maa Bharati like Lachit Borphukan are the inspiration for fulfilling the resolutions of the Amrit Kaal. They make us familiar with the identity and glory of our history and also spur us to dedicate ourselves to the nation," the Prime Minister added.

"In the thousand-year-old history of human existence", the Prime Minister remarked that there were numerous civilisations that walked the earth, many that seemed imperishable, but it was the wheel of time that brought them down to their knees.

Pointing out the differences between other civilizations and India, Prime Minister said that the world today assesses history based on the remains of such civilisations, but India which faced unexpected adversities in history and withstanding the unimaginable terror of foreign invaders still stands immortal with the same energy and consciousness.

"This happened because of the fact that whenever there was a crisis, some personality emerged to tackle that. In the epoch, saints and scholars came to protect the spiritual and cultural identity of India. Bravehearts like Lachit Borphukan showed that forces of fanaticism and terror perish but the immortal light of Indian life remains eternal," the Prime Minister emphasised. Shedding light on the history of Assam, the Prime Minister said that it belongs to the precious heritage of India's cultural journey.

## Manohar Lal meets Sitharaman, demands a special package for State



BUREAU  
CHANDIGARH, NOV 25

Haryana Chief Minister has demanded Union Finance Minister, Smt. Nirmala Sitharaman to give a special economic package to Haryana because 14 districts of Haryana are included in the NCR region.

Therefore State should be given a special economic package keeping in mind that a lot of resources have to be spent on the construction and maintenance of infrastructure in these areas, said Sh. Manohar Lal while speaking at a pre-budget consultation meeting with Union Minister, Smt. Nirmala Sitharaman held in Delhi on Friday.

During the meeting, Chief Minister said that Haryana's area of 25,327 square kilometre

and population of 164.3 lakh comes under NCR. The region consumes a lot of resources for infrastructure, water, sanitation, urban development and connectivity.

He said that in NCR, Haryana Government is spending money on the development of the KMP Expressway, the Rail Orbital Project, the Development of 5 Cities of 2.5 Lakh Hectares along the KMP Corridor as a Panchgram Vision, an Integrated Multi Modal Logistics Hub at Narnaul, an International Horticulture Market at Gannaur and other big projects.

The demand made by the Haryana Government for a special package from the Central Government for the implementation of these projects is justified, added Sh. Manohar Lal.

## Gujarat: 3 held for flying drones in restricted areas during PM's visit to Bavla



AGENCY  
BAVLA, NOV 25

Three persons were arrested for flying drones in restricted areas during Prime Minister Narendra Modi's visit to Bavla, said police.

The incident pertains to PM Modi's visit to Bavla in connection with the Gujarat polls during which three persons were doing video recording by drone camera from the main road near Sabha place. The entire area of two kilometres near the Sabha was notified as a "No drone flying zone", informed officials.

The arrested accused have been identified as Nikul Rameshbhai Parmar (24),

Rakesh Kalubhai Bhavrad (35), and Rajeshkumar Mangilal Prajapati (20).

"One police constable Anup Singh Bharatsang of Local Crime Branch, Ahmedabad Rural, identified some persons operating a micro-drone from the main road near the Sabha ground. On apprehending the operators of the drone and asking them to take down the drone, the three persons complied and took down the drone. The BDDS team immediately checked the drone and confirmed that the drone was only for filming and had an operating camera and it did not have any explosives or any other harmful object," said police on Thursday.

## Suitcase with body parts found in Faridabad; Police suspect links with Shraddha Murder

AGENCY  
NEW DELHI, NOV 25

The body remains recovered from a suitcase at a forest area in Haryana's Faridabad on Thursday afternoon are suspected to be of the 27-year-old woman from Mumbai, Shraddha Walker, who was killed by her live-in partner in Delhi.

Faridabad Police have contacted the Delhi Police following the recovery of the suitcase with body parts in the Surajkund forest area.

According to police, the remains were wrapped in a plastic bag and a sack, and clothes and a belt were also



recovered near the suitcase.

Prima facie, it appeared that a person was murdered elsewhere and a

part of the body was dumped here to avoid identification, Faridabad Police said in a statement.

Faridabad police have shared the information with Delhi police, and on the basis of which, a team of Mehrauli police of South Delhi, investigating the horrific Shraddha murder case, also reached the spot and joined the investigation.

Delhi police officials suspect that the body remains recovered from the suitcase could be linked with the Shraddha Walker murder case.

The body parts (including torso) found in the suitcase appears to be months old, and it is not clear if they

were of a man or woman, said sources.

They said that the body remains have been sent for post-mortem examination, and things will become clear once the post-mortem report is received. "Faridabad police officials have also said that they will keep samples aside, in case Delhi police would want to go for a DNA test," official sources told a news agency. Aaftab Amin Poonawalla, accused in the macabre Shraddha Walker murder case, is currently in police custody and is undergoing Perceptual Ability Test (PAT) - a psychological analysis test.

## Manish Sisodia alleges BJP conspiring to kill Arvind Kejriwal

NEW DELHI: Aam Aadmi Party (AAP) leader Manish Sisodia on Friday again alleged that Bharatiya Janata Party (BJP) was conspiring to kill Delhi Chief Minister Arvind Kejriwal and that he will submit a complaint regarding the same to the Election Commission. The Delhi Deputy Chief Minister also demanded that BJP's Manoj Tiwari be arrested for his "threat" against the AAP national convener. "Manoj Tiwari has threatened Kejriwal,

which makes it clear that BJP is conspiring to murder Arvind Kejriwal. The way Manoj Tiwari ji has spoken yesterday, it was an open threat that after failing to trap Kejriwal through various attempts has now come to the level of killing him. Manoj Tiwari is asserting for the sake of saying that he (Delhi CM) can be attacked by anyone, how did he know? This needs to be investigated hence will file a complaint with Election Commission.

## SC agrees to examine plea seeking legal recognition of same-sex marriage

AGENCY  
NEW DELHI, NOV 25

The Supreme Court on Friday agreed to examine pleas seeking legal recognition of same-sex marriage under the Special Marriage Act as it issued notice to the Centre on the petition.

A bench of Chief Justice of India DY Chandrachud and Justice Hima Kohli issued notice to the Centre and Attorney General on the petition.

The top court also noted that various pleas relating to same-sex marriage issues are being heard in various High Courts including Kerala and Delhi. It also noted the Centre made a statement before HC that the Ministry was taking steps to transfer all pleas to the Supreme Court.

Two gay couple has approached the High Court to recognise same-sex marriage.

Appearing for one of the petitioners, Senior Advocate Mukul Rohatgi said that they are not touching any religion and they are only seeking recognition under the Special



Marriage Act.

Meanwhile, one of the petitions raised the absence of a legal framework that allowed members of the LGBTQ+ community to marry any person of their choice.

According to the petition, the couple sought to enforce the fundamental rights of LGBTQ+ individuals to marry any person of their choice and said, "the exercise of which ought to be insulated from the disdain of legislative and popular majorities."

The petitioners further asserted their fundamental right to each other and prayed for appropriate directions from this Court in doing so.

## Chandigarh carnival to begin from Dec 2nd

BUREAU  
CHANDIGARH, NOV 25

The Department of Tourism, Chandigarh Administration is organising Chandigarh Carnival from 2nd to 4th December, 2022 at Open Ground opposite Museum & Art Gallery, Sector 10, Chandigarh.

During this festival various fun and flora activities including setting up of amusement park, day cultural programmes including three Mega Musical Nites are also being organized as a part of celebration.

As a part of event, the department is also organizing day cultural programme from 2nd to 4th December, 2022 at New Lake, Sector 42, Chandigarh and Morning Raga on 3rd and 4th December, 2022 at Botanical Garden and Sukhna Lake respectively



ly with classical artists.

What makes it different from Previous Carnivals is that the Carnival, 2022 from 2nd to 4th December, 2022 is to be celebrated after 2019. In the year 2020 and 2021, the carnival was not celebrated due to Covid-19

pandemic. This year the Department is organizing Morning Raga on 3rd December, 2022 at Botanical Garden and on 4th December, 2022 at Sukhna Lake. The Day Cultural Programme will also be organized at New Lake, Sector 42, Chandigarh from 10:00

a.m. to 05:00 p.m. with artists of different States i.e. from Gujarat, Assam, Sikkim, Manipur, TamilNadu, Andhra Pradesh, Telangana etc. The stage will be open for public in which amateur artists can perform and show their talent. This year the Theme of Carnival, 2022 is "Apna Shehar Apna Jashan". The Carnival Parade will be organized from Open Ground opposite Museum & Art Gallery, Sector 10 to New Lake, Sector 42, Chandigarh with 75 nos. of Dholis. Accidental Prone Jhullas i.e. Giant Wheel, Columbus Boat, Break dance, Ranger, Tower Jhulla etc. will not be installed due to safety of public/visitors.

• Kite display on 3rd December, 2022 and Kite Competition on 4th December, 2022 at New Lake, Sector 42, Chandigarh.







## NCC day programme held



**JASWINDER SHARMA**  
**KARNAL:** Under the direction of Colonel Naresh Arya, Commanding Officer of 7th Haryana Battalion NCC at Government Women's College, Karnal, NCC Day programme was organised in which 44 NCC cadets took part. BCC cadets participated and the college campus was cleaned during the event. Good message of cleanliness was given to the cadets by Major Dr. Anita Joon. The cadets were inspected by the Principal of the college Dr. Nirmal Atri was the chief guest.

## Solar power plants to be installed in all govt buildings: ADC



**JASWINDER SHARMA**  
**KARNAL:** To promote energy conservation and solar energy, there is a plan afoot to install grid connected solar power plants in all government buildings through the Department of New and Renewable Energy and Hareda. Additional Deputy Commissioner Karnal Dr. Vaishali Sharma said that grid-connected solar power plants will be installed by the state government in Dharamshalas of registered scheduled castes and backward classes of the district on 75 percent subsidy. Twenty five percent of it will be borne by the concerned institution. He said that solar power plants of up to 5 kilowatts with or without battery banks will be installed in these Dharamshalas. This scheme is being implemented by Haryana government on first come first served basis. He said that 1 megawatt solar power plants will be installed across the state for 1 year, for which the government will provide a subsidy of about Rs 3.50 crore. The Additional Deputy Commissioner said that grid-connected solar power plants will be installed on government and non-government gurukuls, working women's hostels, orphanages, old age homes, Balgraha, Nari Niketan, Naturopathy, Red Cross Institutes and Charitable Institutions on 50 percent subsidy, of which 50 percent amount will be borne by the concerned institution. Solar power plants of up to 10 KW with battery bank and 50 KW without battery will be installed in these institutions. He said that the interested social organizations should be registered on NITI Aayog's mirror portal.

## Under Swasth Banega Halka campaign, ree health checkup camp will be held: Garg



**LADWA, (NARESH GARG):** Stalwart Foundation Chairman Sandeep Garg said that it is his dream that no one in Ladwa should be ill or face any kind of problem. He has a dream that Halka Ladwa campaign will become healthy, under that he is now going to start medical van, ambulance service as well as free health checkup camp of Journal Medical.

# HARYANA

YUGMARG, CHANDIGARH, SATURDAY, NOVEMBER 26, 2022

# Focus on farm-sector to enrich the rural economy : Dy CM

**BUREAU**  
**CHANDIGARH, NOV 25**

Haryana Deputy Chief Minister, Sh. Dushyant Chautala said that unless the villagers are informed about modern agriculture and agro-based enterprises, the nation and the state cannot grow significantly. He added that the officers should focus on the agricultural sector in order to make the economy prosperous.

The Deputy Chief Minister, who also holds the portfolio of Industries and Commerce Department, was reviewing the 'Haryana Agri-Business and Food Processing Policy' formulated under the Directorate of MSME today. On this occasion, Additional Chief Secretary, Industries and Commerce Department, Sh. Anand Mohan Sharan and other officers of the department were also present.

Sh. Dushyant Chautala directed the officers to create a strong 'value



chain linkage' and said that research should be emphasized so that those who set up their units under the 'Haryana Agri-Business and Food Processing Policy' get enhanced profit which will also give thrust to employment. He said that it is the endeavour of the state government to make Haryana the first choice of in-

vestors in the food processing sector. While directing to encourage value-addition in the products of agriculture and its allied sectors, dairy, horticulture, livestock, fish, poultry etc. in the state, he said that at present there is a lot of potential in these areas, in such a situation, there is a need to strengthen the rural economy.

While reviewing the units set up under the 'Haryana Agri-Business and Food Processing Policy', the Deputy Chief Minister said that the 'success-stories' of the entrepreneurs who have done excellent and exemplary work in the field should be brought before other villagers of the state. He added that such 'success-stories' should be publicized well so that other people can also get motivation from them.

He directed the officers to take up agriculture-based units in rural areas on priority basis so that the rural economy could be more prosperous.

## Agriculture, official's surprise inspection of drug sales centres



**SATISH SETH**  
**KALAYAT:** On Thursday, a surprise inspection of Vipin Fertilizer and Seed Medicine Sales Centres at Kalayat was conducted by Agriculture and Welfare Department officials. Samples of fertilisers, seeds and other medicines were also collected by the agriculture officers from the shops. Agriculture officers Dr. Rameshwar Shyokand and Dr. Satish Nara said that after paddy harvesting, the sowing season of wheat and other vegetables is going on. In such a situation, in order to make available high quality fertilisers, seeds and pesticides to the farmers, as per the order of the government, the records of various fertilisers, seeds, drug sales centres, fertilizers, pesticides and stocks of seeds etc. have been inspected and sales centre owners have been instructed that manure, seed etc. should be made available to the farmers as per their requirement. Appealing to the farmers, he said that there is no shortage of fertilisers, pesticides in the market.

## Lakshya scholar Khushi Gaur wins State Level SGFI Championship

**SHIV KUMAR SHARMA**  
**PANCHKULA :** Lakshya Scholar Khushi Gaur has won the state SGFI (School Games Federation of India) Games held in Panchkula from 22nd-24th November 2022. She represented the tennis team of the Gurugram district. The trophy was presented to her by Hon'ble Chief Minister of Haryana, Shri Manohar Lal Khatter. The SGFI promotes healthy competition, social connections, and cultural vivacity among athletes through quality physical education. Each state government in India conducts SGFI championships at the state level to promote school sports activity and athletic excellence in the country's school sports sector. Speaking about her victory, Khushi said that as a Lakshya Scholar, I am grateful to the M3M Foundation for supporting me and giving me wings to pursue my dreams. Initially, my family was worried about financing my tennis career. M3M Foundation's Lakshya Scholarship was a much-needed breath of fresh air. I have been able to hone my skills primarily due to the Lakshya scholarship, which has also provided me with opportunities to participate in state, and national competitions. I am currently focusing on participating in national-level tournaments.



## Counting of votes for ZP and Block Committee members on Nov 27

**PAWAN DAHOLA**  
**JIND, NOV 25**

District Election Officer and Deputy Commissioner Dr. Manoj Kumar said that as per the instructions of the Haryana State Election Commission, the counting of votes for Zilla Parishad and Block Committee members will be done at the respective centres on November 27 and all the preparations related to counting of votes have been completed by the administration.

Counting will start at 8 am on November 27. 14 tables each will be set up for counting of votes in Jind, Safidon and Uchana, 12 tables in Julana, 10 tables in Pillukhera, 8-8 tables in Alewa and Ujhana blocks. Zilla Parishad Votes will be counted for 187 wards of 25 wards and block committee

Counting will be held at District Election Officer Dr.



Manoj Kumar said that Arjun Stadium Hall of Jind, Government College Boys of Safidon, KM College of Narwana, KM College Narwana of Ujhana, Shri Shiv Sanatan Dharma of Uchana lead School, Government Model School of Pillukheda, BDPO Office Hall of Alewa and Government College of Julana, counting of votes of Zilla Parishad and Block Committee members will be done.

## Children of DPS Kids School visit zoo

**NARESH GARG**  
**LADWA:** Nursery class children of DPS Kids School located on Ladwa-Pipli road visited the bird house at Pipli on Friday and had a lot of fun. School Principal Deepti Vadera said that on Friday the children of the nursery class were sent to show Pipli Chidiya Ghar. He said that not only do children get to learn a lot from such programs and all these activities are equally important along with studies. He said that the children went to the zoo and saw different types of animals and birds and had a lot of fun.



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## Modi, Khattar bless Dr Arvind Sharma's daughter on her marriage

**SHIV KUMAR SHARMA**  
**ROHTAK, NOV 25**

In the marriage ceremony of Akshita, daughter of MP Dr. Arvind Sharma, veteran leaders including Prime Minister Narendra Modi blessed the bride and groom. Apart from the Prime Minister, Haryana Governor Bandaru Dattatreya, BJP National President Jayaprakash Nadda, Chief Minister Manhor Lal Khattar, Assam Chief Minister Himanta Bishwa Sharma, Nagaland Chief Minister Neiphiu Rio, Union Defense Minister Rajnath Singh, Union Sports Minister Anurag Thakur, Union Railway Minister Ashwani Vaishnav Union Industry Minister Piyush Goyal, Union Jal Shakti Minister Gajendra Shekhawat, Union Education Minister Dharmendra Pradhan, Union Minister of State for External Affairs Meenakshi Lekhi, Union



Minister of State for Power Krishan Pal Gujjar, Union Minister of State for Finance Pankaj Chaudhary, Union Minister of State for Road Transport General VK Singh, Union Animal Husbandry Minister of State Sanjeev Kumar Balayan, Home Minister Anil Vij, Agriculture Minister Jai Prakash Dalal, MLA Aseem Goyal, former Uttar Pradesh Chief Minister Jagdambika Pal, senior leader Kailash Vijayvargiya, BJP Parliamentary Board member Sudha Yadav, former Union Minister Harsh Vardhan, MP Rajeev Pratap Rudy, former

Union Minister of State Ratan Lal Kataria, former Union Minister Dr. Mahesh Sharma, MP Sanj Y Bhatia, MP Nayab Saini, MP Pravesh Verma, MP General DP Vats, MP Sunita Duggal, MP (Punjab) Maharani Preneet Kaur, MP Jhansi Anurag Sharma, MP Meerut Rajesh Agarwal, MP Rakesh Kumar from Madhya Pradesh, Power Minister Chow Ranjeet Chautala, MP Nishant Dubey, international wrestler Ravi Dahiya, international wrestler Babita Phogat and other dignitaries reached Ashoka Hotel and blessed the bride and groom.

## Technology transfer skills necessary: Naseeb Singh



**DARSHAN SHARMA**  
**NILOKHERI:** A five-day training programme on technical transfer skills for the officers of the Animal Husbandry Department concluded at Nilokheri, Extension Education Institute under Chaudhary Charan Singh Haryana Agricultural University. The closing ceremony was presided over by Dr. Naseeb Singh, Regional Director of the Institute. Addressing the participants, Dr. Naseeb Singh said that the Vice-Chancellor of Extension Education Institute, Chaudhary Charan Singh Haryana Agricultural University, Hisar, Professor B.K. R. Kamboj and Extension Education Director Dr. Under the efficient leadership of Balwan Singh Mandal, the work of training agriculture officers of 9 states of North India is being done. He said that extension officers need communication skills, leadership skills, decision-making ability and social media skills in their daily work so that they can more effectively reach the government's schemes, innovative techniques and information to the farmers.

## Social organisations to welcome 'Meera Chali Sastguru Yatra'



**RAJNI SONI**  
**YAMUNANAGAR:** Sarva Samaj Bandhutva Yatra, 'Meera Chali Satguru Ke Dham' will enter Yamuna Nagar district on December 1. Preparations are going on regarding this. Office bearers of 36 social and religious organisations held a meeting regarding preparations at Jagadhri Rest House. In this it was decided that the yatra would be welcomed from place to place. Welcome gates will be made at many places. Refreshments will be served. An exhibition will be organised at one place on drug addiction. RSS District Sangh Driver Advocate Mukesh Garg, Yatra Convenor Suresh Pal, Co-Convenor Rajni Prakash, District Co-Contact Chief CA Vivek Mittal, Arun Agarwal, Lakshya Bindra said that the Yatra is taking a pledge of social unity, fraternity and harmonious society in Media (Rajasthan) started from the birthplace of Meera ji on November 4. The Brotherhood Yatra passing through Punjab, Jammu Kashmir, Himachal Pradesh, Chandigarh will end at Satguru Dham, Dera Baba Lal Das Guru Ravidas Mandir Kapalmochan on December 4. The yatra will enter Haryana from Ambala city on November 27. On December 1, it will enter Yamuna Nagar district through that.

## CM attends wedding of Rana's nephew

**SHIV KUMAR SHARMA**  
**ASSANDH/ KARNAL, NOV 25**

Chief Minister Manohar Lal attended the wedding of BJP District President Yogendra Rana's nephew Siddharth and extended best wishes and congratulations to the family. On this occasion, the Chief Minister congratulated the groom by giving him a book and blessed him for a bright future. The wedding of Siddharth, son of Dushyant, elder brother of District President Yogendra Rana, was organised at GS Farm in Assandh, in which various ministers of the Chief Minister Manohar Lal Literature Cabinet, MPs, MLAs and former MLAs and other political parties were present.

The office bearers and BJP workers were also present and they wished them well and congratulated the family. These include State



President Om Prakash Dhankar, Haryana Home Minister Anil Vij, Education Minister Kanwar Pal Gujjar, MP Sanjay Bhatia, former State President Subhash Barala, Rai MLA Mohan Lal Badoli, Assandh MLA Shamsheer Gogi, Indri MLA Ram Kumar Kashyap, Gharunda MLA Harvinder Kalyan, Pundri MLA Randhir Golan, Former MLA Bakshish Singh Virk, Former

OSD CM Haryana Amarendra Singh, Yuva Morcha State President Rahul Rana, District Incharge Deepak Sharma, State General Secretary Ved Pal Advocate, State General Secretary Pawan Saini, Kurukshetra District President A large number of dignitaries including Ravi Battan, Kaithal District President Ashok Gujjar also attended the programme.

## Annual sports day held at OPS school



**PARI BAJAJ**  
**KARNAL:** The annual sports competition started today in OPS International School. The sports competition is organised for two days in which today Chairman Prakash Bansal, and Suman Bansal, Tarun Bansal, the school's manager Isha from the management committee of the school launched the games. Bansal inaugurated the sports competition. The programme started with lighting of the lamp and Ganesh Vandana. All the students of the school from class I to class XII participated in today's event. In today's sports competition, some had happy moments of victory and some with despair, but every defeat brings a new lesson. School's Academic Advisor Neeru Setia and Vice Principal Geeta Negi specially participated. Chairman Prakash Bansal praised the participating children in today's event and we have to start every moment with a new spirit and try to imbibe all the values around us by renouncing any evil. Managing Director Isha Bansal said that such an event leads to all-round development of the children. Along with education, sports have also been given a lot of importance in the school. Cricket academy is also running in the premises of the school, in which international level players have also been there. In today's event, the event was successful with the participation of all the teachers of the school along with the sports coach of the school, Praveen Kumar.

## Block level FLN meeting held



**NIRMAL SAINI**  
**RADAUR, NOV 25**

Block level FLN committee meeting was organised at the BRC office Radaur. ABRC and BRP participated in the meeting. BRP Sanjeev Kumar, Neha Rani and Vijay Kumar discussed in detail about the district level score card of FLN in the month of October. There was also a detailed discussion on teachers doing less work on skill passbook, not making groups according to class, a print rich environment and how to implement the subjects learned in FLN training well at the school level. There was also talk about the mathematics competition to be held at the CRC level. Deepchand, Sanjay Kumar, Ran-deep Singh, Rajat Sharma, Ruble, Ritu, Anu, Mamtesh and Manju Rani etc were present in the meeting.

## Three day sports meet at Maharaja Agrasen school held



**NIRMAL SAINI**  
**RADAUR, NOVEMBER 25**

The ongoing three-day sports meet at Maharaja Agrasen School Secondary Public School came to an end. On the third day of the sports meet, all the children from classes IX to XII participated. Competitions like single race, tug of war, kabaddi and short put etc were held in the sports meet. Teachers also became a part of the sports meet. The sports meet was organised under the supervision of sports coach Vijay. School Manager Dr. Sudesh Bansal honoured all the winners by giving prizes and said that such competitions are organised in the school from time to time.

By participating in the competitions, the hidden talent inside the children gets exposed and comes in front of everyone. At the same time, through competitions, children get to learn something new, which is useful for the children in the future. Aruna Sharma, Visha Kamboj, Manish, Nitish, Mamta Sharma, Divya, Rashmi, Archana and Ambika etc were present on this occasion.

## Guhla Chika MC's road sweeping machine a white elephant



**KULBHUSHAN SHARMA**  
**GUHLA CHIKA, NOVEMBER 25**

For the last 2 years, the road sweeping machine procured by the municipality in Guhla Chika is proving to be a white elephant. A machine worth lakhs of rupees is barely run for a day or two in a month and its rent per month is around Rs 4,70,000. The contractor has to pay and also has to pay the expenses of about 70 litres of oil per day. In this way, this city can be cleaned by employing hundreds of workers. Former chairman Tarsem Goyal while making the said claim said that 2 years ago, this machine was ordered by the municipality for the cleaning of the city, and in the beginning the machine was put to use too. But now, this machine has been standing for many months. Neither is it able to clean the city nor is it being used properly. All the works are only on paper because of which the government is being cheated of lakhs of rupees. He said that this machine was purchased by the government and sent to each committee so that roads and other places could be cleaned.



NEWS AT A  
GLANCE

**Martyrs' families angry over Pulwama attack mastermind Asim Munir being made Pak Army chief**



**JASPOONAM KOHLI DINANAGAR:** While Pakistan's Prime Minister Shehbaz Sharif announced the appointment of Lt. Gen. Asim Munir, the former head of Pakistan's intelligence agency ISI, as the country's new army chief, the anger of the Indians is at its peak. The Pulwama attack martyr, the sentiments of the families of the 40 martyrs including the families of other martyrs have also been hurt by this appointment. Members of Martyrs Sainik Parivar Suraksha Parishad and relatives of martyrs visited the residence of Constable Maninder Singh, a resident of Arya Nagar, who got martyrdom in the Pulwama attack. To protest against the appointment of Lt. Gen. Asim Munir, who promoted terrorism, as the army chief by the Pak government. On this occasion, against this decision of Pakistan, all the martyr families raised slogans of Pakistan and terrorism mardabad. On this occasion, Satpal Atri, the father of Constable Maninder Singh, the martyr of Pulwama attack, said with moist eyes that by declaring Asim Munir, the murderer of 40 soldiers including my son, as army chief, the Pak government has sprinkled salt on his wounds and that wound has been inflicted again today.

### Vasectomy fortnight organised at SDH



**KULWINDER KARWAL SARDULGARH:** A meeting regarding Vasectomy fortnight was held under the guidelines of Civil Surgeon Mansa Dr. Harinder Kumar Sharma and under the able guidance of Senior Medical Officer Dr. Ved Parkash Sandhu. Speaking on the occasion, Block Educator Tarlok Singh said that this Vasectomy fortnight is being celebrated from 21st November to 4th December under the theme of "Ab Purush Nibhayege jumewari Parivar Nyojan Apnakar dikhayage apni bhaadiri". Under this fortnight, there will be a mobilization phase from November 21 to November 27 in which the needy people will be made aware and a service delivery phase from November 28 to December 4. During this time Vasectomy camps will be set up. On this occasion, LHV Baljeet Kaur and Health Inspector Hans Raj said that this is a very easy method for men, after that there is no problem. He said that health department pays eleven hundred rupees for male Vasectomy. On this occasion, LHV Sukhwinder Kaur, Health Inspector Jarnail Singh, Balkrishna, Jeevan Singh Sahota and other staff were present.

### Seminar organised by District Legal Services Authority

**YADWINDER KADGILL TARN TARAN:** As per the instructions of Mrs. Priya Sood, Hon'ble District and Sessions Judge-Cum-Chairperson-District Legal Services Authority Tarn Taran a Seminars were conducted by Advocate Mandeep Singh and Bhupinder Singh PLV organized at Dehri Development Office Tarn Taran, Village Johal Raju Singh and Lalu Ghuman. On the occasion Right to Education Act 2009 and Fundamental Rights, Fundamental Duties, Acid Attack, Rape, Motor Accident Claims Compensation and villagers were made aware of the ill effects of drugs. Apart from this, Mediation, Labor Rights in Unorganized Sectors, MGREGA Schemes and Social Security Schemes, People's Courts, Mediation, POSCO Act, Women's Rights, Acid Attack, Para Legal Volunteer Schemes, Children's Helpline no. 1098, Police Helpline no. 112 NALSA HELPLINE NO. 15100, Domestic Violence, PNDT Act, MGREGA, Right to Education, Rights of Parents and Elders, Rights of Children, Juvenile Justice Act 2000, POSCON Act 2012, Insurance Act, Fundamental Rights and Duties, Acid Attack, Rape, Motor Accident Claims and Victim Compensation Schemes including NALSA Scheme.

# We will wipe out political filth spread across country with a broom: CM

**SHASHI PAL JAIN CHANDIGARH, NOV 25**

Hitting out the the BJP government in Gujarat, Punjab Chief Minister Bhagwant Mann on Friday said that Gujarat wants a "new Arvind Kejriwal engine government" not the "double-engine" as both the engines are 40-50 years old. He urged people to give a chance to the Aam Aadmi Party (AAP) in the upcoming assembly elections.

Addressing massive road shows in Bardoli here, Chief Minister Bhagwant Mann said that there is a wave of change in the state. These people sing praises about the double-engine government but this time people of Gujarat do not need a double-engine but a new engine of Kejriwal, which will bring development and eradicate unemployment as well as corruption from the state. Urging people to give a chance to AAP, Mann said that after forming the government in the state, AAP will usher a new era of politics in the state and all the corrupt leaders will be taken to task for plundering the public money and filling their own coffers for past decades.

He said that the overwhelming response of people in his roadshows is proof that people are eager to repeat the history of Delhi and Punjab in the state.



This time common people will collapse the political fortress of the BJP, which has been in power for the past 27 years. The Chief Minister said that BJP has been running the government in Gujarat for decades in dearth of any substitute. The people were deprived of basic facilities like education and health. But now people are ready to teach a lesson to BJP in the upcoming assembly elections. He stressed that

AAP will clean up the filth spread in the political arena with a broom across the country including Gujarat. In December AAP will form a pro-people government in the state. CM Mann said that its contest is not against Congress or BJP but AAP's fight is against corruption, unemployment, rising inflation, paper leak and lack of basic amenities for people in the state.

## CS gives green signal to upgrade large format film theatre in Pushpa Gujral science city

**GAURAV GOEL CHANDIGARH, NOV 25**

Taking forward the vision of Punjab Chief Minister Bhagwant Mann to nurture science, technology and innovation in the State, Punjab Chief Secretary Vijay Kumar Janjua today gave green signal to upgrade Large Format Film Theatre in the Pushpa Gujral Science City, Kapurthala.

A decision to this effect was taken in a meeting of Governing body of science city held under the chairmanship of Chief Secretary here today. The Chief Secretary gave a go ahead for upgradation of Large Format Film Theatre from the existing system to high resolution full



dome digital immersive projection system. He said that the Pushpa Gujral Science City (PGSC) has been entrusted with the responsibility to spearhead Mission Popular Science.

Janjua said that Governing Body has approved the procurement of a new 3D film "Dino Safari" which will soon be launched for benefit of general public and students. He further said that the State Government had sanctioned Rs.5 Cr. during the current Finan-

cial Year out of which Rs.4 Cr. has already been released for visit of Government School students. Secretary Science Technology and Environment Rahul Tewari informed that Science City has been organizing interactive student based activities every alternate day. Director General Science City Dr. Neelima Jerath informed the meeting that in the last seven months (1st April to 31st October 2022) total 1,54,110 visitors have visited the Science City.

## Sanatanis will be made to wear Trishul: Rohit Sahni

**LUDHIANA (GAMBHIR):** Rohit Sahni, convenor of Shri Hindu Shakti Mocha, said in a press release issued here today that in order to connect the youth of the state with works in the interest of the country and religion and to enable them for self-defense, the Trishul will be allowed for use to Sanatanis. Trishul initiation will start from December 1. Sahni told that Lord Bholenath and Adi Shakti Maa Bhavani, the favorite of Sanatan Dharma, also wore Trishul while destroying the wicked and today when anti-national anti-social elements have become active, religious leaders are being killed in absence of self-defense by the state government.

The Hindu society is feeling insecure due to the ban on issuing arm license for arms, so a special campaign is being started to connect with the Sanatani culture by wearing the weapon given by God. He told that in the first phase, 1100 youths from all over the state will be made to wear Trishul Deeksha by complete Sanatani method and chanting.



## Election of the vice-president of Morinda Municipal Council again postponed



**SANJEEV TEJPAL MORINDA, NOV 25**

The election of vice president of Municipal Council Morinda has been postponed once again. SDM Mr. Amrik Singh Sidhu said that the councilors present in the meeting did not present any person's name for the vice president and after continuous noise keeping in mind the law-and-order situation, this election has been postponed till further orders. It may be mentioned that on 14th February 2001, Congress party candidates got majority in the local municipal council elections. The then Chief Minister Charanjit Singh Channi reserved

## Lajpat Rai DAV college's staff observes one-day strike



**JAGRAON (SUKH NAHAR):** The staff of Lajpat Rai DAV college Jagraon observed a one-day strike against the principal and DAV college management committee, New Delhi expressing their disappointment on long pending salaries for 9 months. The union members highly criticized the management for ignoring the welfare of the staff members. They said that the non-payment of salaries for a long time has been affecting their personal lives. "The concerned authorities need take serious the matter seriously as the continuous strikes not only affect the college staff but also the studies of students which is highly unfortunate," they said. The members of union demanded immediate payment of the salaries and added that the protests shall continue until their demands are fulfilled. At this occasion, Prof. Vikas Mendiratta, Dr. Kunal Mehta, Dr. P.S Bajwa, Dr. Shaijla Goyal, Prof. Renu Singla, Prof. Kalika Jain, Dr. Pallavi Kataria, Prof. Priyanka were also present.

## NSS dept of RR Bawa DAV College for Girls, Batala organized 'Swachhta Rally' under 'Swachhhta Abhiyan'

**BATALA (VERMA):** Under the patronage of Dr.Ekta Khosla, Principal, RR Bawa DAV College for Girls, Batala and under the guidance of Mr. Pankaj Kumar (NSS Coordinator) and Mrs. Naiya Mahajan (Co-coordinator), a 'Swachhhta Rally' was organized by NSS volunteers under SwachhhtaAbhiyan. Total 60 volunteers participated in this rally and visited the surrounding areas of Gopal Nagar and Gopal Enclave along with Sh.SukhdevBajwa (MC, Gopal Nagar) and Sh. VarinderVerma (Gopal Enclave). The main objective of this swachhhta drive was to sensitize and aware people about the importance of



hygiene and cleanliness. Principal Dr.Ekta Khosla appreciated the effort of NSS department and encouraged them to organize such programs in future also.

## All govt buildings to be solarised soon, says Aman Arora

**SUMER GARG CHANDIGARH, NOV 25**

In order to further strengthen the clean energy infrastructure in the state, Chief Minister S. Bhagwant Mann led Punjab Government is mulling to equip all the state government buildings with solar power.

Disclosing this, Punjab New and Renewable Energy Sources Minister Mr. Aman Arora said that he has written a letter to Heads of all the departments in this regard. In this letter, their consent has been sought to install Solar Photo-voltaic (PV) panels on the rooftops of the office buildings under Renewable Energy Services Company (RESCO) Mode. All the Heads have also been directed to appoint a senior officer of their departments as a Nodal Officer to coordinate with Punjab Energy Development Agency (PEDA) to smoothen the process of solarising the building of the departments concerned. The



Cabinet Minister informed that PEDA has already installed solar PV of a total capacity of 88MW on the rooftops of various government buildings and these have been successfully generating clean and green energy. This revolutionary move, in turn, will help in creating hundreds of direct and indirect jobs, besides helping in meeting the electricity deficit by providing relief to the overloaded distribution network. It will also reduce the electricity cost to the state government thus becoming more efficient, he added.

## Decision taken regarding mother tongue this, is commendable



**GURDASPUR (VERMA):** Aam Aadmi Party's promises to the people of Punjab before the assembly elections are being fulfilled. These words were expressed by Aam Aadmi Party's State Joint Secretary Babita Khosla. During the conversation, Khosla said that the promises made by the Punjab government to the people before the Lok Sabha elections. They are being consistently completed on time. She said that the previous Congress government had cheated the people of Punjab, but the people will not be cheated by the AAP government. An example of this can be seen continuously during the decisions taken by Chief Minister Bhagwant Singh Mann, just like the people of Delhi are happy to be associated with your government, similarly the people of Punjab are also happy to be associated with your government. And now Gujarat elections are near and a large number of Gujaratis are feeling proud to join AAP.

## Aadhaar card enrollment facility available in all post offices and service centers

**SUMER GARG SANGRUR, NOV 25**

The Unique Identification Authority of India (UDID) has launched a mobile application called 'mAadhaar' which can be downloaded by any Android or iPhone to check the basic information about the authenticity or fakeness of the details recorded in the Aadhaar card of any Indian citizen.

Mobile Phone holder can download from play store. While giving this information, Deputy Commissioner, Sangrur, Mr. Jatindra Jorwal said that making Aadhaar card is necessary for every citizen because Aadhaar card is required to get the benefits of various schemes of the central and state government, banking and other various citizen services. He said that to promote Digital India, the ba-



sic details of the concerned person would be revealed when the QR code printed in the Aadhaar card is scanned through the 'M Mobile' app. During the video conferencing meeting of the district level committee constituted to monitor the proper implementation of Aadhaar related services in the district, the Deputy Commissioner instructed the committee members to take appropriate steps to increase the Aadhaar enrollment rate. The Deputy

Commissioner said that it can be downloaded only on the mobile number that is linked to his Aadhaar card so that he can avail various services related to the application including Aadhaar for up to five family members. Card, update address in Aadhaar, re-download lost Aadhaar, Aadhaar Security, off line etc. services are included The Deputy Commissioner said that for the convenience of the citizens, the facility of making Aadhaar card is being provided at all the offices and service centers of the postal department. He appealed and said that priority should be given to making Aadhaar card after the birth of the child and also at the Anganwadi centers, the children who have not been enrolled in Aadhaar have been identified and instructed to complete it on a priority basis.

## Annual function held with fanfare at Dashmesh SSS Talwandi Sabo

**ISHWAR GARG TALWANDI SABO, NOV 25**

The annual prize distribution ceremony of Dashmesh Senior Secondary School, Talwandi Sabo, a renowned and old educational institution of the area, was held with great fanfare in the school yard.

Bathinda Deputy Commissioner Shokat Ahmed Pare and MLA Prof. Baljinder Kaur were the chief guests while SDM Talwandi Sabo Sarangpreet Singh Aujla participated as a special guest in the event. As soon as the chief guests arrived, they were welcomed with the music of the band. The principal of the school, Sania Kamra welcomed the chief guests, the dignitaries and the parents of the students. The program



started with singing of shabads. Thereafter, poems, songs, plays, choreography, Giddha, Bhangra etc. were presented by the school students. Principal Sania Kamra read the annual progress report of the school and informed about the activities of the school in detail.

Deputy Commissioner Bathinda Shokat Ahmed Pare in his address praised the school and encouraged the students to study as well as participate in all activities and always fol-

low the rules. MLA Prof. Baljinder Kaur said that this is an old and reputed institution of the area and the residents of the area should make maximum use of it. SDM Talwandi Sabo Sarangpreet Singh Aujla also presented his views.

At the end of the program the students who took part in the program were felicitated. The staff members, including the school principal, honored the chief guests with mementos.

## Jagmohan clears referee test conducted by World Karate Federation

**HOSHIARPUR (DALJEET AJNOHA):** Punjab's internationally renowned Karate Coach and International Referee Sensei Jagmohan Vij once again made the name of Punjab and India proud at the international level by passing test of Judge A (Kumite) Exams successfully organized by the World Karate Federation at Konya (Turkey). Just before the World Karate championship. This important and prestigious exams were conducted by World Karate Federation's Referee Commission headed by RC Chairman Sensei Javier Escalante (Sweden), Secretary Sensei Fariba Madani (USA) and Assistant Secretary Natalija Dajcman (Austria). During this examination, which lasted for 5 days includes Referee Course, Theory Exam and Practical Exam. Jagmohan has to perform different duties in eight bouts as Judge, Referee and Match Supervisor in front of 8 members examination panel. Jagmohan Vij, who passed this examination test by proving his worth in front of the connoisseur's eyes of senior most referees of WKF, is considered among the best referees of India. Born and brought up in Kapurthala, Punjab, Jagmohan has been imparting karate training in Hoshiarpur for more than 34 years. It is noteworthy that he was selected among 6 referees from India for this upgradation exams by the National Karate Federation (Karate India Organization) considering his talent and ability as well as his dedication towards Karate. An 8-member examination panel headed by Chairman, Referee Commission of the Asian Karate Federation, Sensei Mansour Al Sultan (Kuwait) with Takahashi Kazuo (Japan), Giuseppe Zaccaro (Italy), Ugur Kobas (Turkey), Pirkko Heinonen (Finland), Metyout Zitouni (Morocco).



## Dhaliwal sent fire engine given to Ajnala



**KULJIT SINGH JANDIALA GURU, NOV 25**

Cabinet Minister S. Kuldeep Singh Dhaliwal today flagged off the fire engine to the fire station established at Ajnala to strengthen the fire safety infrastructure in the area to prevent any untoward incident of fire. S. Dhaliwal said that this fire engine will prove helpful in protecting lives and property of people

from frequent incidents of fire. He expressed the hope that this will help to prevent incidents of burning of standing crops during the harvest season apart from domestic, commercial, industrial units. On this occasion, Mr. Raman Kumar Chainpuria, Mr. Deepak Bhatti, Mr. Amit Puri, Pavitar Singh, Rachpal Singh, Davinder Singh, Amardeep Singh and other dignitaries were present.



Poster making road  
safety held



**ASHOK KUMAR  
TAHLIWAL:** Poster making competition on the topic of Road Safety was organized by Eco Club and Road Safety Club of Sant Dhangu Wale at Gurjar Government College Beaton. Principal Dr. Satish Kumar Bansal inspired all the students to follow the traffic rules. Ecoclub Convener Prof Gurjit Kaur and Road Safety Coordinator Prof. Ramesh Kumar told that in this competition, Vansh got first, Radhika second and Anuradha got third position.

Dalai Lama congratulates  
Anwar Ibrahim on  
becoming PM of Malaysia



**SANJAY AGGARWAL**  
**DHARAMSHALA:** Tibetan spiritual leader Lama has written to congratulate Anwar Ibrahim on becoming the Prime Minister of Malaysia. The Dalai Lama wrote in his letter that I had the privilege of visiting your beautiful country in 1982, when I was invited to speak on peace and universal responsibility. I was also glad to have had the opportunity to exchange views with the late Prime Minister Tunku Abdul Rahman and other leaders. The Dalai Lama said these are very challenging times. It is my hope that Malaysia will continue to prosper and contribute significantly to the peace and stability of our increasingly interconnected world. I wish you every success in meeting the challenges ahead in fulfilling the hopes and aspirations of the people of Malaysia.

HPCA announces  
men's U-16 team

**SANJAY AGGARWAL**  
**DHARAMSHALA:** The Himachal Pradesh Cricket Association (HPCA) has announced the men's under-16 team. The team will land in Cuttack, Odisha on December 1 to play the Vijay Merchant Under-16 Trophy. Will play its four matches in Group A in Cuttack in the month of December. HPCA has announced 16 team members for this. Akshay Vashisht has been made the captain of the team. Akshay Vashisht hails from Solan, while the vice-captain is Armaan Vij, who hails from Shimla. Aditya Kataria from Bिलासपुर, Anshul Sharma, Vastav Garg and Ashmit Thakur from Hamirpur, Advance Chambiyal, Siddhak Dhillon, Ansh Dhiman from Kangra district, Devesh Joshi from Kullu, Moksheets, Shivansh Kapoor, Armaan Vij from Shimla in selected under-16 team of HPCA , Kshiti Thakur, Akshay Vashisht of Solan, Devanshish, Naunihal, Anuj Kanwar of Una are included.

HIMACHAL

YUGMARG, CHANDIGARH, SATURDAY, NOVEMBER 26, 2022

British-American novelist Salman Rushdie’  
Bungalow in controversy again



AGENCY  
SHIMLA, NOV 25

Indian born British-Amrican novelist Salman Rushdie's Solan located Bunglow is in thick of controversy as caretaker of this ancestral property are in face to face with each other regarding its possession. It is worthwhile to mention here that auther of world famous fiction life Midnight Children and Satanic Versus won legal battle about 23 yrs ago to take possession of 'Anees Villa' is on Forest Road in Solan city but Rushdie couldn't returned here since 20 years. Solan's Additional SP Ajay Kumar Rana said that a case has been registered on the complaint of some people vandalizing Anees Villa in Sadar police station. The matter is under investigation . Property was looked after by caretaker



Govind Ram and Rajesh Tripathi who are face to face regarding the possession of this bungalow. The matter has reached the court. Rajesh Tripathi has lodged a case of sabotage against the caretaker of the bungalow, Govind. Tripathi claims that he takes care of this bungalow. On the other hand, the caretaker Govind Ram claims that he has been taking care of the property for 25 years. Salman Rushdie and his friend Vijay Shankar had given him the responsibility of taking care of the property. On behalf of Govind Ram, his lawyer says that the matter is in the court and the court has given a stay order in it. Property caretaker Govind claims that 25 years ago, Salman

Rushdie and his friend Vijayshankar had talked about giving him salary and other expenses in return for taking care of the property. Everything went well till the year 2012, but after that salary started coming occasionally. After the year 2018, the salary did not come even once. Now Rajesh Tripathi wants to get him out of here. Govind said that he would hand over this property only to its real owner, Salman Rushdie. Govind's lawyer Vikrant Chauhan said that on October 8 itself some people came here and started throwing out Govind's belongings. A petition was filed in the court on this, on which the court gave a stay. Rajesh Tripathi

DEO checked the security arrangements of  
the strong room

**DHARAMSHALA:** District Election Officer (Deputy Commissioner) Dr. Nipun Jindal on Friday inspected the security arrangements of the strong rooms made at Shahpur and Nurpur sub-division headquarters of district Kangra and gave necessary guidelines regarding the security arrangements to the personnel deployed there. After the inspection, Dr. Nipun Jindal told UNI that after the voting process for the assembly elections in the district on November 12, EVM machines have been kept in the strong rooms at the respective sub-divisional headquarters. As per the guidelines of the Election Commission, an impenetrable security cordon has been made regarding the security of EVMs. Three cordons have been made for this. Central para military forces and police personnel are deployed on 24x7 strong guard of the strong room. At the same time, 24-hour monitoring is also being done with CCTV cameras.

SJVN becomes first CPSE to  
implement ISO 31000:2018  
for Risk Management System

DINESH AGARWAL  
SHIMLA, NOV 25

Nand Lal Sharma, Chairman & Managing Director, SJVN informed that SJVN is now ISO 31000:2018 Company with successful implementation of Risk Management System. ISO 31000:2018 provides guidelines, framework & process for managing any type of risk in an organization. Sharing this achievement, Sh. Nand Lal Sharma stated that SJVN is first CPSE to achieve this distinction from National Productivity Council after comprehensive audit as per ISO standards. Risk Management System of the company is well integrated with its business processes in corporate office as well as the projects. Nand Lal Sharma further apprised that SJVN has formulated & implemented Cyber Crisis Management Plans for Cyber risks, Hedging Policy for Financial Management, Crisis & Disaster Management Plans for Floods, Earthquake etc. and Emergency Preparedness Plans for Corporate Office building. Further, Risk Steering Committees have been constituted in all projects, which quarterly review the risk profiles and thereafter the same are further reviewed by Risk Management Committee at Corporate level. Risk Management System at SJVN



includes the exercise of identification, assessment and prioritization of risk in all aspects i.e. Strategic, Operational, Financial, Technological, Business environment, Statutory, Design, Development, Execution of projects, Contractual, Contract Management etc. followed by periodic monitoring to control and minimize the probability and impact of unexpected events. SJVN has always been a leader in implementing International Management Systems like ISO 9001 for Quality Management Systems, ISO 14001 for Environment Management Systems, ISO 45001 for Occupational Health and Safety Management Systems and ISO 27001 for Information Management Systems. International Organization for Standardization (ISO) is an independent worldwide Federation of National Standards Bodies which develops and publishes international standards in technical and nontechnical fields.

80% students failed in first year  
of Nalagarh Degree College



**ANWAR HUSSAIN**  
**NALAGARH:** Hundreds of students are protesting in degree college due to disturbances in papers and late results.Slogans are being raised against the HP administration. Fury protest held against HPU administration by raising slogans of Murbabad. Student organizations said: If the rechecking of papers is not done by the HPU administration, then they will be forced to do a big movement.The state government is playing with the education of thousands of students.Students who got 85 percent marks in plus two were also failed. The entire building of the college has been captured by the police, EVMs kept in the building.Police personnel preventing students from going to class.

ABVP holds demonstration



JOGINDER DEV ARYA  
BANGANA, NOV 25

Akhil Bharatiya Vidyarthi Parishad unit Bangana showed anger on university results.A protest demonstration was organized by the Akhil Bharatiya Vidyarthi Parishad unit of Bangana. Unit president Nikhil Dhiman, unit secretary Tikshan Arya, unit vice president Shubham Sharma, senior workers Akshay Sharma, Anjali, Nitika, Dhara, Priyanka, Manu, Krishna, Anurag, Prince, Ayush Dhiman, Rohit, Dhiman, Aman Sharma are the main participants in this strike. There was a demonstration of Ashish and about 70 to 80 students participated in this protest demonstration. Slogans were raised against the university for the poor results. Out of 100% of the results of BSc, BA, BCom in Himachal Pradesh, only 20% children have been able to pass in the results. Rest of the students have failed in three to four subjects by only one or two marks. The university has made this a business because of which children of every section of the society come under its grip.

Shrimad Bhagwat Katha concludes  
with story of Syamantaka Mani

S GAUTAM  
BADDI, NOV 25

On the last day of Shrimad Bhagwat Katha, Vyaspeeth Pawan Kumar Sharma described the queens of Lord Krishna. He told that there were 8 queens whose water eclipse took place on different occasions. When Lord Krishna had freed 16100 girls from the prison of Narakasura, all of them told Krishna that no one would marry them because of local law. Then Krishna did mass marriage with all of them.That's why it is said that Lord Krishna had 16108 Rani. He further told that Satrajit Yadav worshiped Suryanarayan. Then Lord Surya removed from his neck tand gave to Syamantaka which gives eight loads of gold daily. When Satrajit Yadav went to the society after getting the gem, Shri Krishna expressed his desire to get that gem. Satrajit did not give that gem to Shri Krishna and gave it to his brother Prasenjit. One day Prasenjit mounted a horse and went for hunting. There a lion killed him and took the gem. Jamwant, the king of bears, killed that lion and took the gem and went to the cave. Jambavanti is the daughter of Jambavanti of the Ramayana period. Lord



Shriram had given Jambavant the boon of being Chiranjeevi. That's why they are still alive. When Shri Krishna went to the forest to collect Syamantaka gem, he came to know that Jambavantji living in a cave had that gem. Shri Krishna said to Jambavantji, give me this gem because it is of Satrajit. Jamwant said for this you will have to fight with me. Jamwantji was very powerful. There was a fierce battle for 28 days. When Jambavat started losing, he looked at Shri Krishna carefully after getting tired and said that Lord I have recognized you, you are my Ram. He repented that I fought with my idol. He then told Shri Krishna that you have to marry my daughter. In this way Jambavanti became the wife of Shri Krishna. Earlier today, the completion of the Katha took place in which all the residents of the colony participated.

State govt disobeyed orders of  
Centre in giving land  
compensation Sudarshan Sharma

SANJEEV MAHAJAN  
NURPUR, NOV 25

Construction work of the first phase of expansion of National Highway 154 Pathankot Mandi is going on on a war footing, but the state government has defied the orders of Union Surface Transport Minister Nitin Gadkari in giving land compensation. State Congress spokesperson Sudarshan Sharma made this allegation during the press conference while addressing the journalists in Jasur.Sudarshan Sharma said that Union Minister Nitin Gadkari had said during the press conference in Chandigarh that if the state government agrees, then the central government is ready to give compensation under the Land Acquisition Act 2013! Accusing of mutual collusion, it was merely termed as an election stunt, for which the Fourlane affected people in Himachal have given a strong protest. State Chief Minister Thakur Jairam and high officials of National Highways Authority just demonstrated a friendly match in the matter of compensation amount. By forming fake sub-committees, they kept on playing with the feelings of the victims. But the Congress government has shown its real face by reducing even the circle rates fixed by 50% which has caused financial loss to one lakh affected families of the state.



Traditions of all religions tell us to  
do good to others: Dalai Lama

SANJAY AGGARWAL  
DHARAMSHALA, NOV 25

Tibetan spiritual leader Lama on Friday started a two-day teaching on the topic Teaching the Fundamental Wisdom of Middle Approach from 25 to 26 November at Chuglakhang, the main Buddhist monastery located in McLeodganj, Dharamshala, in which local Tibetans as well as their followers from abroad participated. On this occasion, the Dalai Lama said that the traditions of all religions give us the message that we should do good to others. He said that it has been told in Buddhism that we are not able to help others because of distress in our mind. Tribulation arises from



seeing things, but it is not proven by nature. Can only feel it. I practice Buddhist mind and practice emptiness every day. Everyone should do this exercise regularly. The Dalai Lama said that we should have the thought of universal welfare, such a mind should be there. There should not be a selfish mind. By seeking the welfare of all, the mind will be good and the

body will be good. Along with the creation of peace, there will be a joy in the heart. The Tibetan spiritual leader, the Dalai Lama, said that the wheel of life is not perfect by nature, that we are in a way lost in what we perceive, what we perceive. One who is not proven by nature, then there is no need to have too much attachment to him. He said that everyone

should be a good person. Do good to the people. Have compassion for people. Emptiness and intellectuality should be practiced. When we sit, we like something in it, then attachment arises, if we do not like it, then anger arises. In a way, we get caught up in all these things. Bhavachakra is not proven by nature. Things are proven by nature, so it should be understood. What has been said in scriptures and religions is not proven by nature. What has been explained about emptiness and the living beings who are living in ignorance, who are living in klesha, should be removed with Satyagrachata to remove them from ignorance. Everyone in the world wants happiness.

Academic session admission  
schedule released in Himachal  
Pradesh Agricultural University

SANJAY AGGARWAL  
DHARAMSHALA, NOV 25

Himachal Pradesh Agricultural University Palampur has released the schedule of merit based admission process for the new academic session. The university has released the schedule for B.Sc Physical Sciences, B.Sc Life Sciences, B.Sc Hons Community Sciences and B.Sc Hospitality and Hotel Administration courses. The dates for the first, second and third phase of counseling have been fixed. Admission to all the courses is done on the basis of merit. The respective classes will be started from 15th December. According to the schedule released by the university, the first round of counseling and admission will be done on November 29 for all classes except self-financed seats in B.Sc. Physical Sciences and B.Sc. Life Sciences courses conducted under the College of Basic Sciences. The second round of counseling and admission for self-financed seats will be held on December 6. The third round of counseling will be held on December 12. The first phase of counseling will be held on November 30 for B.Sc Honors Community Science and B.Sc Hospitality and Hotel Administration, except self-financed seats, operated under Community Science College. The second round of counseling for self-financed seats will be held on December 7 and the third round of counseling and admission will be held on December 15.

Course on Organic Production Systems  
and natural farming concludes

SHIMLA, NOV 25

A 10-day course cum training on 'Recent Development in Organic Production Systems and natural farming concluded at the Dr. YS Parmar University of Horticulture and Forestry, Nauni. The course was funded by the Indian Council of Agriculture Research and was planned and organized by the Department of Plant Pathology of the university. Seventeen scientists from different universities of



Tamil Nadu, Kerala, Madhya Pradesh, Jammu and Kashmir, Punjab and Himachal took part in the training. The trainees were selected from among the several who had applied for

the training. Addressing the trainees during the valedictory session, Professor Rajeshwar Singh Chandel, Vice-Chancellor said that it was wonderful to see scientists from different

institutions working in unison for the good of the agrarian community. He said that the country has taken a challenge at the right time to ensure the conservation of soil and water and provide healthy food to society. Prof. Chandel added that natural farming was a farmer-centric approach where the scientific community is learning along with the farmers. He urged the trainees to develop their own package of practices on natural farming for their areas using the natural items available in that region.

CEO urges Services voters to dispatch postal ballot soon

DINESH AGARWAL  
SHIMLA, NOV 25

Chief Electoral Officer, (CEO) Maneesh Garg appealed to all those officials deployed on election duty and those in armed forces to post their postal ballots to their respective Returning Officers (ROs) at the earliest so that it can reach before 8 AM on 8th, December positively to be included in the counting process. He said that out of 59728 postal ballots issued to the officials deployed for election duty, 32177 postal ballots have been received by the concerned returning officers



so far. Besides, out of 67559 postal ballots issued to the serving army personnel, 15099 postal ballots have been received by the returning officers in their office till date. He said that a

web-application had been launched to keep day to day record of the postal ballots being received by the ROs and which was regularly being monitored by the election department as well. He said that officials on election duty were already issued postal ballots before proceeding on their poll duty and thereafter there was no such provision to issue the same. Apart from this, as per the directions of Election Commission of India, the postal ballots are to be sent only by post to the concerned ROs and no separate ballot boxes or collection centers/ postal booths are to set up for

this. Apart from the above, the postal ballots of all those officials in the ambit of essential services who had applied for the same on Form 12-D, were sent to the nodal officers of their departments to be further sent to the ROs. The ROs had fixed three dates for such essential service officials to cast their vote on any one day in their respective assembly constituencies at polling booths separately set up for the purpose, i.e. for postal ballots. This facility was available for the first time in assembly elections 2022, which has been completed by 10th November.



Teacher honored at govt high School Marauli Kalan



**SANJEEV TEJPAL MORINDA:** The winning teachers in various competitions of block level teacher fest were honored at Government High School Marauli Kalan. School principal Kulwant Kaur said that State Coordinator Arvinder Singh participated as the chief guest in this ceremony. Block Nodal Officer Principal Surinder Kumar Ghai presided over the event.Arvider Singh congratulated the teachers and said that the teachers are the guides of the students.Most of the prizes in this event went to Govt High School Madauli Kalan. On this occasion, Jasveer Singh DM Mathematics, Chandra Shekhar DM Hindi, Block Mentor Ajay Arora, Pardeep Kumar Sharma, Jagpal Singh Mazharali, Bhupinder Singh Chatamla, Jasbir Singh Shantpuri, Gurnam Singh Chanalon, Kuldeep Kaur, Jyoti Singh, Chhvi Ballan Kalan, Sukhwinder Kaur, Babita Rani, etc. were present.

Awareness programme on financial education in Mohali



**CHANDIGARH:** Bajaj Finance Limited, India's largest and highly diversified NBFC and the lending arm of Bajaj Finserv Limited, organised a public awareness programme at Rayat-Bahra University, Mohali, Punjab, to spread awareness on online fraud, financial education, Banks & NBFCs' Internal Grievance Redressal Mechanism as well as the RBI's Integrated Ombudsman Scheme. The workshop was organised as a part of the RBI's Nation-wide Intensive Awareness Campaign, planned across Maharashtra, Haryana and Punjab in conducted in different schools and colleges, manufacturing plants and auto union premises. The Mohali workshop was chaired by senior officials from RBI Ombudsman, Chandigarh, Cyber Crime, Mohali and Retired SP Ludhiana along with other members of the Bajaj Finance's Risk Containment Unit and Operation teams. Bajaj Finance also advised the participants at the workshop and the public to pay extra attention to the below-given tips to adopt healthy financial habits and stay safe against online fraud.

President Sanjay Verma writes to CM to provide funds to MC Rupnagar

**BAHADURJEET SINGH RUPNAGAR:** Municipal Council Rupnagar President Sanjay Verma Bele Wale has written a letter to Punjab Chief Minister Bhagwant Mann for providing funds for development works in the town. Apart from this, he has also written letters to the Principal Secretary,

Local Government Department, Punjab, along with the Minister of Local Government, Deputy Commissioner Rupnagar and Sub Divisional Magistrate Rupnagar and has also sent an email to the Chief Minister in this regard. Sanjay Verma said that roads, streets, drains etc. are required to be constructed in different wards of the municipal council. Due to the increase in the area of 72the Municipal Council, applications are being received for street lighting and sanitation in the newly incorporated area, but due to the lack of funds, the Municipal Council is facing difficulties in providing basic facilities to the residents of the town. Sanjay Verma said that the municipal council Rupnagar's bills of street light and disposal treatment plant of about Rs 7 crores are pending. Due to the poor financial condition of the Municipal Council, these bills were not deposited.

Gurmat Samagamon 27th at Gurdwara Damdma Sahib Mirpur Colony Pathankot

**SHARANJEET PATHANKOT:** Sarbat Khalsa Pathankot is conducting Gurmat Samagam at Gurdwara Damdma Sahib, Mirpur Colony, Pathankot on Sunday, November 27th at 8 am. Bhai Sharanjit Singh of Batala, a famous narrator and preacher of the Panth, will explain the ongoing Bani while Bhai Gurbachan Singh and Bhai Rajan Singh's ragi jatha will entertain the sangat by performing kirtan. This information was shared by Jathedar Gurdeep Singh Gulati and General Secretary Gursharan Singh.They appealed to the sangat to reach the function on time. At the end of the ceremony, the Guru's langar will be used incessantly.

YUGMARG, CHANDIGARH, SATURDAY, NOVEMBER 26, 2022

F&CC approves appointment of CSIR - NEERI for project of Integrated Solid Waste Mgt Processing Facility at Chandigarh



**SHASHI PAL JAIN CHANDIGARH, NOV 25**

The Finance and Contract committee of Municipal Corporation Chandigarh has decided to appoint of CSIR – National Environment Engineering Research Institution (NEERI) – Nagpur as Consultant for the project “In-

tegrated Solid Waste Management Processing Facility at Chandigarh”. This was decided in a meeting of F&CC held here today under the chairpersonship of Smt. Sarbjit Kaur Dhillon, Mayor and attended other members of committee namely Sh. Mahesh Inder Singh Sidhu, Sh. Saurabh Joshi, Smt. Taruna Mehta,

Smt. Gurbax Rawat and other senior officers of MCC were present during the meeting. The members of committee discussed other various important agenda items in detail and accorded approval forthe development of the roads, electricity in Sectors and Villages.

Ludhianvis have passion for fashion: Fashion designer Aman Sandhu

**SHARMA LUDHIANA, NOV 25**

The region's eminent fashion designer Aman Sandhu - who runs fashion studios in Mohali and Amritsar, is widely known in Punjab and neighbouring states has also been showcasing her collections at lifestyle exhibitions in Ludhiana.

Designer Aman Sandhu revealed here today that she has a lot of customers in Ludhiana. Aman Sandhu said, “Ludhianvis are known for their passion for fashion. People at Ludhiana really appreciate my designs and outpour a lot of love every time I hold my exhibition in the city.” She said recently, she held a unique Fashion Show 'Peedhi' and online-cum-offline exhibition. Many of her clients from Ludhiana graced the occasion which was or-



ganised to mark the completion of 20 years long journey by the label Aman Sandhu. The main attraction of the event was the Fashion Walk in which kids-young models, middle aged and senior women- which is three generations, showcased some of the exclusive designer suits from designer Aman Sandhu's collection. Talking about the latest bridal trends this season, Aman Sandhu said: “We've moved away from the era of playing safe to one of experimenting. This is the

season of bright and popping colours; essentially shades of the rainbow. Hues of pink, blues, yellow, and orange would be the colours to look out for this season. Purple will also be a trending colour.”Aman Sandhu, recently, has also unveiled a unique 'Look Book' which offers a peep into the designer's collection with the key designs of her journey of 20 years, said: “The design of each look represents the timeless heritage of Punjabi Sabhyata.”

Students of Vivek High School, Mohali stage iconic love folklore – ‘Sassi Punnu’

**CHANDIGARH:** ‘Sassi Punnu – A Musical’ was presented by 81 students of Class IX of Vivek High School, Mohali at Tagore Theatre here today. Adya Prashar played the role of Punnu and Hia Madan of Sassi.



The duration of the play which was showcased in English was 70 minutes long. The play was staged twice, once in the morning for students of Vivek High School and again in the evening for parents. Harbina Randhawa, Principal, Vivek High School, Mohali, said, “The staging of ‘Sassi Punnu,’ an iconic love story from undivided Punjab, was inspired by the idea of not only making students familiar with their rich folk culture but also making them live, experience and value the same in a way that they remember and cherish it forever in their hearts.” Nisha Luthra, Founder of The Narrators – an artiste-led performing arts society that deals in creating, producing, acting, and directing substantial and meaningful theatre, directed the play.

Nisha said: “The play was a gift in the form of a book written in Punjabi language by Mr Balkar Sidhu, a renowned actor, and Vice-Chairman of the Chandigarh Sangeet Natak Akademi. After our first reading of the play with Mr Sidhu, our team was completely moved by the purity, earthiness, musicality.

Two day annual function organised at JMK International School

**V.K DOGRA DHAR KALAN, NOV 25**

The two-day annual function was organized at JMK International School, located on the city's Jalandhar-Dalhousie bypass road, under the chairmanship of Principal Vinita Mahajan. In which mainly school chairperson Sneh Kuthiala, vice chairperson Archana Chadha, management committee member Anup Chadha, Director Gurdeep Singh Arora and his wife Jasbir Kaur, Yogita Puri, Vidhu Puri participated. On the first day of the programme, school principal Vinita Mahajan and staff welcomed the guests by presenting them with bouquets. The program was inaugurated by the guests by cutting the ribbon and lighting the lamp. School children along with their



grandparents and guardians participated in the programme. The students presented a colorful program and got a lot of applause. Students presented a variety of orchestral and dance performances on the theme “Sanskar - An Ethical Journey of Childhood” by Toddlers World on Grand Parents Day dedicated to their elders, maternal grandparents. Chief Guest School Chairperson Sneh Kuthiala congratulated while appreciating the Grandparents Day program organized by the school in honor of the elders. He said that the

way the young children have given their presentation on good values is quite tolerable. He told that whatever the children learn from the school, they carry it with them for the rest of their life. The school teaches everything to the children so that the children celebrate the seasons and festivals with their families with great joy. The importance of festivals helps in making children a good citizen. On the other hand, Principal Vineeta Mahajan said that a two-day annual function has been organized by JMK International School.

Gatka player of Fateh group win gold medal

**RAMPURA PHUL (HEMANT KUMAR SHARMA):** Games Homeland Punjab State Sumandeep Kaur, daughter of Balveer Singh Gill, National Gold Medal Winner of Fateh Group of Institutions Rampura Phul (Bathinda) once again won the Gold Medal by securing the first position in the Gatka competitions. Kamalpreet Singh, head of the sports department of the institute, Prof. Navdeep Kaur, coach Harjit Singh Gill said yesterday that the tireless hard work of the players is constantly paying off. Chairman of the organization S S Chatha congratulated Punjab on the successful conduct of the games and also demanded the Punjab government to promote the game of Gatke as much as possible. He said that the organization will always try to maintain its moral values and rich heritage.



CITU threatens to intensify stir if demands are not met



**HARPREET LADDI SIDHU GURUSAR.SUDHAR, NOV 25**

Thousands of Anganwadi, MIN-REGA, mid-day meal workers held a rally in the local grain market and took out a protest march in the city. CITU State Secretary Daljit Kumar Gora, Anganwadi Employees Union (CITU) State General Secretary Subhash Rani and CITU District Leader Sukhwinder Singh Lote addressed the rally under the chairmanship of CITU State General Secretary Chandra Shekhar, President Maha Singh Rodi and others. National President of India Anganwadi Workers Federation Usha Rani said that the Bhagwant Mann government has turned its back on the demands of the workers after assuming power. Ad-

dressing a large number of workers, she announced that if the state government did not settle the workers' demands by negotiating with the union representatives, they will lay siege to the labor commissioners' offices in December and will follow it up by have laid siege In December, permanent camps will be set up in front of the C. Then they will set up permanent camps in front of the Chief Minister's house. Addressing the convention, CITU leaders called for a minimum wage of Rs 26,000 and a daily wage of Rs 700, outsourcing and hiring all kinds of temporary workers, filling vacancies in government institutions, boards and corporations, strict enforcement of labor laws and violations, providing cheap ration to all workers

under the supervision of public monitoring committees, bringing all workers under provident fund, ESI, and at least 6 thousand rupees monthly pension besides other demands. Tehsildar Jagsir Singh reached the convention and got the demand letter and assured to send it to the state government. After the convention, thousands of CITU workers also took out a protest march in different markets of the city, shouting slogans. MNREGA labor union leaders Amar Nath Kumkalan, Sher Singh Farwahi, Parkash Singh Brahm, State President of Anganwadi Employees Union Harjit Kaur Panjola, State President of Mid-Day Meal Workers Harpal Kaur, State President of Chowkidar Union Paramjit Singh Nilon.

FIR against 3 police cops in 2004 missing Sten gun case

**SUKH NAHAR JAGRAON, NOV 25**

District Ludhiana rural police has filed FIR against 3 police cops in a 2004 case of lost sten gun of police alongwith 20 cartridges. Telling more about this, ASI Manohar Lal said that in year 2004, during annual inspection, some weapons of police department at police station Raikot were found mission and then SP was asked to submit a report regarding this. "In the report submitted by then SP it was mentioned that the rest of weapons were found but 1 sten gun 9 mm alongwith 20 cartridges were missing and on investigating the matter, it was found out that in year 1997, as per the instructions of then SI Kashmira Singh, the sten gun was allotted to SPO Ajit Singh by C-1 Rajinderpal Singh for gunman duty but according to the statement of

SPO Ajit Singh, he had submitted the gun to the police station in December 1997," he informed. "After this, a survey committee was set up to look for the reason behind missing sten gun and as per the report submitted by the committee, it was not a case of bad intension but negligence and the survey committee recommended that constable Rajinderpal Singh and SPO Ajit Singh to be ordered to submit double the amount of a carbine 9 mm alongwith 20 rounds and joint director Ludhiana agreed to this," he added. He further informed that after this, the case was sent to DGP Punjab for approval and the DGP office raised objection on this and instructed to submit more important documents in the case alongwith a copy of FIR and order to take strict actions against the cops.



Nabha police raid history-sheeters' houses under anti-drug drive

**RAKESH JINDAL NABHA, NOV 25**

Punjab Chief Minister Bhagwant Singh Mann has issued strict instructions to the police that if any drug smuggler is involved in drug trafficking, strict action should be taken against him and he should be sent behind bars.

Following this, the Nabha Police conducted a search operation in the houses of known drug smugglers at Rothi Chhanna village of the block under the leadership of Sabate deputy police captain Davinder Attri this morning. After giving information, DSP Davinder Atttri said that despite the fact that the police personnel searched the houses very carefully, during the search, the police did not find any kind of drug smuggling material. The person, who earlier used to deal with

drugs said that now we have completely abandoned the drug trafficking business. They said that earlier they used to sell poppy sulphur drugs but now they had completely abandoned this business as well. He admitted that there are many cases registered against them in the area, they we no longer smuggled drugs now. The women of the village also said that there used to be a lot of drug trafficking in the area earlier, but since the government led by Bhagwant Singh Maan came to power, drug smugglers have been reined in.

World Science day celebrated at MRSPTU

**ANIL VERMA BATHINDA, NOV 25**

Maharaja Ranjit Singh Punjab Technical University (MRSP-TU), Bathinda's Mathematics Department has celebrated World Science Day for Peace and Development at the Campus.

The theme for this year was “Basic Sciences for Sustainable Development” aimed to ensure that the public is informed of latest scientific advancements. To mark the day Declaration, Model Display, Rangoli and Poster-Making competitions on the theme were organized.

Speaking on the occasion, senior faculty of the department, Prof. Karanvir Singh highlighted that everything in our surrounding is majorly operated by machinery. Our society has evolved significantly as a result of science. He further added that no development is possible without peace. He motivated the students to partici-



pate in such events with the practical approach. Meanwhile, the students Jimmy Singla and Seema Singla jointly secured first position and Sandeep Singh and Jatin jointly secured second position in Rangoli competition, while students namely Anshu secured first and Mehak secured second position in Poster Making competition. Similarly, Tarunpreet Singh secured first position and Yadwinder Singh and Saleem Khan jointly secured second position in Model Making, while Tarunpreet Singh secured first and

Riya Singh secured second position in Declamation competition. The faculty of the department gave away the prizes to the winners of the various competitions. The program ended with the vote of thanks by Head of the department, Prof. Mamta Kansal. She congratulated the participants and winners who got positions in various events. University Vice Chancellor, Prof. Buta Singh Sidhu and Registrar Dr. Gurinder Pal Singh Brar congratulated the department to organize the event.

Gill Kajikot congratulate newly appointed President of District Congress Committee Harminder Singh Gill

**KULJEET SINGH HONEY TARN TARAN, NOV 25**

Former Director of Punjab Water Resources Management and Development Corporation Gurbaj Singh Gill Kajikot Secretary Punjab Pradesh Congress Committee congratulated to Sh. Harminder Singh Gill (Ex MLA) for newly appointed District President of Congress Committee Tarn Taran. Gurbaj Singh Gill Kajikot said that under the leadership of Harminder Singh Gill, the position of the Congress party in the district will be stronger because Harminder Singh Gill is a far-sighted politician and always stands with the workers. He thanked All India Congress Committee President Mallikarjan Kharge, Punjab Pradesh Congress Committee President Amrinder Singh Raja Waring and the Congress High Command for making Harminder Singh Gill the President of the District Congress Committee. On this occasion, the newly appointed District President Harminder Singh Gill expressed his gratitude and said that I will perform the responsibility assigned to me by the Congress High Command and important efforts will be made for the strengthening of the Congress Party. He said that soon the district committee of the Congress party will be expanded.

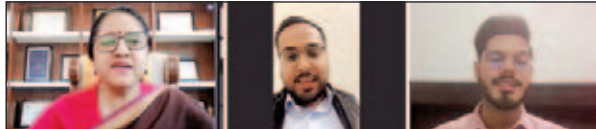


Enforcement of strict laws for fraud defaults is key to save banking sector: MP Binoy Viswam



**CHANDIGARH:** Chandigarh. Government should not intervene in banking profits to compensate for NPA losses rather enforcement of strict laws to deal with fraud defaulters is the need of the hour to save the banking sector. This will not only prosper the banking sector but the national economy at large. These sentiments were expressed by Rajiya Sabha MP Binoy Viswam while addressing the inaugural session of the eighth annual conference of the All India Bankers Officers Association, which started at Panjab University on Friday. In this three-day long conference, around 800 bank officials gathered from across the country are brainstorming on the challenges being faced by the banking sector. In his address, Viswam openly opposed the government's privatization of PSUs, saying that public sector banks and PSUs are the tireless efforts of their employees which they nurtured decades ago. Privatizing them is unfair to employees and their consumers. The Vice Chancellor of Sher-e-Kashmir University of Agricultural Science and Technology, Dr. Nazir Ahmed Ganai in his address called upon the banking sector to contribute to the promotion of the agricultural sector along with corporate development. An agricultural country, India can match the developed countries of Europe if the Govt and banking industry pay more attention to the farmers.

MCM celebrates Women Entrepreneurship Day with 3-day workshop on Oyster Mushroom Cultivation



**CHANDIGARH:** To mark the celebration of Women Entrepreneurship Day, Mehr Chand Mahajan DAV College for Women, Chandigarh, a recognised Vocational Education Nai Talim Experiential Learning (VENTEL) Action Plan Institution, organised a 3-day skill development workshop on Oyster Mushroom Cultivation, in association with MGNCTRE, Ministry of Education, Government of India. The workshop was organised with the objective of promoting the spirit of Mahatma Gandhi's Nai Talim and experiential learning concept, and instilling in the participants the culture of entrepreneurship and sustainable development. The workshop kick-started with an interactive online session on Women Entrepreneurship. Principal Dr. Nisha Bhargava inaugurated the workshop, wherein she highlighted the need to integrate vocational education and training as part of learning and teaching. She also underscored the importance of acquiring entrepreneurial skills and mindset essential for enhancing future avenues and for nation's development. Adding that women have the innate abilities of an entrepreneur, she said that more and more women need to take up entrepreneurship and become employment generators. Mr. Samarth Sharma (Consultant, MGNCRE) also partook in the inaugural session.



INNOKIDS holds an  
activity 'Land of  
Fantasy'



**HARPREET SINGH LEHAL**  
**JALANDHAR:** Innokids the Pre-Primary School of all the five schools of Innocent Hearts (Green Model Town, Loharan, Cantt.- Jandiala Road, Royal World and Kapurthala Road) conducted an activity 'Land of Fantasy' for the children of Grade Learners and Explorers, in which the children participated with great enthusiasm. The little ones looked adorable in the dresses of their favorite characters from the world of fantasy. Some children came dressed as Mickey Mouse, Doraemon, Goofy, Donald Duck and Chhota Bheem, while some girls came dressed as fairies. They talked and danced like the characters. The children gave wings to their imagination and acted like their favourite characters. The children enjoyed a lot in this activity. Alka Arora (Deputy Director Innokids) told that such activities promote children's intellectual, and mental development as well as their imagination.

**AITUC chief Ch Baldev Singh dies, ardas in Nov 28 for peace of departed soul**

**KULBHUSHAN SHARMA**  
**GUHLA CHIKA:** Chaudhary Baldev Singh, former President of Haryana Roadways Union, former President of Haryana Employees Federation, present Chairman of Retired Employees Organization Haryana and State President of AITUC, died suddenly on November 20 due to cardiac arrest. For



the peace of his soul, all the leaders of Employees Federation, all the leaders of the Retired Employees Federation, all the office bearers of AITUC will pay tribute to the departed leader in the last prayer organized by the Haryana Roadways Union. Kulbhushan Sharma, State General Secretary of the Retired Employees Association, Principal Deputy General Secretary Pahal Singh Tanwar said that the late leader Baldev Singh, who had given his leadership in all the organizations and fought fearlessly and fearlessly for the employees, had worked for the welfare of the employees of all ages and played a leading role while working for Haryana Roadways Union. He was also the State President of Haryana Employees Federation. His last prayer has been kept at his residence in Bhiwani on November 28, in which all the organizations across Haryana will pay their respects and pray for the peace of the departed soul.



YUGMARG, CHANDIGARH, SATURDAY, NOVEMBER 26, 2022

# Cold wave tightens grip, Srinagar witnesses season's coldest night

**AGENCY**  
**SRINAGAR, NOV 25**

Cold conditions tightened its grip over Jammu and Kashmir as Srinagar experienced the season's coldest night of the season with minimum temperature plummeted to minus 1.4 degree Celsius on Friday.

Meteorological Department forecasted of mainly dry weather over Jammu and Kashmir during the next 24 hours.

Srinagar, the summer capital of Jammu and Kashmir, experienced the coldest night of the season today with the minimum temperature plunged to minus 1.4 degree Celsius against the minus 0.8 degree Celsius recorded on previous night.

The temperature was minus



1.5 degree Celsius below normal during this time of the season, the MeT office said.

However the day temperature was 0.9 degree Celsius above normal against the 13.8 degree Celsius recorded on Friday. Mild fog engulfed the

famous Dal Lake, Boulevard road and other parts of Srinagar even as sun appeared with cold conditions prevailing around.

The minimum temperature at the ski resort of Gulmarg in north Kashmir marginally improved and it recorded 0.0 degree

## Drugs seized under NDPS Act destroyed

**JALANDHAR /NAKODAR:** The Jalandhar (rural) police on Saturday destroyed drugs seized under NDPS Act by various police stations. The Jalandhar (rural) senior superintendent of police (SSP) Swarandeeep Singh said in a press release that the drugs seized in 190 cases were destroyed in a fire on the premises of Green Energy Private Limited Bir Pind village under Nakodar Sadar police station. He said that destroyed drugs included 407 kilograms and 350 grams of poppy husk, 3 kilograms and 435 grams of intoxicant powder, 2 kilograms and 545 grams of heroin, 900 grams Charas, 9 kilograms Ganja, 407 injections, 7181 intoxicant tablets, and 3874 intoxicant capsules. The press note said that the drug disposal committee of Jalandhar rural chairman and SSP Swarandeeep Singh, SP(D) Sarabjit Singh Bahia, and DSP(D) Jalandhar (rural) Jaswinder Singh Chahal were present on the occasion.

## Fogging drive against dengue in Jhansa village

**SANJAY VERMA**  
**PEHOWA, NOV 25**

In Jhansa, in view of increasing cases of dengue, the newly appointed Sarpanch Gram Panchayat Jhansa and the Health Department have jointly run a special campaign to make people aware of this disease and also provide information on prevention of the disease. The newly elected sarpanch Jhansa, Pawan Gaba is conducting fogging in the entire village to kill mosquitoes, for which the duty of the concerned panchayat member has been specially assigned to ensure that fogging can be done everywhere in his ward. Teams were formed and the larvae of dengue were examined in the village of Jhansa, in which the larvae were found at a couple of places. The larvae were completely destroyed by the team. Community Health Center Jhansa health inspector Dr.



Sudesh said that two or three cases of dengue have been found in the village so far. Apart from awakening the people, the teams formed by the department are also investigating dengue larvae. He appealed to people and said, "Let no water stand anywhere around you. Apart from this, destroy the old tires, the water kept in pots on the roofs immediately." He said that in the place where there are no means of draining the water, mustard oil or fogblack oil used in the machinery is put in the stagnant water and the dengue larvae are eliminated.

## Preamble of the Constitution should be read in offices, schools and other institutions on Constitution Day

**RAMAN GUPTA**  
**KAITHAL, NOV 25**

DC Dr. Sangeeta Tatarwal said that on November 26, 2022 'Constitution Day' will be celebrated in a dignified manner in the district. This year the Government of India has decided to celebrate this day on the theme 'India-Mother of Democracy'.



She told that since this day is also a day of national importance, it should be ensured that the Preamble of the Constitution is read in all offices, schools, colleges, institutions, autonomous bodies and public sector undertakings. The general public will also be able to participate in this program online. Certificates will be given to the citizens who participate in it. She informed that two web portals have also been created by the Ministry of Parliamentary Affairs, in which the Preamble of the Constitution will be read online in 22 official languages including English on the portal readpreamble.nic.in, while on the other portal 'India-The Mother of Democracy' on constitutionquiz.nic.in. An online quiz competition will be organized on the subject. Make sure to celebrate Constitution Day at all concerned SDM sub-division level as well.

## Capt Arvind Kumar Pawar visits Sarvahitkari Vidya Mandir



**HEMANT KUMAR SHARMA**  
**RAMPURA PHUL, NOV 25**

3 Commanding Officer of Punjab Naval Unit NCC Bathinda Captain Arvind Kumar Pawar visited the Vidya Mandir to inspect the NCC Unit of Lala Kasutri Lal Sarvahitkari Vidya Mandir Rampura Phul. On this occasion, Captain Arvind Kumar Pawar was warmly welcomed by the Principal of the local Vidya Mandir S K Malik on his arrival at the school. NCC cadets saluted Captain and said 'Welcome' to the school. Commanding Officer Captain Pawar appreciated the work done by the NCC cadets in the school and inspired them to serve the country by becoming good citizens in the future. Along with this, Captain Sahib appreciated the hard work being done by NCC cadet Birdwinder Singh for the RDC parade camp and encouraged the rest of the cadets to get such opportunities in the future and move forward. On this occasion, NCC in-charge of the school, CTO Lovepreet Singh, Didi Usha Goyal, Vipran Kumar, PI Staff Officer Mr. Salesh Yadav and Vishwa Chauhan and other teachers were present.

## 50,000 reward money will be given to those who provide reliable information about unauthorized gender testing or abortion: Civil Surgeon

**KULDEEP SOOD**  
**BARNALA, NOV 25**

Health Department Barnala is working continuously to prevent feticide and to strictly implement the PNDDT Act 1994 enacted by the government for its prevention. Civil surgeon Barnala Dr. expressed these words. Jasbir Singh Aulakh held a meeting of the District Advisory Committee formed under the PNDDT Act 1994. Dr Aulakh said that according to the notification issued by the health department, it is illegal to conduct unauthorized gender testing or abortion in any state or district under the PCPNDT Act 1994/MTP Act.

He said that if any person gives definite information about such illegal activity, he will be given 50,000 reward money.

The woman who will become a decoy patient will



be given a reward of one lakh rupees by the health department. The names of those giving information in this regard and impersonating the accused will be kept confidential. Information in this regard can be given personally in writing at the office of Civil Surgeon Barnala.

He gave further information and said that there are a total of 23 registered health centres in the Barnala district whose registration has been done

under the PCPNDT Act. Any 8 of these centres are checked every month and after every three months, this checking is done.

Dr. Pravesh Kumar, District Family Welfare Officer, said that to prevent fetal sex testing/miscarriage, the health department Barnala periodically conducts scans and random checks at MTP centres. At this time, suggestions were taken from the committee members to implement the Act more smoothly.

## SC Commission members reach Barnala to hear cases related to Scheduled Castes

**KARANPREET DHANDRAL**  
**BARNALA, NOV 25**

Members of Scheduled Caste Commission Punjab Raj Kumar Hans and. Poonam Kangra reached Barnala today to hear the complaints of Scheduled Caste community in Barnala district. Poonam Kangra member Punjab State Scheduled Commission reached the house of the victim laborer, taking seriously the case of alleged beating and caste-indicative words at village Rajgarh district Barnala belonging to the class. After that, he heard the cry of a laborer at a local rest house. Poonam Kangra and Rajkumar Hans said in strong words that those who oppress the people of SC category will not be spared. After this he also visited village Chhiniwal and village Deepgarh and heard the problems. On this occasion, SDM Barnala S. Gopal Singh, Tehsildar Barnala Divya Singla, Tehsil Welfare Officer Sunita Rani, DPRO Megha Mann etc. were present. Poonam Kangra has an opportunity by visiting the house of a Dalit disabled woman at the nearby village Chhiniwal Kalan due to the alleged illegal occupation and discrimination against her by the panchayat. The complainant



stated that she is a widow and 100 percent are disabled. In front of their house, a person made an illegal occupation due to which even their tricycle does not come out. Poonam Kangra instructed the BDPO to remove the complaint of the complainant and ordered to present the report on 7th December in person at the office of the Commission Civil Secretariat Chandigarh. Apart from this, in another matter, Poonam Kangra instructed the BDPO that the roads in front of the SC houses should be constructed on a priority basis.

## Govt Sr Sec School Karamgarh organizes Punjabi Mela

**KULDEEP SOOD**  
**BARNALA, NOV 25**

District Language Office Barnala under the guidance of Minister for Languages Gurmeet Singh Meet Hair, Principal Secretary of the Department Jaspreet Talwar IAS and as per the instructions of the Joint Director of the Department Dr Virpal Kaur along with organizing a district-level event celebrating the month of November as Punjabi month. to schools and colleges are constantly being encouraged to organize events dedicated to the Punjabi language. Under the same initiative, a Punjabi Mela was organized under the leadership of in-charge principal Surjan Singh in the courtyard of Government



Senior Secondary School Karamgarh. Sukhwinder Singh Gurm Zalhia Language Officer Barnala and Binder Singh Khuddi Kalan District Research Officer Barnala participated in the fair.

Village Sarpanch Balveer Singh, School Management Committee members Jaswinder Singh Chahal and Jarnail Singh specially attended. At the fair, poetry writing and speaking literary creation competitions of

students and teachers were conducted. An exhibition of old cultural items related to the Punjabi heritage was organized in which children made pottery, pakhis, innu, pidias, chadars phulkaris and embroidery patterns were displayed. Along with this, current models of brass vessels, gagar, khunda, jhakra, dholki, sane, pidiya, charkha, mill and agricultural implements used in ancient times were also included in the exhibition.

## Residents of Jandiala village stopped the construction of road going from Jandiala to Tarn Taran, saying that dirty water should be drained out first



**KULJEET SINGH**  
**JANDIALA GURU, NOV 25**

Tell that the road going from Jandiala to Tarn Taran near village Jania Colony was broken due to non-drainage of dirty water. Due to which about 2 to 3 feet deep pits were formed in the road.

Many passers-by fell into these pits. There were also injuries. But due to the intervention of cabinet minister Harbhajan Singh, the PW department leveled this road to the level of chappad and installed interlock tiles on about 300 meters so that the water on the road remains



neutral. The front part which was below the level of the road, which had become a deep pit due to stagnation of water. Today the officials and personnel of PW department arrived to repair it, but the people of Jania Colony did not allow the construction of the damage road. They were

adamant that the dirty water should be drained first and then they would allow the construction of the road. The same PW department says that they will remove the dirty water from the village's splash and all the material has also arrived for the construction of the road.

## Mass Marriage organized by Sant Nirankari Mission

**DALJEET AJNOHA**  
**HOSHIARPUR, NOV 25**

After the conclusion of the 75th Annual Nirankari Sant Samagam in the holy presence of Satguru Mata Sudiksha Ji Maharaj, a mass wedding ceremony was organized by the Social Welfare Department of Sant Nirankari Mission at Sant Nirankari Spiritual Complex, Samalkha (Haryana). In this ceremony a total of 54 couples tied the knot in the divine presence of Nirankari Satguru Mata Sudiksha Ji Maharaj who blessed the newly married couples and wished them a happy life ahead. Thousands of devotees, brides and grooms, along with their parents and relatives were present on this auspicious occasion. In this



simple ceremony, a traditional Jaimala was exchanged by the couples along with the special symbol of Nirankari marriage - the Saanjha Haar; they were blessed with it by the senior representatives of the Mission. Satguru Mata Ji showered flowers and divine blessings during the ceremony on the brides and grooms. Along with their Satguru even the relatives of the brides and the grooms showered flowers. It was certainly a divine sight. In

1973, Missions Satguru, Baba Gurbachan Singh Ji gave special emphasis on simple marriages and His only aim was that we should restrain ourselves from unnecessary extravagance and expenditures. Satguru Mata Sudiksha Ji Maharaj is guiding all the devotees by taking forward this spirit of welfare. On this auspicious occasion, a total of 54 couples from different states of India participated in the Mass

marriages; mainly from Assam, Chandigarh, Delhi, Haryana, Jammu and Kashmir, Maharashtra, Madhya Pradesh, Odisha, Punjab, Rajasthan, Uttar Pradesh, Uttarakhand and West Bengal. After the mass marriage, the strategic arrangement of food for all was given by the Nirankari Mission. Giving blessings to the newly married couples, Satguru Mata Sudiksha Ji Maharaj said that follow the teachings of the Mission, imbibing those divine qualities in one's life, lead a loving family life. While performing one's duties in the family one has to show respect to everyone and adopt the principles of the Mission and live with everyone in harmony.



EDITORIAL

The grave and the ugly

I recently had the privilege of attending the setting up of a plaque in honour of an artist known for a distinctively vibrant and colourful style and for being dear to the city. The text was a reminder, in brief, of the artist's career and its landmarks. The language was respectable, not verbose, which can often be the feature of plaque-language, yet the words were laden with a certain gravitas. But so far, it was only an ordinary plaque. What really made it stand out was the lettering. It was extraordinarily ugly even by plaque standards. The most important plaques will often not have a Times New Roman or a Garamond or a Helvetica, or any font commonly used for a common purpose, considering them merely frivolous. Instead they will choose a severe font which was possibly specially invented for plaques for its ugliness. The lettering on this plaque was so powerfully ugly that it seemed capable of crushing every drop of beauty and life out from the artist's works. The layout supported the lettering: the words seemed to have been carelessly thrown at us, appearing sometimes on top of one another, sometimes far apart, creating a sense of chaos and completely defeating the idea of design.

No one objected. The plaque was perfect. It was authority: pronouncements of authority in our country are considered articulated best when they successfully express a contempt for beauty, or levitas in any form, which beauty obviously is in this scheme of things. It is an utterly dispensable thing, for it dilutes high seriousness. (Laughter would demolish it.) Anything serious, which authority is, should be sombre, untouched by beauty and humour, preferably with a bleak outlook, perhaps even painful, frightening and full of itself.

The best plaques have these features. All successful official announcements do, too, and most spectacularly, government buildings. The more recent they are, the uglier. In few places in the world do you get a larger collection of eyesores than in India. West Bengal must receive a special mention in this context. Some of the official buildings here may make you want to cry. Burst into tears, really. And tremble in fear. They embody the very spirit of bureaucracy. It is the same spirit that requires you to still bow down to statements such as: "The situation will be reviewed in due time and action thereof will be notified accordingly." Can you stand up to 'thereof'? Would you ever dare to laugh at it? Would you call it pretty?

CCP creating 'iron curtain between those within and outside Tibet'

Tibetans are working for a political cause while facing consistent security challenges from the Chinese Communist Party (CCP). Being intimidated by CCP officials directly, Tibetans are unable to talk to their families who live in Tibet and their electronic devices are being hacked and monitored, Inkstick reported.

As per the report, the Chinese Communist Party's goal is to create "an iron curtain between those within and outside Tibet." In order to fulfil its aim, the CCP has been taking several measures, including confiscating the passports of Tibetans in Tibet and the whole of China.

Tibetans who wish to visit Tibet are only permitted to enter with a special permit. For visiting Tibet, they need to register themselves in Lhasa and the authorities then monitor their movement. These activities are being carried out by two primary entities of CCP - the Ministry of State Security and the United Front Work Department.

These entities of the CCP have stressed that they will "assist" members of the Tibetan diaspora in visiting Tibet, Inkstick reported. If the Tibetans do not agree, these entities start imposing pressure on them by threatening their family members in Tibet as a 'tactic of intimidation.' China is trying to "gain control" of the Tibetan community as much as possible and they are using their family members as an advantage.

Tibetans have a sense of unity among people as they continue to make efforts for defending their rights and culture. Tibetans have been making efforts to have an international debate regarding their rights and culture while facing external threats, as per the report.

The CCP constantly infiltrates the Tibetan community living in other nations by spreading disinformation and recruiting informants. CCP has been trying to create a divide between different sections of Tibetan Buddhism on social media sites, like Facebook and Telegram.

As per the report, Tibetans receive phishing emails and fake Chinese Communist Party social media accounts following pages which support Dalai Lama to make themselves look legitimate to unsuspecting users.

CCP officials sometimes openly intimidate Tibetan leaders, make use of monetary incentives and threaten people's connections in Tibet to recruit Tibetans to act as spies within their own community, Inkstick reported. China is doing everything possible in both subtle and overt ways as Tibet is important to Beijing.



Serta Tsultrim, a Tibetan MP, has said that 20 out of 45 MPs in the government-in-exile support total independence of Tibet, as per the news report. People in Tibet are forced to give personal documents to obtain sim cards.

Many Tibetan activists living in other nations do not contact their families in Tibet to protect them. Tsultrim's brother was imprisoned in Tibet for explaining no reason. Tsultrim has not spoken about the issue in front of the media, however, he suspects that his brother could be punished for his own political involvement.

Students for a Free Tibet is an initiative started in 1994 after the Dalai Lama received the Nobel Peace Prize in 1989. Students for a Free Tibet comprises Tibetan and non-Tibetan activists and its India chapter was created in 2000 to focus on Tibetans within India. Students for a Free Tibet works in campaigns to free political prisoners and climate as well as environmental justice. In addition, they also give training on strategic non-violence and believe in total in-

dependence for Tibet. As per the news report, China continues to shift Han Chinese immigrants to Tibet. Beijing has claimed that Tibet is now around 10% Han, however, the report's author claimed that people in Dharamshala have revealed that Han Chinese immigrants were now closer to 30 or 40% in Tibet. China has recognised 'The Tibetan Youth Congress' as a terrorist organisation.

Tibetan Youth Congress works under the Dalai Lama to unite the Tibetan people and to preserve their culture and identity. Tibetan Youth Congress president Gonpo Dhundup said that members of the group are questioned when they visit Tibet.

He further said that Tibetan Youth Congress' general secretary has avoided speaking to his family for several years in order to protect them, as per the Inkstick report. Dhundup claimed that he himself has been targeted as the CCP started obtaining the contact numbers of activists living in Dharamshala and started threatening them.

Study examines amount of water people consume over their lifespan

A recent research of thousands of people finds a significant difference in the amount of water people consume around the world and throughout their lives, clearly refuting the oft-repeated concept that eight, 8-ounce glasses of water cover the human body's daily needs.

"The science has never supported the old eight glasses thing as an appropriate guideline, if only because it confused total water turnover with water from beverages and a lot of your water comes from the food you eat," says Dale Schoeller, a University of Wisconsin-Madison emeritus professor of nutritional sciences who has been studying water and metabolism for decades. "But this work is the best we've done so far to measure how much water people actually consume on a daily basis -- the turnover of water into and out of the body -- and the major factors that drive water turnover." That's not to say the new results settle on a new guideline. The study, published in the journal Science, measured the water turnover of more than 5,600 people from 26 countries, ages ranging from 8 days to 96 years old, and found daily averages on a range between 1



liter per day and 6 liters per day. "There are outliers, too, that are turning over as much as 10 liters a day," says Schoeller, a co-author of the study. "The variation means pointing to one average doesn't tell you much. The database we've put together shows us the big things that correlate with differences in water turnover." Previous studies of water turnover relied largely on volunteers to recall and self-report their water and food consumption, or were focused observations -- of, say, a small group of young, male soldiers working outdoors in desert conditions -- of questionable use as representative of most people.

Dhanyad Sahit

Pandey bhैया, ek cup chai bhi bana do', 'Moni,aaj zayada der rukh jana, guests ne aana hai', 'Ramesh,aaj bachoon ko school aur tuition se pick kar lena'. Sounds familiar? We all have some didi s and bhैया s in our life to make it easier for us. They take lot of weight off our shoulders so that we can focus on things which matter to us. But are we grateful to them? Have we ever said, 'thank you' to them for their services.

"Why thank when they are paid for the service? It's their job" came a reply. So, to all those who think this way, imagine a day without that one person in your life. Guess, you have your answer!

This 'Thanksgiving' (a western way of celebrating the harvest and other blessings of past year) let's imbibe gratitude in our lives. But how when we live in this digital era where gratitude is just the most ironic hashtag on social media- bragging minus humanity on platforms that celebrate materialism! People today are bombarded with idealized images and temporary fames with no appreciation for anything. Well, we aren't exactly ungrateful.

We just take things for granted. We obligatorily say thank you for small chores but don't expect it as a default reaction for big wallops. Those are our rights! Yeh tu aapne karna hi tha. Better late than never. Start now by noticing and identifying things

you are grateful for. Tune in to small everyday details of your life and notice good things which we tend to take for granted-nature (we know the present condition of our Earth), people around us, comforts, food and more. I'm sure you can find plenty. It's everywhere. From your kitchen help to your CEO, from your professors to your child's teachers and from your parents to being parent yourself, everything is full of gratitude. Pause and absorb the feeling of genuine gratitude.



It might inspire you to return a favour, or act with kindness or thoughtfulness. Just do it! You don't have to be mushy or over-the-top. We all have our own style. Say what you feel to your favour, or act with kindness or thoughtfulness. Just do it! You don't have to be mushy or over-the-top. We all have our own style. Say what you feel

in right tone at the right moment. Even a simple, "mom, good dinner. Thanks!" can do wonders. It's heart that matters.

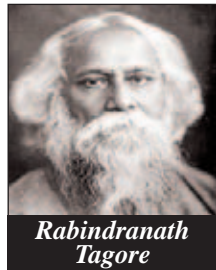
True gratitude doesn't leave you feeling like you owe other people something. If you've done someone a favour, you probably don't want the person to feel like you expect something in return. It's all about feeling good and creating a cycle of good. Lets have attitude of gratitude.

Gitika Goel  
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POEM

The Sun of the First Day

The sun of the first day  
Put the question To the



new manifestation of life-  
Who are you?  
There was no answer.

Years passed by. The last sun of the last day  
Uttered the question on the shore of the western sea  
In the hush of evening-  
Who are you? No answer came again.

Rabindranath Tagore

Digital detox: Question your habits

A "digital detox" refers to a time period spent staying away from internet-connected electronic devices such as smartphones and computers. Besides, a digital detox is an opportunity to reduce stress and focus more on interacting with others. It also aids in the prevention of technological addiction. Moreover, a digital detox gives us time to experience nature, exercise, and practise mindfulness. Regular exfoliation helps maintain a healthy balance between IRL (in real life) activities and the digital world.



Social media addiction is on the rise among teenagers and young to middle-aged people both in cities and villages in India. Every time you log into your favourite app, such as Facebook, Snapchat, Instagram, Twitter, etc., dopamine signals increase in your brain. These neurotransmitters are linked to pleasure. Most of the dopamine is generated deep in the midbrain and released in diverse areas across the brain, and it is largely responsible for the diverse behaviours



related to learning, habit formation, and other types of addiction. With more dopamine after using social media, the brain needs to perceive the activity as rewarding and repeat it. Such reactions may be felt more when you post your photo or feelings and receive positive feedback. Your brain also uses similar positive reinforcement for other addictions. Virtually limitless social stimulation, both positive and unpleasant, has been made possible by smartphones. Every notification, whether a "like" on Facebook, Snapchat, Instagram, or a "follow" on Twitter, has the potential to be a stimulating social interaction that causes the release of dopamine. In other addictions, your brain engages in this positive reinforcement as well. These are the few symptoms of severe addiction that the majority of people experience:

feeling anxious and stressed

when you can't find your phone.

"I'm forced to check your cell phone every few minutes.

"I'm feeling depressed or anxious after spending time on social media.

"I'm interested in the number of likes, comments, or reshares on different social media platforms.

"I am afraid I will miss something if I do not keep checking the gadget.

"I often stay up late or wake up early to keep fiddling with my cell phone.

Nowadays, it is a curious paradox that we are making new friends on social media platforms with people we have barely met before. We wish happy birthdays and congratulate on different occasions to our added friends on social media platforms, but we always hesitate to call them and avoid face-to-face interactions.

Sometimes, after posting pictures, thoughts, and videos on social media, we keep on searching for every person who likes, comments on, and shares them. The interesting fact is that we make positive and negative assumptions based on these likes and comments about who is happy and jealous

of my post on social media. Moreover, it is also observed that likes, comments, and shares are based on the notion that if you like my post, I will also like your post, or vice versa. This virtual happiness and sorrow have created a new problem of "mood swings" in society, especially among the younger members of our society. According to studies, compulsive social media use affects people's sleep, work, parenting, and relationships. Many times, people are so engrossed in their mobile phones that they fall on the road and are hit by vehicles.

Due to this social media addiction, people have short tempers; it can also be a sign of an underlying condition like depression or Intermittent Explosive Disorder (IED), which is characterised by impulsive and aggressive behavior. If your anger has become overwhelming or is causing you to hurt yourself or others, it's time to seek the help of a psychiatrist.

Surely, social media and gadgets are not going anywhere soon. The concept of "digital well-being" needs to be discussed among all sections of society. Digital wellness is the ability to develop and maintain a healthy relationship with technology and use it to reach your goals while maintaining positive digital wellness instead of letting it distract or get in the way. If we can control the way we use the technology, we can channel its full potential and reap the benefits.

The use of electronic devices should not be at the expense of one's mental or physical health. We should also think about the idea of "digital fasting," which means not using the internet or electronic gadgets for a specific period of time in a day or week.

This small practise may help us relax our bodies and reduce undue curiosity about unknown information available on social media. Every person should try enriching the habit of lively interactions, enjoying nature, helping others, and positively appreciating others. Ultimately, we have to decide how much is too much for us.

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Amritsar, Nexus Amritsar is offering plenty of deals on over a hundred brands as part of its Black Friday Sale this weekend. This three-day shopping festival will start from 25th November and end on 27th November. Nexus Amritsar in its endeavor to connect with the customers by making it a family destination with one stop destination for fashion apparel, beauty & accessories brands and electronics products. A wide range of products from both national and international brands are available here with great discounts. Apart from that, Nexus Amritsar is also giving a chance to win with shopping. Customers can get assured brand vouchers on shopping of Rs 10,000 while miniature model of Golden Temple on shopping of Rs 20,000 and silver coin of 10 grams on shopping of Rs 40,000.

### Abbott to Upgrade 75 Primary Health Centres Across India, Providing Quality, Accessible Care to 2.5 million People

S Himla: Global healthcare company Abbott has committed to upgrading 75 Primary Health Centres (PHCs) to Health and Wellness Centres (HWCs) across nine States in India in partnership with Americas India Foundation, a health-focused relief and development organization. The HWC program, supported by an Abbott grant of about Rs 200 million (U.S.\$2.4 million), will serve over 2.5 million people from under-resourced communities every year. These centres are vital to support the government's Ayushman Bharat initiative, advancing access to affordable, quality healthcare equitably across the population.

Jasraj Virdi, Global Citizenship and Sustainability Director, Abbott, said, "In line with our 2030 Global Sustainability Plan, we intend to expand affordable access to healthcare by delivering innovative, decentralized models of care that advance prevention and early diagnosis, and provide quality treatment and care. Strengthening local health centres to be well equipped to meet community healthcare needs is a step in this direction. And these centres will also play an integral role in supporting the government's health initiatives to ensure the delivery of quality primary healthcare that is affordable, equitable and sustainable."

### Jindal Stainless wins P&G's Grooming Excellence Award 2022

H ISAR: Recognizing Jindal Stainless as one of its prestigious partners, the P&G conglomerate has felicitated the Company with its Grooming Excellence Award 2022. The award recognizes P&G's top-performing external business partners annually in the operational, innovations, and relationship performance categories. Jindal Stainless has been selected from the ranks of more than 50,000 external business partners. The Company has been awarded for being a consistently reliable partner to P&G's Gillette brand through its innovative solutions and supply of high-quality stainless steel. It is noteworthy that Jindal Stainless is the approved global supplier across all the units of Gillette. On receiving this award, MD, Jindal Stainless, Abhyuday Jindal, said, "I thank the P&G Group for recognizing our efforts. Over the years, our incredible partnership with Gillette has become stronger through shared learning and growth, and we are honoured to be a part of its supply ecosystem. We immensely value this mutually-rewarding relationship and are consistently working towards sustainable and best-in-class solutions for our trusted partners through dedicated R&D efforts."

### Bajaj finance organised nation-wide Intensive awareness programme

R ohtak : Bajaj Finance Limited, India's largest and highly diversified NBFC and the lending arm of Bajaj Finserv Limited, organised a public awareness programme at Rayat Bahra University, Mohali, Punjab, to spread awareness on online fraud, financial education, Banks & NBFCs' Internal Grievance Redressal Mechanism as well as the RBI's Integrated Ombudsman Scheme. The workshop was organised as a part of the RBI's Nation-wide Intensive Awareness Campaign, planned across Maharashtra, Haryana and Punjab in conducted in different schools and colleges, manufacturing plants and auto union premises. The Mohali workshop was chaired by senior officials from RBI Ombudsman, Chandigarh, Cyber Crime, Mohali and Retired SP Ludhiana along with other members of the Bajaj Finance's Risk Containment Unit and Operation teams. Bajaj Finance also advised the participants at the workshop and the public to pay extra attention to the below-given tips to adopt healthy financial habits and stay safe against online fraud.

### Uniparts India Limited - Initial Public Offer to open on November 30

G URGURAM : Uniparts India Limited ("UIL" or the "Company"), proposes to open on Wednesday, November 30, 2022, an initial public offering of up to 14,481,942 Equity Shares face value of ₹ 10 each ("Equity Shares") comprising 1,100,000 equity shares by The Karan Soni 2018 CG-NG Nevada Trust : 1,100,000 equity shares by The Meher Soni 2018 CG-NG Nevada Trust and 2,200,000 equity shares by Pamela Soni (collectively the "Promoter Group Selling Shareholders") and 177,382 equity shares by Ashoka Investment Holdings Limited ("Ashoka") and 2,154,192 equity shares by Ambadevi Mauritius Holding Limited ("Ambadevi") ("Ashoka" And "Ambadevi" are together referred to as the "investor Selling Shareholders") and 177,378 equity shares by Andrew Warren Code; 177,378 equity shares by James Norman Helene; 177,378 equity shares by Kevin John Code; 57,420 equity shares by Dennis Francis Dedecker; 41,730 equity shares by Melvin Keith Gibbs; 24,706 equity shares by Walter James Gruber; 21,556 equity shares by Wendy Reichard Hammen; 20,870 equity shares by Mark Louis Dawson; 16,366 equity shares by Bradley Lorenz Miller; 10,440 equity shares by Mary Louise Arp; 8,340 equity shares by Diana Lynn Craig; 7,710 equity shares by Marc Christopher Dorau; 5,010 equity shares by Craig A. Johnson; and 826 equity shares by Misty Marie Garcia (together, the "Individual Selling Shareholders", and together With the Promoter Group Selling Shareholders and the Investor Selling Shareholders are collectively, the "Selling shareholders") (the "Offer For Sale" or the "Offer"). The offer will constitute 32.09% of the post-offer paid-up equity share capital. The Offer will close on Friday, December 02, 2022.

### Vi offers the best range of IR packs to Football fans travelling to Qatar for World Cup

G URUGRAM / HISAR : Football fever has gripped the world and the nation! With the World Cup kicked off in Qatar, many Indians are travelling to the country to experience the live football action. Travelers are expected to stay for an average of 7 days in the country to watch the matches and travel around the country. For all such travelers from India, Vi is the only telecom brand offering the best and widest range of International Roaming (IR) packs starting from 7 Day to 28 Days validity giving its users a wide bouquet to choose from depending on the length of their stay in Qatar. It is also the only operator to offer IR pack with 7 days validity enabling its users, optimum choice and value for money.

### 'Dildariyaan' Spoiler Alert: Avni accused of theft publicly



I n the show 'Dildariyaan' we see Amber and Avni clash again. Apart from this Avni will be seen facing a severe accusation and humiliated publicly. The new show is leaving no stone unturned to attract the viewers at least, in today's upcoming episode Avni be seen facing humiliating accusations for committing theft at a party in Amber's house. Amber's mother accuses Avni of stealing a heavy necklace and Amber's phone is stolen. Avni is publicly humiliated as the stolen stuff is found in Avni's purse, but Amber is aware that Avni is innocent and that she has been mistaken as a thief. Are all these allegations true or is it someone's conspiracy to trap Avni? Is Avni really the culprit of stealing? Watch the show today at 7:30 PM and know what the show's more dramatic story brings to the audience only on Zee Punjabi.

YUGMARG, CHANDIGARH, SATURDAY, NOVEMBER 26, 2022

# Yoga Is The Perfect Tool For Sustainability, Say Experts

I n the present world, yoga is not merely seen as a method for enhancing body functions. The practice has far more to offer than merely physical advantages. This ancient practice can be viewed as a healthy way of life that blends physical and spiritual disciplines by harmonising the mind, body, and spirit. The practice cultivates a sense of unity between the mind, body, and surrounding environment, which encourages conscious behaviour and acts toward other humans, animals, nature, and the planet Earth.

"The techniques involved in the practice of yoga like asanas, breathwork and discovering the true state of mind, reorient yoga practitioners to the deep continuity that permeates every aspect of life till they realise the truth that the body, breath and mind are part of the world and not distinct from worldly life. This makes them empowered to act and adjust their behaviour to help the environment and community," says Dr Deepak Mittal, Founder, Divine Soul Yoga. In this way, yoga fosters calm, conscientious environmental stewardship for the benefit of society and the world. He outlines how yoga promotes sustainability.

How Does Yoga Promote Sustainability? At this time, when the entire world is concerned about the implications of global warming and climate change, yoga can help individuals cultivate an internal and external perspective that is comprehensive and holistic. Frequently, environmental issues are not voiced properly or addressed soon. Even when they are articulated, the ideals linked with environmental preservation do not fully merge into the personalities of individuals. This is hardly surprising, as inclusiveness and harmony cannot be considered by individuals who are not internally psychologically tuned.

However, yoga can help a person overcome their inner restrictions and undergo an interior transformation. With practice, yoga cultivates the mental clarity necessary to appraise problems with a constructive attitude and to help society. People become more aware of the interdependence of thought, prana, and action via everyday yoga practice. Yoga teaches individuals to take care of their bodies and make



decisions that enrich life rather than decrease it. With increased awareness of what enters the body and the environment, individuals begin to adopt environmentally

beneficial and sustainable decisions, such as using less plastic, walking to places, and advocating for clean air and water for all. All of this can contribute to the fight against climate change.

Green Yoga And How It Can Inspire People To Take Care Of The Environment

Green yoga is one of the most recent advancements in the area of yoga. Practitioners of green yoga seek to adhere to the traditional practice of yoga while maintaining an eco-friendly lifestyle. Instructors of green yoga practise not only instruct their students in the traditional form of yoga, but also make them aware of the advantages of living an eco-friendly lifestyle. Their goal is to instill ecological awareness, contemplation, and action among the yoga community. During each yoga session, students are instructed on the yogic principles of world harmony.

Thus, these teachings inspire pupils to adopt eco-friendly decisions that contribute to a healthier environment.

## Reliance Jio 5G Rollout Completed Across 33 District Headquarters in Gujarat, Telco Says

T elecom major Jio has rolled out 5G service across all 33 district headquarters of Gujarat under its trial phase, the company said on Friday. This makes Gujarat the first state to get 5G service across all district headquarters and it is also the biggest roll-out of the next generation service till date on trial basis. Jio has stated that it will provide 5G services to subscribers at no additional cost during the trial period. "Today, Jio has taken a big stride forward by extending its True-5G coverage in each of the 33 district headquarters of Gujarat, thereby making Gujarat the first state in India to get Jio True 5G coverage in 100 per cent of the district headquarters. Gujarat holds a special place, as it is

Reliance's Janmabhoomi (birthplace)," the company said in a statement.

The launch of service in the state begins with the company's "True 5G"-powered initiative named 'Education-For-All', in which Reliance Foundation and Jio are coming together to initially digitise 100 schools in Gujarat. "We are proud to share that Gujarat is now the first state to have 100 percent district headquarters connected with our robust True 5G network. We want to showcase the real power of this technology and how it can impact a billion lives. Education is a focus-area for our hon'ble Prime Minister," Reliance Jio Infocomm Chairman Akash M Ambani said in the statement.

## Orchids The International School organizes 'Reflection Week' - 7 days meditation workshop for students

G urugram: Orchids The International School, Sector 56, Gurugram, organized 'Reflection Week', a week-long meditation and relaxation workshop for the students. The objective of the workshop was to help the students stay focused, reduce stress, improve attentiveness, and enhance body awareness and mindfulness. All students from grade 1 to 12 participated in the workshop.

"The sessions were quite insightful. After the meditation workshop, I felt very calm



and relaxed. My preliminary exams were almost around the corner, and attending the workshop helped me reduce my stress and improve my concentration level. I hope to make meditation a practice

going forward as I now understand how it can help me both in my personal life as well as in my academia," said Anjali Jha, Grade 12 student, Orchids The International School, Sector 56, Gurugram. The session began with the meditation kriyas and vibration sounds. The students were also enlightened about seven different chakras and the qualities associated with each of them. The workshop helped them understand the significance of physical, mental, and emotional balance. "With the environmental hazards on the rise, it is important to help the children stay healthy and focused toward their goals. This meditation workshop was extremely helpful in boosting the self-confidence of the students and also made them start their day with a different perspective on things and life. We hope to continue organizing these workshops.

## Massive footfall at FOTO 2022 Exhibition



M OHALI(L K Bansal )Photographic Society of Chandigarh (PSC) showcased its Annual members' exhibition FOTO-2022 today at Punjab Kala Bhawan, Sector 16, Chandigarh. The FOTO-2022 was inaugurated by Mr. Parmish Verma, a renowned singer, actor, director. Mr. Verma was appreciative of the pictures clicked by the members of the PSC and also the variety of work that was on display. He was impressed with the quality of work and showed interest in all the pictures by enquiring about the subject from the photo artist. The President Mr. Yashinder Bagha informed that a total of 70 pictures were on display of 24 members of the society. Pictures relating to Landscapes, wildlife, life, street life, creative works were displayed. Dr. S.S. Bhamra, Chairman FOTO-2022 welcomed the chief guest and explained about the working of the Society and explained that all the members worked tirelessly to make a success of the exhibition. Mr. Dinesh Verma, General Secretary presented the memento to the Chief Guest. It was an excellent work seen after long time in Chandigarh after the pandemic. The exhibition will remain open till Sunday, 27th November from 11am to 7pm.

## PTC Motion Picture's Premiers film 'Baghi Di Dhee'

C handigarh :PTC Motion Pictures released one of the most anticipated films of the year 'Baghi Di Dhee' which talks about the revenge, revolt and valor of the revolutionaries. The film is helmed by ace-director Mukesh Gautam and bankrolled by Rabinara Narayan, MD and President, PTC Network. 'Baghi Di Dhee' was released in theaters on November 25 and has managed to win the hearts of the audience with its out-of-the-box presentation. The original story written by Giani Gurmukh Singh Musafir glorifies the rebellious spirit of the warriors of 'Gadar' movement who battled against the British empire. Furthermore, it sheds light on the challenges and hardships of a 14-year-old-girl who fought for independence and is proud to be referred to as "daughter of a rebellion." The hallmark of the film is its 'script' which is written by highly acclaimed writer Pali Bhupinder Singh.



The stellar cast includes Kuljinder Singh Sidhu, Dinoor Kaur, Vaquar Shaikh, Gurpreet Bhangu, who did justice to their characters in the movie. 'Baghi Di Dhee' also includes songs contributed by famous singer-lyricist Bir Singh, while Tejwant Kittu contributed to the music composition. Talking about the movie, Rabinara Narayan, MD and President, PTC Networks said, "Fortunately, PTC does not have the pressure of box office compulsions of having big names and formulas to draw a crowd. We believe in story being the most important aspect of any film project. For us it was important that the story is deep rooted in the ethos of Punjab with focus on the contribution of unsung heroes in the Indian Freedom Struggle. It's a film with soul and hopefully Punjabis would appreciate the way the subject has been presented." 'Baghi Di Dhee' is undoubtedly a must-watch film as it enlightens the younger generation about the sacrifices made by the bravehearts.

## Experts meet auto drivers to discuss shift to electric autos in Amritsar



A mritsar: In a unique effort to tackle the deteriorating air quality in Amritsar by encouraging more electric auto rickshaw numbers on the roads, a meeting with experts was organised at Hotel HK Clarks Inn here today. The main aim was to educate and better inform auto-rickshaw drivers about the benefits of switching to electric rickshaws and also to address their concerns. The meeting organised by EcoSikh in collaboration with Clean Air Punjab - a citizen's initiative, and concerned citizens from Amritsar was attended by auto rickshaw drivers, unions, representatives of the RAAHI (Rejuvenation of Auto-rickshaws in Amritsar through Holistic Intervention) project in Amritsar, concerned Amritsar citizens, and a panel of experts from the Council on Energy, Environment and Water (CEEW). Titled 'Unpacking the Challenges and Opportunities of Electric Autos' the group held a thorough discussion on the city's rising air pollution as well as the joint action that needs to be taken up by the government and community to ensure clean air. As per Supreet Kaur, President EcoSikh it was last year in December that concerned over rising air pollution and also to enhance public transportation in the city the RAAHI initiative was launched but somehow auto drivers remain hesitant and hence there were very few takers for electric auto. "As a group of concerned citizens, we need to engage with the auto unions and drivers as they are an important stakeholder if the city has to achieve clean air. Through this meeting we wanted to bring them face to face with experts so that they are not only better informed but also can themselves resolve all their queries and concerns about electric auto," she said adding that they were now hopeful that the auto unions in Amritsar will not only be better informed about the issue.

## Toyota Kirloskar Motor Launches All New Innova HyCross

C handigarh/ Ambala : Toyota Kirloskar Motor (TKM) today ushered a new era in Innova's journey by unveiling the Innova HyCross, a Self-Charging Strong Hybrid Electric Vehicle (SHEV). Based on Toyota New Global Architecture (TNGA), the latest Innova celebrates Toyota's globally recognized Quality , Durability and Reliability backed by advanced technology, to appeal to the Indian customers. Present at the launch in Mumbai, Mr. Hideki Mizuma, Chief Engineer, Innova, Toyota said, "Innova



has become an iconic vehicle in India's mobility journey and is a household name. Today we are happy to launch the all new Innova HyCross for our

Indian customers. The Self-charging Strong Hybrid Electric vehicle, with the spaciousness of an MPV and proportions and poise of an SUV, is loaded with features to meet the aspirations of Indian customers. This feature packed vehicle is intended for those who seek safety and comfort while travelling and would love to be a part of the new Innova HyCross family "Speaking on the occasion Mr. Vikram Kirloskar, Vice Chairman, Toyota Kirloskar Motor, said, "It has been an amazing year as we celebrate 25 glorious years of Toyota in India. At TKM, sustainability continues to be at the core of our business and with an unprecedented increase in carbon emissions globally, we firmly believe that its HY time to shift gears for a greener future.

## Scoot Attains International Air Transport Association (IATA) Membership

A mritsar, November 25--- Scoot, the low-cost subsidiary of Singapore Airlines Group, has attained full International Air Transport Association (IATA) membership. Only airlines that meet IATA's Operational Safety Audit (IOSA) standards for safety in airline operations are eligible for IATA's membership.

Mr. Leslie Thng, Scoot's Chief Executive Officer, said "We are honoured to become an IATA member. This international recognition affirms our dedication to upholding safety for our passengers. Through the decade, we have continued to enhance our operational resilience and improve our customers' experience. Looking ahead, we hope to

continue to pave the way in redefining and elevating value-travel in our industry."



"We are delighted to welcome Scoot as an IATA member. Having Scoot, a low-cost carrier, as a

## COLORS presents a riveting new fictional drama, 'Pyar Ke Saat Vachan Dharam Patni'

C handigarh : Two couples, one an affluent Punjabi couple - Ravi Randhawa (played by Fahmaan Khan) and Keerti Sachdeva (played by Gupreet Bedi) and the other a middle-class Gujarati couple - Pratiksha Parekh (played by Kritika Singh Yadav) and Mahir Thakur (played by Akash Jagga). While Ravi and Keerti are childhood sweethearts, Pratiksha and Mahir are soon to be untied in an arranged marriage. What happens when their destiny intertwines? How will they deal with the aftermath? Tracing the journey of these two contrasting couples, COLORS presents a new fiction drama, 'Pyar Ke Saat Vachan Dharam Patni'. Produced by Balaji Telefilms, the show will premiere on 28th November and thereafter, every Monday to Friday at 8:00pm only on



Entertainment, Viacom18, says, "At COLORS, we continue to deliver diverse content across genres with varying emotions,

## Russia Working on Law to Establish National Cryptocurrency Exchange

Russian lawmakers are working on a draft amendment bill enabling the country to launch a national crypto exchange. As per a report by a local media outlet, lawmakers and market participants had meetings in mid-November to discuss what changes would be required to the law to enable the creation of a national exchange for cryptocurrencies, according to a source close to the State Duma — the lower chamber of the Russian parliament, and the information was later confirmed by a participant in the meetings. The amendments will first be presented to the Russian government and the central bank. According to a report by Russian media outlet Vedomosti, the legislators want a draft document that considers the market players' position before submitting it to the higher authorities. With this plan, Russia seeks to bring cryptocurrencies under state control.

## Indian Gamers are keen to explore career opportunities in Gaming: HP India Study

C HANDIGARH- Indian Gamers are showing a strong interest towards a career in gaming, according to The HP India Gaming Landscape Study 2022. The study covering over 2000 respondents across 14 Indian cities highlighted that gamers feel gaming offers good earnings prospects along with multiple career choices.

In the second edition of HP's Gaming Study in India, PC remained the most preferred device for gaming. An overwhelming 68% of gamers voted for PC, as it offers better processors, design, and graphics with immersive displays.

According to the study, around two thirds of serious gamers want to explore gaming as a full-time or a part-time career. Another key reason driving gamers towards gaming is the possibility of their hobby becoming a career.

The growth of the gaming industry in India is also helping Indian gamers to try their hand at various career options. While becoming a gamer remains the most preferred, other options like becoming an influencer or a gaming software developer also interest them.

Vickram Bedi, Senior Director, Personal Systems, HP India market said, "As the gaming industry in India evolves, it is promising to see gaming being considered as a career option. The PC gaming landscape in India offers a tremendous opportunity for the youth and we, at HP, are committed to support gamers in their journey by providing knowledge, tools, and opportunities to upskill and help them become better at their game through OMEN community initiatives."

## Children below 5 years could be 7 times more at risk of hospitalization because of flu - Dr. Gaurav Garg

B ATHINDA: The Indian Academy of Pediatrics (IAP) and the World Health Organization recommend annual vaccination for children between the ages of 6 months and 5 years. Children are vulnerable to the flu throughout the year especially during the winters and monsoons. It may take about 2 weeks to develop antibodies after getting the vaccination, which is why it should be taken 2 to 4 weeks before the monsoon or winter. Children under 5 years are not only at a higher risk of complications from the flu but can also spread the infection to others in the community.

Speaking about the need for Annual 4in1 Flu vaccination, Dr. Gaurav Garg, Consultant Pediatrician, Mediprime Hospital said that Flu can infect people at all ages and can sometimes lead to serious complications. However, children under five are at a higher risk of developing serious health problems if they get flu. This is why we encourage parents to give them the annual 4in1 flu vaccination as protection against flu. It is safe and effective. Flu is caused by the influenza virus, and it affects the nose, throat, and lungs. Some common symptoms are cough, fever, chills, sore throat, tiredness, muscle ache and headache. The virus can spread easily from a sick person when they speak, sneeze, or cough. Respiratory droplets that contain the virus can directly reach healthy people, or indirectly if they fall on surfaces e.g., the door that is then touched by someone who is not sick. Many recover in a few days or weeks. But children under the age of 5 years, especially those who are under 2 years; and those with long-term medical conditions may sometimes become very sick with the flu and need to be hospitalized. Children may have serious complications such as pneumonia and bronchitis because their immune system is not fully developed. Studies show that 11% of outpatient children under 5 years of age with acute respiratory infections had flu in India. The mortality rate because of influenza is also high in children below 5 years of age.



## Tata Motors joins hands with HDFC Bank for Electric Vehicle Dealer Financing Program

S HIMLA : In a bid to increase EV adoption in the country, Tata Motors, India's leading automotive manufacturer has joined hands with HDFC Bank, India's largest private sector bank, to offer an Electric Vehicle Dealer Financing solution to its authorized passenger EV dealers. Under this scheme, Tata Motors will provide its dealers additional inventory funding over and above their ICE finance limit with attractive pricing linked to Repo Linked Lending Rate (RLLR). The repayment tenure will range from 60 to 75 days. Furthermore, the bank will also offer additional limit to cater to high demand phases, which will be available to dealers 3 times in a year. The MoU for this partnership was signed by Mr. Asif Malbari, Chief Financial Officer, Tata Passenger Electric Mobility Ltd. and Director, Tata Motors Passenger Vehicles Ltd. and Mr. Arvind Kapil, Group Head -Retail Assets, HDFC Bank.

Arvind Kapil, Group Head-Retail Assets- HDFC Bank said, "We at HDFC Bank are delighted to be associated with this programme. This will help us tap new consumer segments through a customised financing programme as well as promote the EV culture in the country. This is one more step in our journey towards becoming carbon neutral by 2031 -32."

Asif Malbari, Chief Financial Officer, Tata

## Harpic renews its focus on 'Sanitation for All' with Harpic Mission Swachhta aur Paani



H arpic under its flagship initiative 'Mission Swachhta aur Paani' started the week with an 8-hour long telethon on World Toilet Day showcasing its commitment towards safer toilets for all and the need for behavioural shift towards clean and hygienic toilets. After three successful years of Harpic's biggest long-term campaign, the initiative is pivoting towards a resurgence in the sector of health, hygiene, and sanitation by making the cause bigger and more inclusive with Harpic Mission Swacchta aur Paani –Milkar Le Ye Zimmedari'. 'Mission Swachhta aur Paani', a Sanitation for All campaign is a movement that upholds the cause of inclusive sanitation where everyone has access to clean toilets. It advocates equality for all genders, abilities, castes and classes and strongly believes that clean toilets are a shared responsibility. This is a pledge to keep India Samagra Swachh, to protect communities from diseases, fight for sustainable sanitation and access to safe toilets. The campaign also declared a call to citizens from across the country to share their thoughts on what could be a 5-point behavioral change mandate for the nation. Ravi Bhatnagar, Director – External Affairs and Partnerships, Reckitt – South Asia said, "Since its inception, Harpic and News18's Mission Swachhta aur Paani has been working on inclusive sanitation in India, and the importance of water for hygiene and sanitation.

## Nehru Yuva Kendra celebrates service, empowerment program through voluntary activities

I ndri November 25 (Mainpal Kashyap) Under the aegis of Nehru Yuva Kendra Kamal and as per the instructions of District Youth Officer Renu Silag, an intensive volunteer enrollment programme was organized in sub-division village Tapiryo. Rashtriya Swayamsevak Sonia Devi made women and young generation of the village aware about cleanliness and women empowerment. During this, Sonia Devi said that since the beginning, the



issue of gender inequality has been considered paramount in our country, due to which the women of our country are lagging behind more than men. It is necessary to provide equal rights to men and women. The aim is to create awareness among women and make them aware of their rights. Sonia Devi said that if women are conscious about their rights, domestic violence and many other issues prevailing in the society can be reduced. Anti-women beliefs prevalent in today's society act as an obstacle in the development of the society. Women should not only be proficient in family and domestic work but they should be proficient in every field of the society which will help us to develop the society. Men's participation and their contribution plays a very important role in this important change.

## MG Ranks Highest in India Customer Service for a Second Consecutive Year

L UDHIANA--- Vehicle owners in India place a great level of importance on proactive service advisor-led interaction during their service experience, according to the J.D. Power 2022 India Customer Service Index (CSI)

Study, SM released today. After a hiatus since 2021, J.D. Power has relaunched the India Customer Service Index (CSI) Study in collaboration with NielsenIQ. MG India ranks highest with a score 860. Honda (852), Hyundai (852) and Toyota (852) each rank second, in a tie. More than three-fourths (80%) of customers say that key elements of service quality were done, such as completion of all requested work; work done right the first time; and the vehicle was cleaned. Satisfaction declines 22 points when customers say that even one of these elements was missed. Millennials and Gen Z customers are the least satisfied among generational groups, with overall satisfaction of 822, which is 22 points below the average. They are significantly more critical of any omission in the implementation of both interaction and quality of service. In contrast, older customers over the age of 35 tend to be more forgiving and place a higher importance on the quality of service. The study measures new-vehicle owners' satisfaction with the after-sales process by examining dealership performance in five factors (listed in order of importance): service initiation (26%); service advisor (20%); vehicle pick-up (20%); service quality (19%); and service facility (15%). The study only examines after-sale satisfaction in the mass market segment.



## Mega Campaign Launched to Transform Public and Community Toilets in all Urban Areas

A MRITSAR: The Union Minister of Housing and Urban Affairs (MoHUA) Shri Hardeep Singh Puri launched Toilets 2.0 campaign at a national event organized at Bengaluru, Karnataka on the occasion of the World Toilet Day 2022. The campaign aims to change the face of public and community toilets in urban India through collective action involving citizens and Urban Local Bodies. Launching the Toilets 2.0 campaign, Hon'ble Union Minister said "India is set to go beyond the ODF narrative. Clean and safe public restrooms and public spaces will improve the experience and quality of public life and that is why I am delighted to launch Toilets 2.0 campaign. He expressed confidence that all stakeholders would act together to make the campaign a resounding success. Addressing the inaugural session, Secretary, MoHUA, Shri. Manoj Joshi reminded the participants that the sanitation journey is a continuous one and requires institutional solutions. The ODF++ protocol and certification for cities is given to ensure that human waste is contained safely. Already 25% of our cities have attained this status. A Water Plus certification is given to cities which do not discharge untreated used water into the environment. These initiatives align perfectly with the theme of the WTD 2022 'Groundwater and sanitation – making the invisible visible'. By the end of the Mission, it is expected that 110% of our cities will be certified ODF++ and at least 50% will attain Water Plus status.



## NEWS AT A GLANCE

### Annual sports meet held at Vidyavanti Memorial School



**VINOD DHIMAN JAGADHARI:** A sports meet was organized at Vidyavanti International Memorial School here today. Darshan Singh, Block Officer of Yamunanagar District of Education Department, honored the winning children. Like every year, this year too, a sports competition was organized in the school premises with the aim of promoting sports among children. All the children of the school showed their strength in different games. On this occasion, the young children showed their talent on the first day today, in which their parents who reached the school also enjoyed it a lot. On this occasion, Darshan Singh, Block Officer of the District Education Department, lit the lamp and honored the first, second and third placed children in the competitions. The principal of the school, Ritu, while giving information, said that such programs are organized from time to time in the school premises to bring out the hidden talent in the children. Even today, children showed their strength by taking part in different activities in the sports competition. She said that the children who could not win this time should not accept their defeat and should practice more so that whenever there is a competition like this in the future, they can come forward by winning. The principal thanked the chief guest along with the parents of the children for attending the function.

### Shahkot motorcyclist arrested for creating public nuisance

**SHAHKOT:** The Shahkot police have arrested a Shahkot motorcyclist on the charge of creating a public nuisance. The investigating officer (IO) Lakhbir Singh said that the accused has been identified as Amrinder Singh son of Gurpal Singh a resident of Model Town Shahkot. IO said that the accused was driving his bullet motorcycle (PB-08-CQ-4585) very fast and negligently on November 24 late evening and was coming from the bus stand side emitting irritating sounds by snapping his motorcycle cylinder and creating a public nuisance. IO said a case under section 268 (punishment for public nuisance) of the IPC and section 207 (power to detain vehicles used without FC, RC, DL, permit.) of the Motor Vehicle Act has been registered against the accused and impounded his two-wheeler and released him on bail.

## Gupta seeks renaming of Chandigarh Railway Station as Chandigarh Panchkula Rly Station

**SD SHARMA CHANDIGARH, NOV 25**

The Haryana Vidhan Sabha Speaker, Gian Chand Gupta disclosed that he has taken up with Ministry of Railways to rename Chandigarh Railway Station as Chandigarh-Panchkula Railway Station and a formal letter has been submitted.

Gupta informed this after a meeting with General Manager, Northern Railway, Sh Ashutosh Gangal, at Chandigarh Railway Station to discuss various issues for the convenience of passengers at Panchkula side of the Station. He said that with the renaming of this railway station as Chandigarh-Panchkula Railway Station, passengers coming to Panchkula would be immensely benefited.

The Vidhan Sabha Speaker said that on reaching Chandigarh Railway Station, passengers going to Panchkula remain confused as to where they have to go to Panchkula. In this dilemma,



some passengers even reach Kalka railway station. Sh Gupta said that he also talked to the Union Minister for Railways, Sh. Ashwini Vaishnaw in this regard, who asked to send a proposal for the same. He said that Chief Minister, Sh Manohar Lal has written a letter to the Ministry of Railways to name Chandigarh Railway Station as Chandigarh-Panchkula Railway Station.

Gupta said that for the convenience of the passengers, a 24-hour reservation counter should also be set up at the railway station towards Panchkula side. Apart from this, waiting lounge, parking and all other facilities which are being given at the Railway Station at the Chandigarh side station should be given at Panchkula side. He also demanded that

### De-addiction campaign in govt school

**PEETI SAINI**

**SADHAURA:** A hate campaign was run against drugs in Government Senior Secondary School, Sarawan, under the de-addiction campaign, in which students were shown through YouTube how the youth gradually fall into the trap of drugs. It is known that even if they want to, they cannot give up their addiction. How different types of drugs like smack, heroin, alcohol and many other types of drugs are making our society and country hollow. The students showed interest in the anti-drug awareness campaign launched by the Haryana government and resolved to never take drugs in life and also to make others aware. Students were explained in detail about the damage caused and the message to never take drugs in life. On this occasion, school in-charge Ranjit Singh, Punjabi spokesperson and Hindi spokesperson Mr. Pawan Rana also gave a message to all the students to run a campaign against drugs in the society so that the anti-drug campaign launched by the government can be successful.



## PM's initiatives have spurred industrial growth: Bhatia



**SHIV KUMAR SHARMA KARNAL, NOV 25**

Industrial associations on Friday launched an industrial exhibition in Sector 12 here, which is a new beginning in itself in Karnal. Sanjay Bhatia, MP of Karnal Lok Sabha constituency, inaugurated the exhibition as the chief guest. Chief Coordinator Industries Sunil Sharma was also present with him on this occasion. The MP visited the stalls of all the industrial units in the exhibition and saw their products and appreciated them. Representatives of the industry association were also present there. On this occasion, MP Sanjay Bhatia told the owners of all industries that this is a good start and emphasized on the "Make in India" drive. He said that the Prime Minister is

thinking of how to take the country forward. In this direction, industries are being encouraged by the government so that industrial units are established in the country and the unemployed youth get employment opportunities. He said the PM's initiatives have spurred the industrial growth in the country. He said that Prime Minister Narendra Modi has increased the respect of the country in the world. Today other countries are also appreciating our policies. Referring to the Covid-19 outbreak, he said that countries like America and England could not make the medicine during the time of Corona, while India not only facilitated its citizens by making this medicine, but also helped other countries by giving medicine in times of crisis.

### God Bless students wow audience with dance performance



**R K KASHYAP CHHACHHRAULI, NOV 25**

District Level Club and Bulbul three day screening camp was organized at Shri Kaleshwar Mahadev Math Kaleshwar. District Project Officer Kailash Kumari arrived as the chief guest in this closing ceremony. 260 students, teachers and teachers of 35 schools participated on this occasion. Dance talent was also assessed in the program. The students of God Bless Public School Mujaafat Kala captivated the audience by performing beautifully on the Haryanvi folk song "Bagado Nachi Saman Mha" reflecting the Haryanvi culture and won the first prize. On this occasion, Kailash Kumari awarded prizes to the children who stood first and wished them all the best. School Principal Mrs. Shubneet Kaur congratulated the children and urged them to put their best foot forward on such occasions in future too.

## District and Sessions Judge, inspects Judicial Complex



**BUREAU**

**PANIPAT:** In compliance with the orders of the Punjab and Haryana High Court Chandigarh, District and Sessions Judge Sudesh Kumar Sharma along with Chief Judicial Magistrate and Secretary, District Legal Services Authority, Panipat Amit Sharma inspected the sub-divisional judicial complex Samalkha. During this Additional Civil Judge Senior Division Samalkha Jogindri was present. During this inspection, District and Sessions Judge Sudesh Kumar Sharma ordered the employees there to do their work properly and faithfully. Meanwhile, he also met the bar members there and assured them to know their problems and solve them. After that he inspected the Child Improvement Center located at Shiv Nagar. He checked the living and food arrangements of the children. Instructions were also given to maintain proper arrangement of cleanliness. During this, Sessions Judge Shasudesh Kumar Sharma also directed the in-charge of the shelter home to provide nutritious food to the children. CJM Amit Sharma said that 26 children are living in the Child Improvement Centre.

## Modi govt has taken historic steps to empower women: Banto Kataria

**PREETI RANI SADHAURA, NOV 25**

BJP state executive member and former director of GAIL Banto Kataria said that 'International Day for Elimination of Violence against Women' is celebrated every year on November 25 to prevent violence against women and to make women aware of it. Banto Kataria said that the purpose of the International Day for the Elimination of Violence against Women is to stop violence against women and to raise awareness about the basic human rights of women and gender equality. About 77 cases were reported every day and a total of 28,046 cases have been reported in 2020. At the same time, 3,71,503 cases of violence against women have been registered all over the world, which are being



dealt with very quickly. Banto Kataria said that many steps are being taken to protect the interests of women under the leadership of our successful Prime Minister Narendra Modi. The initiative to end the evil practice of triple talaq, the courage to take historic steps towards the empowerment of Muslim women, if any government has shown it, it is the Modi government. Mahila E-Hat has been started with the intention of encouraging women entrepreneurs. It is a great platform to showcase the products. Most of the account holders of Jan Dhan

Yojana are women, while almost half of the country's population did not have their own bank accounts even decades after independence. Prime Minister Narendra Modi took steps to remove this social injustice. The Modi government has not hesitated to take strict measures to prevent violence against women. The central government has worked to tighten many laws related to women's safety. The government has changed the laws related to heinous crimes against innocents and has made provisions for even death penalty for those guilty of committing crime of rape.

## True to her name, 24-year-old donor Muskan spreads smiles even after her passing

**CHANDIGARH, NOV 25**

True to her name, 24 year old donor Muskan from Meerut Uttar Pradesh spreads smiles even in her passing as her family's magnanimous decision of organ donation resulted in saving lives of two patients suffering from end stage renal failure and battling for life. The retrieved corneas from the donor restored the sight of another two patients; thereby impacting four lives in all with the donor family's heart-warming gesture of organ donation here at PGIMER. Lauding the brave-heart family for their exemplary courage amid their own tragedy, Prof Vivek Lal, Director PGIMER stated, "When the family has the courage to consent for organ donation



despite their unbearable grief, it becomes our moral responsibility to translate their noble wish into reality through transplantation. Let this be a humble tribute from PGIMER's end to the departed soul and brave-heart donor family." It was the fateful day of 27th October, when Muskan suddenly fell unconscious at her home. Initially admitting her in a local hospital, the family rushed her to PGIMER in an extremely

critical condition on the next day, 28th October. However, the incessant efforts by the attending doctors and the ardent prayers of the family proved futile as Muskan could not be retrieved from her precarious condition and subsequently her 20 days' long struggle came to an end, when she was declared brain dead on 15th November after following the protocols as per THOA. Post the declaration of Muskan being brain dead, the transplant coordinator at PGIMER approached Gajender Yadav, father of deceased Muskan to request if he could consider organ donation. The brave-heart Gajender Yadav along with his courageous wife Savita Yadav showcased immense grit and consented for organ donation.

## Naresh Rana urges cadre to strengthen JJP

**RINKU GONDAR NISSING, NOV 25**

District President of Panchayati Raj Cell of Jannayak Janata Party (JJP) Naresh Rana said that all the workers should work to strengthen the organization. Also do the work of bringing the development work done by the party in the state to the people. This will strengthen the party organization. On Friday, District President of Panchayati Raj Naresh Rana was speaking while inviting villages Baras, Saga, Kuchpura and Nising for the rally to be held in Bhiwani on December 9 on the foundation day of Jannayak Janata Party. Rana said that the State Deputy Chief Minister Dushyant Chautala is engaged in development work in the state with everyone's support, everyone's development and everyone's trust. He said that the government has worked to give a new direction to the state during its tenure. Deputy Chief Minister Dushyant Chautala's aim is to develop every sector in the state with full sincerity. He said that the coalition government in the state has worked for the last man of the last resort. Before this the



government used to give special attention to the caste and region regarding employment and development works. He said that the Dushyant imprint is clearly visible from the schemes that the government has implemented during its tenure. Rana said that the Deputy Chief Minister Dushyant Chautala worked to provide employment to the youth in government jobs without slips and expenses and today the confidence of the capable youth has been awakened. Now, they have started believing in hard work instead of short-cuts. Now no youth is seen knocking at the door of any leader for a job, nor parents are seen knocking on the door of a bureaucrat, sentry, minister with a money bag for their child. Rana said that today the youth of the state is fully focused on preparing for examinations.

## Counting of votes for members of Zila Parishad and PanchayatSamiti Naraingarh will be held on Nov 27



**PUSHPENDER**

**NARAINGARH:** The counting of votes for the members of Zila Parishad and PanchayatSamitiNaraingarh will be held on November 27 at 8 am at Government College Naraingarh. For this, the supervisors and counting staff engaged in the work of counting votes were rehearsed for the work of counting votes in Government College Naraingarh today. SDM-cum-Retiring Officer PanchayatSamitiNaraingarh C Jaya Shardha gave necessary guidelines related to counting of votes to the officers/employees engaged in counting. He said that 14 tables have been set up for counting of votes. He said that no officer/employee is allowed to bring mobile phone, PAN and other electronic items with him and entry is not allowed without ID card. On this occasion, ARO-cum-Tehsildar Dinesh Singh, BDPO Sanjay Tonk, Hon. Trainer Shriram Gupta, Suresh Goyal and Mukesh Sharma etc. were present.

## Mukesh Verma garlanding the portrait of late Baldev Singh Bajwa

**SARWAN QADIAN:** Nagar Council qadian Brand Ambassador Mukesh Verma along with his team arrived at Government Hospital qadian to offer floral garlands on the portrait of Baldev Singh Bajwa, father of social activist Jagdev Singh Bajwa who donated two and a half acres of land for the hospital. Giving information on this occasion, Mukesh Verma said that for the convenience of people in the city, Jagdev Singh Bajwa in the memory of his father Baldev Singh Bajwa had donated two and a half acres of land to build a hospital on his name, so that the city residents do not have to go to Batala Amritsar for treatment, and instead of going outside they can get medicine in the city. To keep the memory of his father fresh, Jagdev Singh



Bajwa had requested the government and department officials from time to time to make the 30-bed hospital dynamic for the presence of doctors and staff specializing in all kinds of diseases in the hospital. But the situation is that even today the government hospital is facing shortage of doctors due to which patients often have to go to Batala or Amritsar for their treatment. Jagdev Singh Bajwa has once again demanded from the administration and the government to provide government facilities to this government hospital running in the name of his father Baldev Singh Bajwa. Pawan Kumar Bhardwaj, Jasbir Singh Samra, Swami Ranjit Anand, Simranjit Singh, Harpal Singh etc. were present with him on this occasion.



Ashutosh Gangal, General Manager Northern Railway inaugurates the 69th Akhil Bhartiya Railway Badminton Championship.

## NSS units should take pledge to spread peace, unity: Prof. Sheeshpal

**DALBIR MALIK KURUKSHETRA, NOV 25**

In Bhagwan Parshuram College, today N.S.S. 'Flag Day' was celebrated by the units. At the beginning of the programme, College Principal Professor Sheeshpal addressed all the volunteers explaining the role of students in today's perspective. He said that through such programmes we can spread the ideas related to peace, mutual brotherhood and national unity in the society which is the main need of today's time. Programme Officer Professor Anil Kaushik said that from November 19 to 25, directed by the Government of India, 'Communal Harmony Campaign Week' was celebrated, under which various programs were organised. These programmes were organised throughout the week in which students participated enthusiastically. Through painting, essay writing, students, teachers and the general



public were made aware about national unity and brotherhood etc. Professor Vasavadatta said that such programmes are important for all the students because by this they can ensure their role as a conscious citizen by understanding today's conditions in the society. Celebrating Flag Day today, on 25th November, all the volunteers went to college students, teachers and common people in Sector-5 to hoist the flag and made people aware of the importance of today's programme.



The above-mentioned borrower(s)/ co-borrower(s) / guarantor(s) are hereby given a 30 days' Notice to repay the amount, else the mortgaged properties will be sold on the expiry of 30 days' from the date of publication of this Notice, as per the provisions under the Rules 8 and 9 of Security Interest (Enforcement) Rules 2002.





## “Learning to walk for second time in life”: Pooja Hegde

**B**ollywood actor Pooja Hegde, on Thursday, shared a couple of videos from her recovery journey after she suffered a ligament tear in her ankle.

Taking to Instagram, Pooja shared a video which she captioned, "Two weeks back...me learning walk for the second time in my life it's so funny how you find your mind blanking on how it's done, an activity I've done all my life! #FirstSteps."

In the video, Pooja could be seen taking

baby steps with the help of a walker and her nurse.

In another video, she could be seen trying to get up from her bed with the help of her nurse. She captioned the video, "Fall down. Get back up, keep standing up #babysteps #recovery."

Pooja, in October, shared a picture and a video clip on her social media handle, informing her fans that she suffered from an ankle injury which resulted in a ligament tear. She was continuing with work despite the injury as one of the posts featured her getting ready.

On the work front, Pooja will be seen in an upcoming family entertainer film 'Kisi

Ka Bhai Kisi Ki Jaan' alongside Salman Khan.

Helmed by Farhad Samji, the film is all set to hit the theatres on the occasion of Eid 2023.

Apart from Salman, Venkatesh, and Pooja, the film also stars Jagapathi Babu, Raghav Juyal, Shehnaaz Gill, and Palak Tiwari among others.

Apart from this, she will be seen in Rohit Shetty's 'Cirkus' co-starring Ranveer Singh, Varun Sharma and Jacqueline Fernandez. The film, a modern-day retelling of William Shakespeare's classic comedy A Comedy of Errors, is set to release on the occasion of Christmas 2022. She is also starring in Mahesh Babu's upcoming film, which features Samyuktha Menon.



## If I have strength, it doesn't mean I can't be vulnerable: SHEFALI SHAH

**W**ith her acting prowess, choice of narratives, and fearless personality, actor Shefali Shah has always managed to win the hearts of people. Be it 'Jalsa' or 'Delhi Crime' or 'Darlings', Shefali is mainly known for playing strong roles on screen. However, this time in the film 'Three of Us' she will be seen playing a woman who is vulnerable.

Speaking about her character 'Shailija' in 'Three of Us' at the 53rd International Film Festival of India (IFFI), Shefali said, "The script was originally told to me as a one liner. For a change from strong characters, I play a vulnerable and fragile

women. That is the beauty of the character. But just because I am strong doesn't mean I can't be vulnerable. Both are beautiful. Why must one choose between the two? Strength and vulnerability reside within each of us."

"Also, many people believe that I play only strong roles...but people need to understand if have strength, it doesn't mean I can't be vulnerable," she added.

'Three of Us' is directed by Avinash Arun that also stars Jaideep Ahlawat. It is a relationship drama and also features actor and lyricist Swanand Kirkire in the third lead.

## 'Kantara' star Rishabh says he believes in concept of "All-Indian" movies



**R**ishabh Shetty has been on a roll ever since his film 'Kantara' was declared superhit. On Thursday, Rishabh attended an interactive session at the 53rd International Film Festival of India.

From talking about 'Kantara' success to how he entered into film industry and concept of pan-Indian films, the actor-director talked about several topics during the session.

According to Rishabh, films today are crossing the language barrier. He added that Indian cinema is presented in different languages and if the content connects with audience, the movie will be

accepted as an All-Indian movie. He said that he believed in the mantra if a movie is more local and rooted, then it has a greater universal appeal.

He stated that the regional cinemas in the late 90s had influence of western movies. However, today they are incorporating local culture and diversity has given them the much-needed vibrancy and vividness which has been accepted by audience. To support his views, he added that people across India have accepted Kantara despite the language barrier, this is because the audience could connect well with the content.

## Margot Robbie recalls doing tequila shots before filming raunchy scene with Leonardo DiCaprio

**H**ollywood star Margot Robbie recently revealed a boozy trivia about her 2013 Martin Scorsese directorial film, 'The Wolf of Wall Street', which starred Leonardo DiCaprio.

According to Fox News, during her special guest appearance at the British Academy of Film and Television Arts event, Margot revealed that she needed a bit of liquid courage before filming a raunchy nude scene with DiCaprio.

She said, "I'm not going to lie, I had a couple of shots of tequila before that scene because I

was nervous...very, very nervous."

"Honestly, I know it sounds silly now, knowing how big the movie became, at the time I thought, 'No one is going to notice me in this film,'" Robbie noted, according to the Daily Mirror, reported Fox News.

She added, "It kind of doesn't matter what I do in this film because everyone is going to be focused on Leo [DiCaprio] and everything."

In 'The Wolf of Wall Street', the Australian actor played the character Naomi Lapaglia more than a decade ago, when she was just 22 years

old. After working on the film, even though it turned out to be Robbie's breakthrough role amid her rise to fame, she questioned if she wanted to continue her acting career, which she recently got candid about to Vanity Fair.

"Something was happening in those early stages, and it was all pretty awful. And I remember saying to my mom, 'I don't think I want to do this,' and she just looked at me, completely straight-faced, and was like, 'Darling, I think it's too late not to.' That's when I realized the only way was forward," Robbie recalled, as per Fox News.

